



# TELL-E-GRAM

JUNE 4, 2019



## POA 101

Join us tomorrow, June 5th, at 2 p.m. on the top floor of the Yacht Club for POA 101. During this one-hour orientation session, you'll learn about the POA's history, governance, and meet other new Villagers. **Please RSVP** to Amanda Parks at [aparks@tvpoa.org](mailto:aparks@tvpoa.org) if you plan to attend. Each household will be given a notebook of information and a goody bag.

## SUMMER DAYS

This Friday June 7th from 11-2, Summer Days will be taking place at the Yacht Club and Tugaloo Beach. Representatives from Viper Customs, American Boat Center, Chilhowee RV, Buddy Gregg RV, Premier Watersports, Nautical Works, River Sports Outfitters, Ladd's Golf Carts, Jackson Mobile Marine, Sunny Marine, US Coast Guard Auxiliary, and the Tellico Village Roadrunners RV Club will be on hand to answer all your questions. This event was previously called Lake Days for the last two years, mainly focusing on water activity. This year, we decided to grow and include other recreational activities like RVs and golf carts. If you are thinking of buying, trading, or upgrading, vendors will be there to answer your questions. Boats will be featured on land and by water at the Tellico Village Yacht Club and community dock. Kayaks and other water activities will be at Tugaloo Beach for you to try out. The Community Church will be running a FREE shuttle loop from Tugaloo Beach to the Yacht Club. Parking will be very limited at the Yacht Club due to being open for lunch and

## TABLE OF CONTENTS

POA 101, Summer Days .....	Pages 1-2
EZPay Issues, Grand Opening Ceremony, ACC .....	Page 2
TDOT Tree Clearing, Farmer's Market, Construction Updates, TVB .....	Page 3
Yacht Club Lunch, HOA .....	Page 4
Tellico Village Singers, New Villagers, Woodworkers Club, Garden Club, Soggy Bottom, The Public Library .....	Page 5
Muddy Boots, HOA, Cruising Club, Fishing Club, Tellico Riders .....	Page 6
Hiking Club, Tellico Players .....	Page 7
Flyers .....	Pages 8-9
June Recreation News .....	Pages 10-12
Pet of the Week .....	Page 13

## POA MEETINGS AND EVENTS:

June 4 Board Workshop has been CANCELED  
June 5, 9 a.m. – PSAC, POA Conference Room  
June 6, 9 a.m. – ACC, POA Conference Room  
June 13, 9 a.m. – CAC, POA Conference Room  
June 13, 10 a.m. – RAC, Wellness Center

RVs on display. Using the free shuttle is HIGHLY RECOMMENDED. The Tellico Village Roadrunners RV Club will have smaller vehicles on display, as well. They will be giving away free popcorn and answering all your questions pertaining to their club. The US Coast Guard will have a surprise visitor on hand. We look forward to seeing you there! For questions, contact Lisa McCray at 865-458-5408 ext 4131 or [lmccray@tvpoa.org](mailto:lmccray@tvpoa.org).

## EZPAY ISSUES

The POA has been experiencing technical difficulties with our online bill pay portal, [www.ezpaypoa.com](http://www.ezpaypoa.com). We apologize for the inconvenience. To pay your bill by phone, please call 408-2638 or 458-7073. Thank you for your patience and understanding as we work to resolve the issue.

## GRAND OPENING CEREMONY

Tellico Village's first coffee and ice cream shop—Beans & Cream—celebrated its grand opening last Friday, May 31st. The ribbon cutting ceremony included remarks from Joe Bogardus with the Tellico Village Business Alliance, Board president Bruce Johnson, General Manager Winston Blazer, and Beans & Cream manager Leighann Clifton.

Located at 212 Village Square behind the Welcome Center, Beans & Cream features a wide-range of coffee drinks, other beverages, ice cream, and pastries. Hours of operation will be Sunday through Thursday from 7:00 a.m. to 7:00 p.m. and Friday and Saturday from 7:00 a.m. to 9:00 p.m.



Beans & Cream is the newest member of the Tellico Village Business Alliance and is excited to be the Village's new meeting spot. The shop has both indoor and outdoor seating, merchandise for purchase, and a relaxing, welcoming atmosphere. Let's meet at Beans & Cream!

For a full menu, visit [www.beansandcream.net](http://www.beansandcream.net).

## ACC

ACC Report as of May 31, 2019								
2019 Permits Issued	Jan	Feb	Mar	Apr	May	YTD 5/31/19	Prev. YTD 5/31/18	Grand Total
<b>Single Family - Budget</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>12</b>	<b>48</b>		
Single Family - Actual	6	12	15	20	9	62	66	4028
Multi-Family	0	0	0	0	0	0	1	334
Commercial	0	0	0	0	0	0	0	41
Tellico Village Senior Living	0	0	0	0	0	0	0	21
Shoreline Strip	0	8	2	3	0	13	12	1792
Miscellaneous	16	20	12	24	21	93	61	4439
Home Occupation	0	0	0	0	0	0	4	44
Final Reviews Completed	14	5	13	20	8			
Houses under construction:								
Single Family	122	127	128	126	128			
Multi-Family	2	2	2	2	2			
Tellico Village Senior Living	0	0	0	0	0			
Total # under construction	124	129	130	128	130	0		
Kahite houses under construction	21	21	20	16	18			
Kahite permits issued	409	411	412	412	414			
Completion Agreement	<b>4</b>	<b>7</b>	<b>5</b>	<b>15</b>	<b>5</b>			
Average heated sq. ft.	<b>2624</b>	<b>2183</b>	<b>2290</b>	<b>2139</b>	<b>2559</b>			
Average total sq. ft.	<b>3878</b>	<b>2943</b>	<b>3601</b>	<b>2877</b>	<b>3609</b>			



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## TDOT TREE CLEARING HWY 444

Your HOA Highway Safety Committee has been working with TDOT personnel to identify trees that have fallen or trees that appear to be about to fall along Hwy 444, Tellico Parkway. The Highway Safety Committee has identified 16 trees; they are identified with yellow tape. Beginning Tuesday, June 4, TDOT crews will be working to clear and cut these marked trees. This work will continue throughout the week.

For the safety of all, please slow down and be courteous to the TDOT crews while they are doing their work. Remember, they are working to make Hwy 444, Tellico Parkway, safer and more scenic for all of us.

Note: Should you have any questions or concerns about this work, please email your HOA Highway Safety Committee at [HSCTV.org@gmail.com](mailto:HSCTV.org@gmail.com)

## FARMER'S MARKET

The Tellico Village Farmer's Market is now open every Wednesday from 9 a.m. – 12 p.m. at the Tugaloo Beach Pavilion parking lot. The market will continue through the month of October. Come out and pick up fresh produce and support our local farmers!

## UPDATE: TOQUA CLUBHOUSE & KAHITE COMMUNITY CENTER

**TOQUA:** This week, miscellaneous framing, kitchen hood installation, and electrical rough-ins are being completed.

**KAHITE:** This week, electrical rough-ins are being completed and the EIFS process continues.

Stay up to date with the ongoing construction for both projects! Click [here](#) for the progress at Toqua and click [here](#) to see progress at Kahite.



Toqua Clubhouse



Kahite Community Center

## TVB

The sky is falling and the POA Board won't repair it! Fact or fiction, how can you tell? TVB's POA update is a powerful antidote against the Chicken Little Syndrome (CLS) that will set the record straight about what your POA board is doing. CLS, also known as gossip, is spread by voice and computer and confuses fact and fiction. The good news, you can be protected against CLS for free. Be smart and watch the POA update: <https://vimeo.com/339346083>.

Don't miss the preview of amazing upcoming HOA 30th Anniversary events on TVB! HOA's Annette Schmidt and Ken Litke provide a taste of what is in store at the special June 20th HOA 30th Anniversary event. Learn about the incredible 30th Anniversary Hawaiian Luau that is planned for August 8th. Get the details now on TVB's HOA Highlights and Happenings at <https://vimeo.com/339134833>.

# YACHT CLUB NOW SERVING LUNCH

Join us for lunch at The Blue Heron at the Yacht Club, Tellico Village's premier lunch spot with a gorgeous view and a charming atmosphere. It's more than just lunch, it's an experience. Lunch is served from 11 a.m. to 2 p.m. Tuesday – Saturday and brunch is offered on Sunday from 10 a.m. to 2 p.m. Click [here](#) to view the new lunch menu.

Tuesday – Saturday:  
Lunch: 11 a.m. – 2 p.m.  
Bar opens: 4 p.m.  
Dinner: 5 p.m. – 9 p.m.

Sunday brunch:  
10 a.m. – 2 p.m.

**Don't forget: If the Yacht Club's lunch endeavor isn't utilized and supported, it will be forced to discontinue lunch. It will remain open on a trial basis depending on performance. We hope everyone will take advantage of this experience!**



## HOA

Be Engaged. Be Informed.  
Be Heard.



Your Voice in the Village

On May 21st, two members of the HOA Highway Safety Committee tagged fallen or ready to fall trees along the entire length of the RT 444 Parkway shoulder right of way. This tagging exercise, using short lengths of yellow police tape as flag markers, was done in coordination with TDOT officials responsible for the mowing and vertical trimming along the Parkway. Mileage location of each identified tree along both sides of the Parkway was recorded and provided to TDOT. This was done to assist their crews find and remove the tagged trees before the commencement of the summer mowing. This volunteer exercise by the HOA Highway Safety Committee is an extension of their role to liaison with TDOT in order to have and maintain for Tellico Village residents a safe and attractive State highway infrastructure through our community.

### 15 MAY2019 TDOT monthly project summary of RT 11 / Rt 321 Intersection Upgrade and Rt 231 Widening Projects:

Starting on May 28th, the paving contractor will begin to lay asphalt in the final designed road surface configuration. This phase of the paving will be completed approximately by the end of July from the Rt 11 / Rt 321 intersection going north bound on Rt 321 to end of construction zone. The 1.5" finishing layer of asphalt will be applied at the very end of the construction phase.

As part of this paving operation, TDOT will create a dedicated right-hand turn lane at the Rt 11 intersection when coming from Tellico Village towards Lenoir City. Traveling in this direction, Tellico Villagers will have one dedicated turn right turn lane, one Rt 321 north bound thru lane, and one dedicated left turn lane to Rt 11 south. The newly created right turn lane to Rt 11 N may be closed for brief periods of time for final under the road utility service tasks.

Based on Contract Change #7, expected completion dates for both intersection improvements and Rt 321 widening is mid-September 2019. The big challenge to maintaining that completion date is AT&T due to their need for utility infrastructure under the Rt 11 / Rt 321 intersection. AT&T needs to pull new fiber optic and copper cable through that underground conduit and connect new and disconnect old. Their schedule and TDOT's do not align at this moment thus potentially impacting the mid-September completion date. Efforts are underway by TDOT management to make that schedule alignment happen.

#### Other issues:

- Rough / bumpy concrete surface (Rt 321 south towards Maryville down the steep grade prior to the Rt 11 intersection): Paving contractor stated that this "grooved" surface was poured to specifications to enhance tire traction in wet weather. Contractor expects that this rough surface will self mill itself over time with the constant traffic.
- 2" bump on Rt 321 south towards Maryville at the joint between new concrete surface and construction grade asphalt: Contractors recognize this severe bump and will correct with the next phase of near final paving operations that commence on May 28.

Next monthly project status meeting will be June 19th at the Lenoir City Municipal Building.

# UPCOMING EVENTS AND MEETINGS

## TELICO VILLAGE SINGERS

Tickets are now available for Songs Celebrating America, presented by the Tellico Village Singers. This free concert will be held July 1st and 2nd at First Baptist Church of Tellico Village. Tickets will be available at Sloan's Hardware, The Village Salon, and United Community Bank.

## NEW VILLAGERS

The New Villagers June social will be June 6th at 4:30 p.m. New members should arrive promptly by 4:00 p.m. Please note that no event sign ups will be accepted before 4:30 p.m. For more information, visit [www.telliconewvillagers.com](http://www.telliconewvillagers.com).

## WOODWORKERS CLUB

The Tellico Village Woodworkers Club will hold their monthly general meeting on June 6th at 7:15 p.m. at the Yacht Club. This month's program will be challenge members to make a project out of wood with at least two other medias, i.e. metal, glass, epoxy. Come and see how creative our members can be. For more information, visit [www.tvwoodworkers.com](http://www.tvwoodworkers.com).

## GARDEN CLUB

The 2019 Tellico Village Garden Club Garden Walk is planned for June 6th from 9:30 a.m. to 1:30 p.m. Rain date is June 7th. The theme is "Harmonies of the Garden," which will feature music inspired by each garden venue. Visitors will have an opportunity to visit four locations that include residential, club, and trail walks. Our gracious hosts for this event are Brent and Karen Greider, Linda and Norm Schuessler, Thyme for Herbs Club and Lake View Lane Trail Walk in Kahite. Special musical appearance by Mountain Echoes Dulcimer Group from 11:30 to 12:30, adjacent to the Herb Garden at the Yacht Club. A guide for the tour will be available on Tellico Life and at the Welcome Center, Chota Recreation Center, and at the Kahite Clubhouse. There is no charge for this event.

## SOGGY BOTTOM KAYAK CLUB

All kayakers are invited to join us for a Breakfast Paddle on June 7th from Tugaloo Beach to Tanasi Clubhouse. All paddlers must be in the water ready to paddle by 7:30 a.m. Those leaving from the Yacht Club storage area must wait there in the water until the group from the beach arrives. This paddle is approximately 1 hour and 15 minutes to Tanasi. Please bring water and money for breakfast! Wear water shoes and life jacket. Leaders are Dee Prickett & Terri Cox. If you have questions, please call Dee Prickett 865-310-9217. Beat this hot weather with a refreshing paddle!

## TELICO VILLAGE LIBRARY

June 7th | 10 a.m. – noon

First Friday Author Series. Michael Grant is the author of *In the Time of Famine*, the story of the Irish Potato Famine. He will be discussing his new book, *Manhattan*, a continuing saga of a family fleeing to a chaotic New World. A book signing will follow.

June 12th | 10 a.m. – noon

Best Prescription for Healthcare Reform with Dr. James Reynolds.

June 22nd | Available immediately at the Public Library at Tellico Village: flyers and entry forms for the Annual Ladies Golf Outing. Golf Outing will be Saturday, June 22nd. For Tee Box Sponsorship, contact Evelyn Edwards at 865-250-6130 or [evelynedwards@gmail.com](mailto:evelynedwards@gmail.com).

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## MUDDY BOOTS

Date: Monday, June 10 (Rain Date June 17)

Destination: Spruce Flats Falls in the Great Smoky Mountains National Park

Length of Hike: 1.9 miles

Elevation Gain: ~469 feet

Rating: Moderate

Time/Location: Depart at 8:00 a.m. from Chota Center parking lot, across from the gas station

Location/Distance/Drive Time: Near Townsend, approximately 50 miles, 1 hour

Hike Leader: Phil Brenner | 703-774-4778

For hikers looking for a short, but challenging hike, Spruce Flats Falls is conveniently located at the Tremont Institute, just inside the park past the Townsend “y”. The short but rugged hike features a very rocky and rooty trail with up-and-down terrain and a couple of rock-hop streams. While challenging in spots, the hike is only 1 mile to the falls, with a return hike out the same way. The beautiful falls, however, make the hike well worth the effort, with rushing falls flowing into a beautiful pool, then cascading into a lower pool before continuing its journey to the Middle Prong of the Little River. For intrepid hikers, once we reach the falls you can opt for a short rock scramble that will take you right to the base of the falls. We’ll be done in time for lunch in Townsend at the Apple Valley Café and should be back in the Village by early afternoon.

Bring plenty of water and a trail snack. Bug spray is recommended, mosquitos were out during the pre-hike. Hiking boots and hiking poles are nearly essential due to the rough footing of the rocky and rooty path. This trail may not be appropriate if you have not hiked before. We suggest you bring an extra pair of shoes so after the hike, you can place dirty hiking boots in a trash bag to keep the driver’s car floor clean. In the event of a situation requiring medical intervention during a hike, we suggest that each participant bring a photo ID and medical information cards.

## HOA

HOA Social is Tuesday, 11th from 4:30 - 6 PM at the Yacht Club. Earlier time, new format. Expanded Raffle Drawing, brief engaging, informative presentations. Consider dinner with the group at the Yacht Club. For more information visit: [www.hoatv.org](http://www.hoatv.org).

## CRUISING CLUB

Tellico Cruising (Boating) Club will hold its regular monthly meeting on June 12th on the upper level of the Yacht Club. Social hour starts at 5 p.m. with the meeting following immediately at 6 p.m. The club includes all types of boats: pontoons, bow riders, wake boats, cruisers, and all motorized craft. Anyone with any percentage of boat ownership is eligible for membership. Come check us out and learn about all the fun we have while boating! Questions? Contact Commander Pat Ezell at 513-257-5279.

## FISHING CLUB

The Tellico Village Fishing Club’s meeting will be on June 12th from 7:00 to 8:30 p.m. at the Yacht Club. Meetings feature fishing-related guest speakers and discussions about various club fishing activities and events. Visitors are welcome. For additional information, contact Pete Young at 865-458-1527 or visit [www.tellicovillagefishinggroup.com](http://www.tellicovillagefishinggroup.com).

## TELICO RIDERS

On June 13th, the Tellico Riders will conduct their monthly meeting at the Yacht Club. The club social starts at 5 p.m. at the Yacht Club bar, followed by a meeting on the 3rd floor at 6 p.m. If you own a motorcycle, ride in East Tennessee, or would like to meet those that do, come join us. At 7 p.m. after the meeting, it’s optional to join many of the Tellico Riders for dinner at the Blue Heron. If you desire to have dinner, we recommend you place your dinner order during the social hour; tell them you are with the Tellico Riders. For additional information, please contact Dave Johnson, Director of Tellico Riders at [ae0e@hotmail.com](mailto:ae0e@hotmail.com).



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## HIKING CLUB

Date: Friday, June 14

Destination: Twin Arches and Slave Falls – Big South Fork

Length of Hike: 9.5 miles or 5.5 miles

Rating: Difficult

Time/Location: Depart at 8:00 a.m. from Lakeside Realty parking lot

Drive Time: 2.5 hours

Leader: Ed Walinski | 865-657-3636 | edwalins1064@gmail.com

Located in Big South Fork NRRRA, this hike has a lot to offer, starting with the twin natural arches that we meet fairly early in the hike. We'll take time here for pictures. The trail also takes us to a very rustic, but operational hostel, remains of a homestead and family cemetery dating to 1863, and to several very large rock overhangs. The trail is generally well maintained with just a small amount of rock climbing near the rock walls. There are a couple of steep stairs to navigate as well. Due to the low water flowage at Slave Falls, some hikers may wish to only do the Twin Arches hike, which would shorten the total distance to 5.5 miles.

## TELLICO PLAYERS

Reserved seats at \$21 for the renowned Tennessee Williams drama *The Glass Menagerie* are on sale on the Tellico Community Players website – [www.TellicoCommunityPlayhouse.org](http://www.TellicoCommunityPlayhouse.org). (Click on tickets to purchase.)

Dates for this third Tellico Community Players performance of 2019 are Thursday – Saturday, June 13–15 and Thursday – Sunday June 20–23. All shows begin at 7:30 p.m., except for the matinee Sunday, June 23, which begins at 1:30 p.m.

One of the most famous plays of the modern theatre, *The Glass Menagerie*, has been described as a drama of great tenderness, charm and beauty. In its initial opening in Chicago in 1944, the play was not expected to last long, but the critics loved it and gave it rave reviews. When it opened in New York in 1945, the cast received an unbeatable 25 curtain calls.

The play is introduced to the audience by Tom, the narrator and protagonist, as a play based on memory. Tom cautions the audience that what they see may not be precisely what happened. Amanda Wingfield, a faded Southern Belle of middle age, shares a dingy St. Louis apartment with her son, Tom, and his slightly older sister, Laura. In *The Glass Menagerie*, the themes of illusions and impossible dreams offer an escape from reality, but they cannot be sustained. The past informs the present, and the possibility of escaping the past is only an illusion.

James Fisher is directing, and Len Willis is producing *The Glass Menagerie*. Sponsor of the show is Warren Jackson, CPA.



HOA 30<sup>th</sup> Anniversary Special Presentation  
 "Celebrating 30 Years of Volunteerism"  
 June 20, 2019 4-6 PM  
 Community Church at Tellico Village



Not only for HOA members—any Tellico Village property owner is invited to attend this special meeting, which will be both informative and FUN!

- Look back over 30 years – Pictures/Vignettes – Learn some interesting history/facts of the Village you didn't know.
- Some never-before-seen pictures & videos.
- Original Pioneer Remembrances
- HOA Remembrances
- Special Guests & Presentations
- Trivia Challenge w/Prizes
- Fun videos





## THIRD ANNUAL LADIES GOLF OUTING

Get Flyers / Entry forms at TV Library or Golf Courses

**SATURDAY JUNE 22<sup>nd</sup>** (Rain Date JUNE 23<sup>rd</sup>)

**7:45 AM –Continental Breakfast at TOQUA Pavilion**

**8 :30 AM – 18 Holes Scramble—TOQUA Golf Course**

**LUNCH served at the Baptist Church**

**FASHION SHOW — Golf and Casual Wear**

**Prizes & Game Events (Bring Cash)**



**Team Captains responsible to SIGN UP & PAY at the LIBRARY.**  
**One check per team payable to FOTVL (Friends of the Tellico Village Library)**  
**\$45 for Members of FOTVL and \$50 for Non-members of FOTVL**  
**Cost does not include Green Fees/ Cart Fees**

**Any Questions — Contact information on Flyers for Carol Moehrke or Evelyn Edwards**



**THE CONNECTION**

**NEWS-HERALD**

**Tellico Village 2019 Photo Contest**

### Announcing: Give Us Your Best Shot Photo Contest!

Are you an amateur photographer who is a Tellico Village home or property owner, renter, or full-time POA employee? Have you taken some great pictures in the Village or Tellico Lake in the immediate proximity of the Village? Then, **GIVE US YOUR BEST SHOT!**

Multiple organizations have come together to create and promote a **Tellico Village Amateur Photography Contest** entitled: **GIVE US YOUR BEST SHOT!** This contest is brought to you by: The Tellico Village Property Owners Association, in conjunction with Tellico Village Broadcasting, HomeOwners Association of Tellico Village, and The Connection and News-Herald.

The contest launched on Tuesday, April 2<sup>nd</sup>, 2019 with all photo entries to be received by August 1, 2019. Photo Submission Categories:

1. Tellico Village Nature: This can include flora, fauna, and scenic
2. Tellico Village Lifestyles: This can include Villagers doing things and enjoying the abundant lifestyle diversity in Tellico Village
3. Each contestant can enter up to four photos in total.

Dennis Sabo and Lynn Carter are the distinguished judges with Steve Meadows, Editor/Publisher of The Connection and Herald-News, serving as a tie breaking judge. Judging will take place August 2<sup>nd</sup> through August 31<sup>st</sup>. Winners will be announced early Fall 2019.

#### Where can you find all the contest information?

- Applications and instructions for photo submissions along with complete contest details, rules, technical requirements for photos, and a listing of all the awards and recognition can be found on the HomeOwners Association website [www.hoatv.org](http://www.hoatv.org)

**Tellico Villagers: Get your cameras out – get snapping – and –  
GIVE US YOUR BEST SHOT!**

# June 2019 Recreation News

## **Facilities Opening for the Season**

It's time to mark your calendars for a few facilities that are opening for the season. The outdoor pool at Chota Recreation Center is open! The outdoor pool at Kahite Activity Center will tentatively open on July 1st. This date will be subject to change based on the construction of the new community center.

## **Guest Policy**

We're happy to welcome your guests into the Village! Don't forget: when bringing non-resident guests to the Recreation facilities, they will need to present a valid photo ID at the front desk upon check in. Guests fees or guests passes are required at check in for anyone who is not currently a member of the Recreation Department.

## **Outdoor Water Exercise Class Starts at Chota Recreation Center**

Aqua Power with Mikki Barr in the outdoor pool will begin on June 4th @ 10:15 a.m. Join Mikki every Tuesday and Thursday from June through September and enjoy the challenge of water exercise with a splash of Vitamin D.

## **Tellico Village Tarpons Swim Meet**



Swim practice at the outdoor pool at the Chota Recreation Center will be held on Mondays, Wednesdays, and Fridays from 8:15 a.m. – 10:45 a.m. and will begin on Wednesday, May 29th. The Wellness Center pool will be closed for a swim meet on the evening of Thursday, June 20th beginning at 4:00 p.m., but that doesn't mean you have to stay away. Come on out and support your Tellico Village Tarpons and cheer them on as they take on Cherokee Country Club.

Check out [www.tellicovillagetarpons.swim-team.us](http://www.tellicovillagetarpons.swim-team.us) for more information about Tellico Tarpons.

## **Sunrise Yoga Series Continues**

Join Recreation Director Simon Bradbury on Thursdays at 7 a.m. for our new Sunrise Yoga Series. These classes will be held at the Yacht Club and are free to property owners and their guests.



### **Basic Hatha Yoga Coming to Kahite**

Basic Hatha Yoga with Coral Johnston will begin on Fridays at 8 a.m. on June 21st. This yoga class will be held outside near the Kahite tennis courts, where you can expand your mind and body while enjoying the breathtaking horizon. Bring an open mind and a yoga mat.

### **Kayak 101 and Paddleboard 101 for Recreation Members**

Join Simon Bradbury on Fridays beginning June 7th for Kayak 101 at 8 a.m. and Paddleboard 101 at 10 a.m. This small beginner's group will meet at Tugaloo Beach. Call the Chota Recreation Center at 458-6779 to sign up for these exciting 101 classes. Kayak reservations can be made Tuesday mornings beginning June 11th. Reservation times include, 8 and 10:30 a.m. Call Chota Recreation Center to reserve your spot today. Times will fill up fast.

### **Hike the Village**

June's hike will feature the Chota neighborhood trails. On June 19th, join hike leaders in the parking lot behind the Welcome Center at 8:30 a.m. to set out on an adventure through the volunteer trails in Tellico Village. Several hike lengths will be offered. Be sure to bring water and wear comfortable, hiking-appropriate shoes.



### **Swim with Kim: Training and Tips**

Join Kim Wiebe, our very own swim instructor during her new "floor training" time. Kim will be present on the pool deck every Wednesday morning from 7 a.m. to 8 a.m. to answer any questions that you might have related to water. Talk to her about safety, stroke techniques, workout ideas, how to use equipment, etc. This service is free to all recreation members.

### **Water Safety Class**

Join us at the Wellness Center indoor pool on Saturday, June 8th from 11 a.m. to 12 p.m. for an informative water safety class. With pool and boating season coming up, will you and your family be safe in the water? Join Kim Wiebe and learn the basics of how to respond to a distressed swimmer, flotation survival, and more. To participate in water activities, you should be able to swim about 15 yards and come dressed in a swimsuit under clothes that you don't mind getting wet. If you do not wish to participate in water activities, please feel free to come and observe. Sign ups are required by calling the Wellness Center at 458-7070.



### **Weight Equipment Orientations**

Orientations on the proper use of the cardiovascular and weight equipment will be provided at 2 p.m. on the following days:

**Wednesday, June 12th at 2 p.m.**

**Tuesday, June 25<sup>th</sup> at 2 p.m.**



## **Floor Training in June**

Join one of our amazing floor trainers on Mondays, Tuesdays, and Wednesdays from 9 a.m. to 11 a.m. If you have any questions about how to start or your fitness journey, our fabulous floors trainers are a great place to start. It's available to you at no additional charge!

## **REC 101**

Join Lindsey Allison on June 11th in the Wellness Center conference room at 12:30 p.m. for REC 101. Learn everything you need to know about being a member of the Recreation Department and more.

## **Shirts for Sale**

New Recreation Department shirts are now for sale at the Wellness Center front desk. Sizes small through XXL are available and there are several colors to choose from. Prices are \$12.00 each or 2 for \$20.00.

## **Camp Tellico**

Registration for Camp Tellico is in full swing and there are limited spots available. This year's theme is SuperHero Camp. Camp Tellico will focus on real and imaginary superheroes. Camp dates are as follows: June 24<sup>th</sup> – 28<sup>th</sup>, July 8<sup>th</sup> – 12<sup>th</sup> and July 22<sup>nd</sup> – 26<sup>th</sup>. Waiting lists are being maintained for some weeks. Get a spot while you can. The cost is \$155 for guests of property owners and \$125 for children who live in Tellico Village.



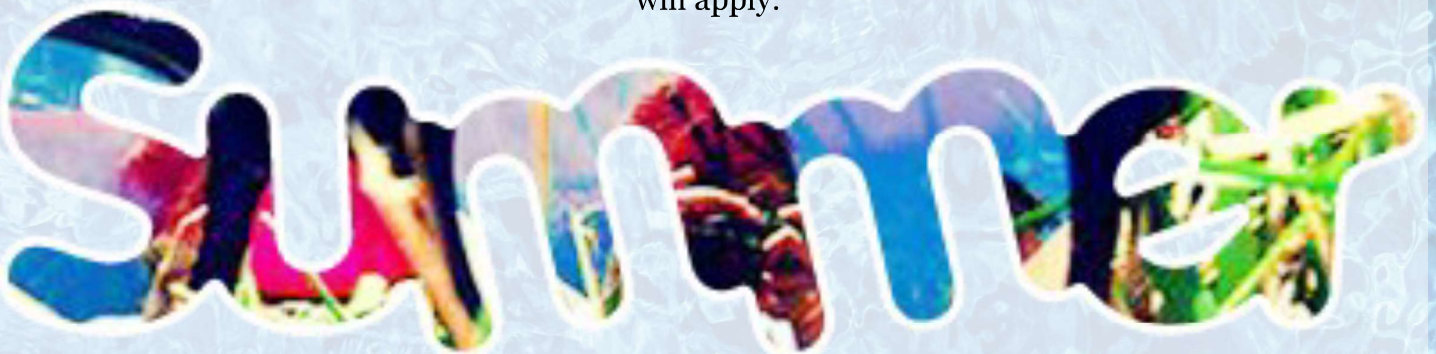
## **FREE Injury Assessments**

Would you like to receive free onsite injury assessments at the Wellness Center? Believe it or not, this service is available every week. Did we mention you don't have to be a member of the Recreation Department? Join Matt Schaller, a licensed athletic trainer from Tennessee Orthopaedic Clinic, on Wednesday from 10 a.m. to 12 p.m.

**Note: This service will not be available on June 26th.**

## **Available Pavilion Dates are Filling up Fast**

Are you interested in booking the Kahite Pavilion or Tugaloo Beach Pavilion? Contact Larissa Lownsdale at Chota Recreation Center (458-6779) to book your event today. A \$50 reservation fee will apply.





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## PET OF THE WEEK:

Heidi is a young adult female Husky mix with the bluest eyes you will ever see. She is about 40 pounds and close to full size, but may grow a little more. Heidi is a very happy lady who loves to play and be walked. Like most Huskies, she is very alert and attentive to people and her surroundings. She is friendly, appears to get along with other dogs, and is not food aggressive. Given her age, activity level and size, she would do well with older children and needs a home where she can run in a yard or be walked regularly.

Now that the hot summer weather has arrived, here are some tips for taking care of your dog.

### **Don't leave your pet alone in the car on a warm day**

Despite the warnings, every year, pets die after their owners leave them in a parked car that overheats. Within just a few minutes, a car can get extremely hot, stifling, and deadly. Even with the windows cracked open, a car interior can reach 117 degrees in less than 30 minutes.

### **Be vigilant about vet care**

When it starts getting warm outside, take your dog or cat to the vet for a full checkup, including a heartworm test and a flea and tick protection plan. These are year-round issues, but in the summer months with much more outdoors time, it's especially important to monitor them.

### **Avoid walking your dog in the heat**

Aim for mornings and evenings when letting your dog outside. Even in the coolest part of the day though, watch for signs of trouble: Glassy eyes and frantic panting indicate a dog who needs help. Get to a veterinarian immediately if you see these symptoms.

### **Keep your home cool**

When the temperature outside gets hot, it can be harder to keep the indoors cool. Instead of turning off the air conditioner when you go out, try leaving it on a conservative but comfortable setting. Make sure your pet has water and consider closing curtains to reduce the heating effects of sunlight through the windows.

### **Provide access to shade and plenty of water**

Pets can get dehydrated or have a heatstroke quickly so any pet outside needs to have plenty of water and access to shade.

The Monroe County Animal Shelter is located at 170 Kefauver Lane in Madisonville (behind Wal-Mart) and is open Tuesday – Friday from 11 – 4:30 and Saturdays from 11 – 2. The shelter is closed to the public on Sunday and Monday. Call 423-442-1015 and check out all available pets on our website at [www.monroecountyfriendsofanimals.org](http://www.monroecountyfriendsofanimals.org). TN Monroe County Animal Shelter is the official Facebook page for the Monroe County Animal Shelter.

All animals adopted are spayed or neutered, have age appropriate vaccinations and testing, and are microchipped (with registration).

The Monroe County Animal Shelter (MCAS) operates a monthly food pantry to help pet families in Monroe County. Our supplies are low and we are reaching out to the community to help. Any donations of canned or dry puppy and dog and kitten and cat food is needed and will be appreciated.

