

TELL-E-GRAM

OCTOBER 1, 2019



BOARD MEETING HIGHLIGHTS

The Board of Directors met for their monthly meeting on September 25, 2019. The August minutes were approved 5-0, and the Board then discussed meeting space concerns, heard updates from HOA, New Villagers, and Finance, along with an update on the new Toqua Clubhouse's upcoming grand opening.

Rooms & Meeting Spaces: Pat White

It is the POA Board, Advisory Committees, and Staff's primary duty to continually evaluate expenses and revenue. While the POA is studying the complexities of charging a room usage fee based on one of the recommendations in the Recreation Department's strategic plan, no proposals have been made to the Board. As for the upcoming 2020 year, there will be no charge for room usage.

HOA: Ellen Fox

- Partnership with the library for ticket pickup is going well
- Next social October 8th at 4:30 p.m.
- POA Candidates Forum is October 24th at the Community Church from 4-6 p.m. Gathering input for questions for POA Candidates Forum on important issues
- · Highway Safety Committee updates:
 - Acceleration lane on Highway 444 completed

POA MEETINGS:

October 2, 9 a.m. – FAC Review of Budget, POA Office October 3, 9 a.m. – ACC, POA Office October 4, 9 a.m. – CAC, POA Office October 8, 9 a.m. – Board Review of Budget, POA Office October 10, 10 a.m. – RAC, Wellness Center

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- •Completion of street lights at 72/444 estimated late September/early October
- •Fall meeting with TDOT officials tentatively scheduled for October 24th

New Villagers: Barb Burke

- · Over 1200 members
- 24-month membership; monthly graduations begin in January
- 15 upcoming events in October

Finance: Kevin Ellsworth & Parker Owen

- Revenue: \$39k under budget
- Expenses: \$57k under budget
- Net Income: \$18k
- · Spent on Toqua to date: \$1,815,000
- Expect to file tax return well before the November 15 due date
- Budget reviews begin September 30th
- · Capital Project Funding Request: Kitchen equipment for Kahite Pub & Grill
 - Request amount: \$15,652
 - Board approved
- ·Capital Project Funding Request: HVAC Replacement at Welcome Center
 - Request amount: \$20,917
 - · Board approved

Toqua Update/Grand Opening: Mitzi Lane

- Vendors are setting up machines, etc.
- Andy Fox is interviewing and hiring staff
- Training employees in the next month
- The ribbon cutting is planned for the first of November (date & time TBA)

Customer Service Policy: Cris Carter

- New customer service policy to be implemented for all staff
- Quarterly trainings
- Board approved

Other Business: Bruce Johnson

- The Volunteer Fire Department will be conducting an active shooter drill at First Baptist Church on October 8th. The purpose of this drill is to train for rescue and treatent of gunshot wound vitcims.
- The POA is now accepting advisory committee applications. Stop by the POA office or go online to complete the new streamlined application.
- The POA is aiming to replace the Wellness Center roof by this fall.
- Bluebook revisions should be completed and reviewed by the Board within the next month. One of the goals during revision was to remove some vague guidelines and make the Bluebook more enforceable.

BUDGET MEETINGS

The Finance Advisory Committee has begun holding review meetings of the operating budget. These meetings will continue through Wednesday, October 2nd from 9 a.m. – 12 p.m. in the POA Conference Room. If necessary, the FAC will hold a final meeting on the morning of October 3rd at the Yacht Club.

October 8: Board Review of Operating Budget, 9 a.m. – 12 p.m. | POA Conference Room (If needed) October 9: Board Review of Operating Budget, 9 a.m. – 12 p.m. | POA Conference Room

POA 101

Join us **tomorrow**, Wednesday, October 2nd, at 2 p.m. on the top floor of the Yacht Club for POA 101. During this one-hour orientation session, you'll learn about the POA's history, goverance, and meet other new Villagers. **Please RSVP** to Amanda Parks at aparks@tvpoa.org if you plan to attend. Each household will be given a notebook of information and a goody bag.

POA CANDIDATES FORUM

October 24, 2019 4-6 PM Community Church of Tellico Village

The HOA is hosting this important opportunity to hear all four candidates running for the three expiring POA Board positions. All Tellico Village property owners are invited to attend this special meeting.

The candidates:

- Martin Inkrott
- Susan Kirk
- · Sue English-Kovar
- Steve Schneider

The meeting agenda will include:

- · An overview of the POA Board job and responsibilities
- · Self-introduction by each candidate
- Each candidate will then have the opportunity to respond to questions previously submitted to them by HOA members.*
- · Open Q&A portion when the audience members can ask a question of a specific candidate or all candidates

*If you have a question for the candidates, please let us know by sending your question(s) to HOATV. Org@gmail.com. We'll select those that are most relevant and commonly suggested. Click here for more information: https://vimeo.com/362291560.

AWE HOSPITALITY

The POA would like to take an opportunity to address some additional questions and concerns regarding AWE Hospitality's restaurant operations at Tanasi Bar & Grill and Toqua Café. In a <u>recent article</u>, we explained how our food service operation is subsidized and how Toqua Café will operate upon opening. In this follow-up article, we aim to provide responses and clarification to some of the additional questions and concerns that have been brought to our attention recently.

Toqua Café Breakfast – We understand that the Toqua breakfast is highly anticipated, and AWE Hospitality is working diligently to hire an appropriate number of staff members to accommodate this service. We are anticipating it just as much as the residents are! As previously communicated, the plan is to implement breakfast in the spring of 2020 to allow adequate time to work out kinks and get fully staffed—this is to ensure both the residents and staff are taken care of to the best of our ability.

Toqua Café Sports Bar – The idea for Toqua Café is ultimately to provide a sports bar atmosphere to encourage a friendly, fun, informal neighborhood gathering space that is not yet offered in the Village. While we plan to implement sports bar hours over time, the hours will likely be limited initially to allow staff time to work out any kinks. However, if there is a sporting event aired on television (Monday Night Football, the Super Bowl, UFC, etc.) that requires us to remain open after those limited hours, Toqua Café will happily accommodate accordingly.

Tanasi Bar & Grill Cleanliness – The POA and AWE Hospitality are committed to the cleanliness of all restaurants. The POA will communicate personally with the housekeeping staff, as well as the restaurant staff, so that we have several sets of eyes watching and correcting the cleanliness of the establishment. AWE Hospitality is also looking at implementing other procedures to ensure the restaurant is exceeding cleanliness standards. If any guest notices anything that needs to be addressed, please notify the manager on duty so that corrective action can be taken.

Food Service Managers – The POA and AWE Hospitality are working together to produce a list of all managers and their photos at each restaurant location. We believe this would be helpful for patrons to become familiar with the manager(s) and identify to whom they should direct any concerns. AWE Hospitality has recently hired a manager for Tanasi Bar & Grill, as well as a manager for the new Toqua Café.

Food Service Advisory Committee – While the POA and AWE Hospitality wholeheartedly encourage residents and property owners to communicate with us about our food service operations, we do not feel that a formal Food Service Advisory Committee would be beneficial for operations. AWE Hospitality answers to the POA Board of Directors and ultimately, the property owners of Tellico Village. AWE Hospitality staff works hard to maintain customer satisfaction and provide top-of-the-line service each and every day. Instead of an advisory committee, we are considering alternate feedback mechanisms, such as a quarterly open meeting led by AWE Food and Beverage Director that could potentially provide AWE Hospitality with productive feedback, comments, and recommendations regarding operation, menu items, service, hours, events, and any other topics that are of interest.

Profit and Loss Statements – The profit and loss statements are generated monthly. Each quarter, Andy Fox prepares a report and presents it to the Board during the open Board meeting. Following each Board meeting or workshop, the PowerPoint is available to view on the POA website. Additionally, highlights from each meeting is provided in the following week's Tell-E-Gram.

The POA is committed to ensuring our food service operations provide superior service. We encourage you to provide feedback and comments to Andy Fox, Owner of AWE Hospitality at ajfox2006@gmail.com.



Toqua Café Justin King, Chef; Dave Budzynski, General Manager; Mary Beth Gregory, Manager



The Blue Heron
Juan Castro, Chef; Amanda Rayl, Bar Manager; Edgar Lopez, Asst.
Manager



Tanasi Bar & Grill
Kaleigh Disler, Manager; Jeremy White, General Manager; Jose
Medina, Chef





Kahite Pub & Grill
Debbie Akins, Manager; Angie Day, Manager

HIGHWAY SAFETY COMMITTEE REPORT

To improve safety and visibility, Loudon County is installing new high mast lighting at the intersection of Highways 72 and 444. This is at the south end of Tellico Parkway near Sloan's and Food Lion. This project is funded through the Loudon County Economic Development Agency. The lighting will consist of six lights 45 feet tall with an arm overhang of 15 feet. Completion date is late September, early October 2019.

A future Loudon County project at the north end of Tellico Parkway will include lighting at the intersection of Highway 444/Tellico Parkway at the turn onto Highway 321 toward Maryville. This project is tentatively scheduled for 2020.

The monthly TDOT Construction Progress Meeting for the 321 Highway construction was held at the Lenoir City Municipal Building, Wednesday, September 18th. According to TDOT's website, the contractor's allowed time for completing construction has ended. Going forward, the contractor will be charged \$1,600 per calendar day until the 321 Highway construction is complete. Thanks to Rep. Lowell Russell and others, this project has the attention of the Highway Commissioner for Tennessee and also has the attention of AT&T area management. The Mayor of Lenoir City is holding regular meetings with TDOT officials, local political leaders, such as Rep Russell, and the contractor. AT&T has not been the holdup. Before the project was bid, AT&T and TDOT agreed that AT&T would have 255 days to complete their work after the contractor had completed the necessary preliminary work. The preliminary work included the installation of conduit and pull boxes. The TDOT contractor completed his preliminary work on April 22, 2019. The contractor knew of the 255 days to complete arrangement when he bid the project. AT&T hopes to have its work completed as soon as possible, but their work will probably take the full 255 days after the contractor's necessary preliminary work is completed.

Unfortunately, when AT&T completes their work in several weeks, less favorable construction weather will hamper the job's progress. Also, paving in the winter is problematic. The goal is to get the 321/11 intersection open fully by sometime in the spring. Final paving will take place sometime after that. The Highway Commissioner stated he expected the job will be completed mid-summer 2020.

Please remember, that while most of us have been frustrated by the slow progress of the 321/11 intersection work, TDOT chose our immediate area to benefit from \$100,000,000.00 of investment in recent years. This includes the new bridge required over the Tennessee River, the 321 expansion, and paving Tellico Parkway. TDOT has also added turn lanes on 444, added a merge lane on 444 from 321, and are adding intersection lights at 72/444.

The Highway Safety Committee asks that we focus on the positive efforts being done. In a few months, all the work will be completed, and everyone will have a safer, easier commute.

If you have any questions regarding the work of the HOA/POA Highway Safety Committee, please email HSCTV. org@gmail.com.

FALL FESTIVAL

The 3rd Annual Fall Festival will take place on Friday, October 25 from 11 a.m. – 2 p.m. in the back parking lot of the Community Church at Tellico Village. The POA is hosting this event in conjunction with Tellico Working Together, HOA, New Villagers, STAYinTV, EATS, Tellico Village University, Tellico Village Broadcasting, the Tellico Foundation, and local churches. STAYinTV will also be conducting a FREE CarFit Check in the parking lot at Lakeside Real Estate. CarFit is an educational program sponsored by AAA, AARP, and AOTA that offers older adults the opportunity to check how their personal vehicles fit them. There will be FREE hotdogs, popcorn, and ice cream at the event, as well as crafts. There's still room for crafters and vendors providing that you bring your own table. Chairs will be provided. You might even find some local celebrities in the dunking booth! For more information contact Lisa McCray at 865-458-5408 ext 4131 or Imccray@tvpoa.org.

CONSTRUCTION UPDATE: TOQUA CLUBHOUSE

We are officially ahead of schedule! The POA received the Certificate of Occupation on Monday, September 30th. The final cleanup is underway and punch list items are being completed.





Toqua Clubhouse

Toqua Clubhouse

SCAM PHONE CALL

The POA received a call Monday evening from a homeowner in the Toqua neighborhood. They had received a phone call that claimed there was a boil water notice in their area. We spoke directly to the homeowner and returned the phone call with no answer. We have reassured the homeowner that there is NO boil water notice in affect inside Tellico Village; the phone call was a scam. Please be aware of the potential to receive this scam call.

TELLICO VILLAGE APP

Did you know Tellico Village has an app for your smartphone or tablet? It's a great resource to locate information quickly, and golfers may especially find it useful to book tee times with convenient, on-the-go access to Chelsea. To download the app on your iPhone or Android device, search "Tellico Village" in the app store.





UPCOMING EVENTS AND MEETINGS

THE PUBLIC LIBRARY

Free presentation and telescope viewing

Friday, October 4, 2019 | 10 a.m. - noon | The Public Library at Tellico Village Author Jessie A. Hester of Madisonville will discuss his six-book series about Sheriff Jonas Lauer that takes place in Monroe County and his new mystery series, *From the Case Files of Inspector Nubb*, inspired by all the homeless pets he has loved and sheltered since childhood.

Saturday, October 12, 2019, | The Public Library at Tellico Village will be closed for computer upgrade.

GARDEN CLUB

The Tellico Village Garden Club will meet at 12:30 p.m. on Thursday, October 3rd at The Yacht Club. Bill Waldrop of our own WATeR group will tell us how Gardeners can help with water concerns. New members are welcome. Annual dues are \$15.

NEW VILLAGERS

The New Villagers Club holds a Social on the first Thursday of every month at the Yacht Club. The next Social will be Thursday, October 3rd at 4:30 p.m. New members should arrive promptly at 4:00 p.m. and make every effort to register online before the meeting. For more information, visit the New Villagers website at www.telliconewvillagers.com.

WOODWORKERS CLUB

The Tellico Village Woodworkers Club will be holding their monthly general meeting on October 3rd. This month's program will follow the customary October format of visiting the shops of three of our members. After touring the shops, a short meeting will be held at Tony Grenis' home. The club will convene at the Cooper Center at 6:45 p.m. to organize three groups that will rotate through the three shops. For any questions, please contact Tony Grenis at 815-210-4350.

TV LIONS 15TH ANNUAL OKTOBERFEST

On October 7th, the TV Lions will be holding their 15th annual Oktoberfest at the Yacht Club. In addition to great German food—bratwurst, sauerkraut, German potato salad, beans and condiments, and of course, plenty of German beer—the Oktoberfest provides a great social evening where you can meet with friends and neighbors, dance or sing along to great music provided by DJ Steve Bartoleme. Food and beverage service will begin at 4 p.m. and continue until 7 p.m.

Due to the Yacht Club capacity, tickets are limited. Priced at \$14/person, they are available from any Lion, Sloan's Village Home Center, United Community Bank, and Village Salon. Parking at Tugaloo Pavilion and a free shuttle will available. Click here for more information: https://vimeo.com/360792129.

HOA

The HOA Social is Tuesday, October 8th from 4:30 - 6 p.m. at the Yacht Club. Winners of the 2019 Give Us Your Best Shot Photo Contest will be announced. We will also have an expanded raffle drawing. Consider having dinner with the HOA group after the Social at the Yacht Club. For more information, visit www.hoatv.org.

CRUISING CLUB

Tellico Cruising (Boating) Club will hold its regular monthly meeting on Wednesday, October 9th at the Yacht Club. Social hour starts at 5 p.m. with the meeting following immediately at 6 p.m. The club includes all types of boats: pontoons, bow riders, wake boats, cruisers, and all motorized craft. Anyone with any percentage of boat ownership is eligible for membership. Come check us out and learn about all the fun we have while boating! Contact Commander Pat Ezell with questions: 513-257-5279.

FISHING CLUB

The Tellico Village Fishing Club's monthly meeting will be on Wednesday, October 9th from 7 p.m. to 8:45 p.m. at the Yacht Club. Meetings feature fishing-related guest speakers and discussions about various fishing activities and events. Visitors are welcome. For additional information, contact Club President Pete Young at 865-458-1527 or visit www.tellicovillagefishinggroup.com.

LADIES BOOK CLUB

The Ladies Book Club will meet at the Tanasi Cluhouse on Thursday, October 10th. The book is *The Radium Girls* by Kate Moore. Lunch is at 11:30 a.m. and the discussion starts at 12:30 p.m. Lucille Berley is the facilitator. The book for November is *A Gentleman from Moscow* by Amor Towles. For more information, please call Susan Valle Parker at 847-334-8339.

MUDDY BOOTS

Date: Monday, October 14th (Rain date: October 21st) **Destination:** Grapeyard Ridge Trail near Gatlinburg

Length of Hike: 5.4 miles **Elevation Gain:** 819 feet

Rating: Moderate with rock-hop stream crossings **Time:** 8:00 a.m. – No registration, just show up!

Location: Departing from Chota Center parking lot, across from the gas station

Directions: US-321 east of Gatlinburg (left at stoplight #3). Turn right on Greenbrier Road proceed 3 miles &

park along the road at the Ramsey Prong Bridge.

Distance: Approx. 71 miles **Hike Leader:** Tom Jadwin

Hike Description: The trail starts with a steady uphill hike for the first ½ mile, then levels out into more gradual up and down terrain before the final steeper uphill/downhill stretch to Injun Creek. The trail widens and narrows several times and traverses long stretches of rhododendron "tunnels". There are a half-dozen small rock-hop stream crossings. Our destination is 2.7 miles up the trail at the wreckage of a steam engine that misjudged the switchback and the engine fell down into Injun Creek. We'll break there for lunch. Lunch: Pack a lunch for on the trail.

Be Prepared: Pack a trail lunch. Hiking poles are recommended, especially for the stream crossings where they will help you keep your balance and your feet dry. We suggest you bring an extra pair of shoes and socks for after the hike in the event you have wet/muddy feet. In the event of a medical situation during a hike, please wear your name tag and bring a photo ID and insurance card.

Muddy Boots Coordinators:

Phil Brenner | phil.brenner@hotmail.com | 703-774-4778 Kevin Fusco | velkfabfour@gmail.com | 561-213-0449

TELLICO ROADRUNNERS

Please join the Tellico Roadrunners RV Club for their general meeting and social it beginning at 7 p. m. at the Yacht Club. General club business will be discussed as well as sharing information on recent and upcoming RV rallies. Visitors are welcome.



When

Wednesday, Oct. 2, 2019

10 AM to 1 PM Doors open at 10 to shop and socialize

Where

The TV Yacht Club

100 Sequoyah Rd Loudon, TN 37774 865-458-4363

Guest Charity Baker

October desserts are \$3 each and provided by volunteers from the Pi Master Sorority

Can't stay for the luncheon?

Stop in anytime from 10 – 1 to just shop our vendors and pick up some delicious desserts to take home and enjoy.

Save \$\$\$. Buy your

Pick-A-Prize drawing tickets early.

Early Halloween

Make and/or Wear a Mask
(Costumes Optional)

Jostumes Optional

Fashions

J JILL

Vendors

Gentry Goat Farm • Anne Gilmer Jewelry Ginny's Wreaths • K-Town Specialty The Sparkly Pig

Table Centerpieces

Gentry Goat Farm

Menu

Roasted Pork Tenderloin, Cinnamon Apples, & Roasted Fingerling Potatoes No Substitutions Please

Music

Marie Wardle

Tickets \$15 each

Purchase at the Yacht Club, New Villagers or HOA Socials.

Deadline for purchase is Sept. 25th.

Facebook
TellicoVillageLadiesLuncheon

COLD WATER BOATING FISHING, DUCK HUNTING, KAYAKING, CANOEING ...and Just sight seeing U.S. Coast Guard Auxiliary WHEN: October 10, 2019- 1:00 p.m. - 4:00 p.m. WHERE: Tellico Village Yacht Club(top floor meeting room) COST: \$25.00 Boating in cold waters (typically) under 60 degrees requires special considerations and preparations. Boats are often smaller on trailer and with low freeboard. Many small boats are aluminum so positive flotation is important. Personal flotation is even more important. Boat load capacity and gear storage are just some of the issues to be considered when boating in colder waters. Duck hunters, deer hunters and fishermen are often unaware of cold water limitations and dangers. Boating in the late Fall, through the Winter and during the early Spring can be a beautiful time to enjoy mother nature. However, it also brings additional risks that you should anticipate and be prepared. This seminar has been developed to give cold water boaters the information they need to survive the unexpected. SPACE IS LIMITED PLEASE CALL EARLY TO MAKE YOUR RESERVATION Call: Mike Colacone @ 352-804-8257 / email mc195@aol.com

Donuts and Coffee with Our Fire Fighters

Wednesday October 9th 9 AM to 11 AM TELLICO VILLAGE FIRE HOUSE 210 Chota Road

National Fire Prevention Week Oct. 6th - 12th

Donuts and Coffee with Our Fire Fighters

National Fire Prevention Week is October 6th – 12th.

Villagers are invited to join Tellico Village Volunteer Firefighters for donuts and coffee at the Chota Firehouse on Wednesday, October 9th between 9 and 11 a.m.

The Village Fire Department will be hosting this morning get-together as an opportunity to meet more of our Village residents. Village residents, in turn, will be able to chat with the men and women who volunteer their time and energy to keep us safe.

National Fire Prevention week is a perfect time for you to learn more about the various fire prevention approaches that will keep you safe in your homes, as well as the getting a better understanding of the extensive training and duties of our Volunteer Firefighters.



Tellico Village Yacht Club

100 Sequoyah Rd Loudon, TN 37774

TIKI FRIDAY IN OCTOBER

OCTOBER 4 AM STATION

OCTOBER 11 MIGHTY BLUE BAND

OCTOBER 18 KNOXVILLE TRANSFER

OCTOBER 25 THE JAY ERIC BAND

Tiki Hours 7-10pm

Managed By AWE Hospitality 865-458-4363

Got Medicare/Medicaid Questions?

<u>l've got answers......</u>

Stop by a location listed below and get your questions answered.

Chota Recreation Center 145 Awohili Dr., Loudon, TN

When: Oct 3rd- 1:00 pm to 3:00 pm Oct 17th- 10:00 am 12:00 Noon Nov. 8th 9:00 am to 11:00 am

Welcome Center/Tellico Village 202 Chota Rd, Loudon, TN

When: Oct. 23rd 10:00 am- 12:00 noon Nov. 19th 1:00 pm to 3:00 pm

or call/text Vicki Harty, Medicare Insurance Advisors

865-719-4926 or feel free to email me at vjharty@localnet.com

Topics we will discuss:

What is Open Enrollment & When can you enroll?

What is Medicare A, B C & D? What is the Medicare Advantage plan and what is a Medicare Supplement?



Tickets

\$40

Contact Info:

(423) 420-8888

5150 Hwy 411 S. Madisonville, TN 37354

gscenter@att.net

Together, we can

give our

families a fighting

chance!

Good Shepherd Center

501(c)3 Organization Dinner and Auction

Entertainment provided by "The Surfers"

Thursday, October 10, 2019

Tsali Notch 140 Harrison Road Madisonville, TN 37354

Silent Auction 5:30 PM Dinner 6:30 PM Buffet dinner catered by Donna's Café Live Auction 7:30 PM

> Call 423-420-8888 for ticket information

GSC provides:

- food to over 1,100 people per month
- personal care products and diapers as
- clothing to per household
- miscellaneous items, such as shoes, dishes, bedding, toys, etc. per month
- transportation via ETHRA for medical appointments
- emergency housing for fire victims
- utilities vouchers
- layette set for newborn baby

GSC is supported financially by churches, local businesses and individuals.
Additional funds are provided through grants, auxiliary groups, Monroe County governmental fundraising events.

Hours of Operation: Monday - Thursday 9:00 AM—12:30 PM







The Valley Chapter TN Bluebird Society, will continue to support and monitor all the nestboxes trails around East Tennessee. We're going to expand the programing to include pollinators and plants that attract our native species. Your help is needed to continue with this conservation work we've been doing for the past 8 years.

Throughout the spring and summer months the Valley Chapter of TN Bluebird Society puts on educational programs for both children and adults. With our children programs we feel the best approach to learning is through self-discovery and experiential learning.

Please Ioin Us Thursday, October 10, 2019 10:30am Tellico Village Yacht Club, Top Floor 100 Sequoyah Rd. Loudon, TN 37774

Presents

Stephen Lyn Bales

"The Monarch is a Miracle of Nature"



We are excited to have Mr. Bales as our first speaker. He gave his first presentation on the Monarch Butterfly at the UT Arboretum in Oak Ridge Butterfly Festival earlier this year. Attendees will be amazed at his beautiful photo's and presentation.

Native Tennessean
Retired Interpretive Naturalist-Ijams Nature Center
Contributes articles for Smithsonian magazine
Has written for the Tennessee Conservationist

For More Information Contact Chuck James Email: chuck3185@gmail.com or call: (865) 437-9732



Outdoor Pool Season Comes to an End

Outdoor pools at Kahite Clubouse and Chota Recreation Center will close for the season on Sunday, October 6th.

Hours of Operation Change at Chota

Beginning Sunday, October 13th, Chota Recreation Center will be closed on Sundays for the Winter season.

New Weighted Yoga with Rose Howard

Join Rose Howard for this 6-week strengthening yoga clinic. This class will focus on the same aspects as traditional yoga, but with the addition of light hand weights to improve muscle tone. This class will take place at the Wellness Center on Wednesdays at 4 p.m. beginning October 2nd.

Sunrise Yoga

Join Recreation Director Simon Bradbury on Thursdays at 7 a.m. for Sunrise Yoga. These classes will be held at the Yacht Club and are free to property owners and their guests.

Basic Hatha Yoga Moves Inside at Kahite

Basic Hatha Yoga with Coral Johnston on Fridays will be moving inside the Kahite Community Center at 10:30 a.m. beginning Friday, October 4th. Bring an open mind and a yoga mat.

Swim with Kim: Training and Tips

Join our very own swim instructor Kim Wiebe during her new "floor training" time. Kim will be present on the pool deck every Wednesday morning from 7 a.m. to 8 am. to answer any questions that you might have related to water. Talk to her about safety, stroke techniques, workout ideas, how to use equipment, etc. This service is free to all Recreation members.

Fairfield Glade Tennis Tournament

The annual Fairfield Glade versus Tellico Village Tennis Tournament will be held right here in Tellico Village on Friday, October 11th. This event is open to all tennis players. There is a \$5 entry fee and you can sign up by calling the Chota Recreation Center at 458-6779.

Sunrise Paddle

Join Recreation Director Simon Bradbury on Friday, October 11th for a casual, sunrise paddle in the cove. Call Chota Recreation Center at 458-6779 to reserve a kayak or paddleboard. Numbers are limited. The group will depart the Tugaloo Pavilion at roughly 7:00 a.m. This paddle will last 1 - 2 hours.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided at 2 p.m. on the following days:

Wednesday, October 9th at 2 p.m. Tuesday, October 22nd at 2 p.m.

Floor Training

Join one of our amazing floor trainers on Monday, Tuesday, and Wednesday from 9 a.m. to 11 a.m. If you have any questions about how to start your fitness journey, our fabulous floors trainers are a great place to start. It's available to Recreation members at no additional charge!

Personal Trainers

If you are looking for a little more assistance, don't forget to ask for the personal trainer contact list at the Wellness Center front desk.

FREE Injury Assessments with Tennessee Orthopedic Clinic

Would you like to receive free onsite injury assessments at the Wellness Center? Believe it or not, this service is available every week. Did we mention you don't have to be a member of the Recreation Department? Join Matt Schaller, a licensed athletic trainer from Tennessee Orthopedic Clinic, on Wednesdays from 10 a.m. - 12 p.m.

REC 101

Join Lindsey Allison on Tuesday, October 22nd in the Wellness Center conference room at 12:30 p.m. for REC 101. Learn everything you need to know about being a member of the Recreation Department and more.

Available Pavilion Dates are Filling up Fast

Are you interested in booking the Kahite Pavilion or Tugaloo Beach Pavilion? Contact Larissa Lownsdale at Chota Recreation Center (458-6779) to book your event today. A \$50 reservation fee will apply.

Medicare Seminar at Chota

What: Medicare Open Enrollment Education

Where: Chota Recreation Center Room D

When: Tuesday, October 15th from 12:30 – 1:30 p.m.

Who: Anyone who is in the Medicare system

Why: Because it's hard to remember from year to year what you need to do

How: Call Chota Recreation Center @ 458-6779 to sign up
Presented by Andrew F. Bennett III, Licensed Agent

New Recreation Department gym bags now on sale at the Wellness Center. Bags include separate lower compartment for a yoga mat, gym shoes, wet clothes and more. Only \$25!

PET OF THE WEEK:



Opal and her 3 kittens were brought in by animal control from the Harley Davidson shop in Tellico Plains. She is a tabby, about 2 years old and is very social. Opal has spectacular, piercing, emerald green eyes and a sweet disposition. She is a calm girl who loves affection. She is easy to handle and actively seeks human interaction. Cuddles is a lovely ball of cottony fur! She is a Calico about 1 year old. Her eyes are an uncommon, gorgeous, dark copper/deep orange depending on the lighting. She came to the shelter as an owner surrender with her five adorable kittens. Her owners could no longer keep her or her babies. She is a calm, sweet girl who loves affection. Carolina came to us with her 3 gorgeous kittens after she was found abandoned in a carrier in Madisonville. She is everything that we love about Siamese/mix kitties- She is vocal, always in motion (hence the funny picture), and is constantly demanding attention and affection. With her crystal blue eyes and pushy attitude, it is impossible to say no to this lovely little lady. She is about 1 year old. Check out the photo bomb by one of her babies in her picture!

The Monroe County Animal Shelter is located at 170 Kefauver Lane in Madisonville (behind Wal-Mart) and is open Tuesday – Friday from 11 – 4:30 and Saturdays from 11 – 2. The shelter is closed to the public on Sunday and Monday. Call 423-442-1015 and check out all available pets on our website at www.monroecountyfriendsofanimals.org.