

Tell-E-Gram Text Only Version, June 29, 2012

POA Meetings and Events:

- POA Board Workshop canceled for July
- POA Office closed July 4 in observance of Independence Day
- Architectural Control Committee, 9 a.m. Thursday, July 5, POA Office
- Recreation Advisory Committee 9 a.m. Thursday, July 5, Wellness Center

Village Recreation News, Activities for July

By HOLLY BRYANT

Recreation Manager

July 4 Holiday Hours

The Wellness Center and Chota Recreation Center will be open regular hours Wednesday, July 4.

- Wellness Center- 6 a.m.-9 p.m.
 - Chota Recreation Center- 8 a.m.-9 p.m.
 - Kahite Activity Center- Contact the Kahite Pro Shop at 423-884-6108 or 865-458-2639
- The Recreation staff wishes everyone a safe and happy 4th of July!

This Just in from Rec...

Aqua Zumba with Jodi is canceled for June 29, July 3, and July 6. Class will resume 4 p.m. Tuesday, July 10, in the Wellness Center. For more information, call 865-458-7070.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Tuesday, July 17, 4 p.m.
- Thursday, July 26, 4 p.m.
- Anyone wishing to make an appointment for an orientation at the Kahite Fitness Facility should contact the Wellness Center at 865-458-7070 and leave your name with the receptionist.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Contact the Wellness Center, 865-458-7070, to have your name added to the date you desire. If the dates above do not work for you, leave your name with the front desk and the Weight Equipment Orientation Instructor will contact you.

Learn to Play Pickleball

Classes for new Pickleball players start on the second and fourth Mondays of each month.

Lessons and all necessary equipment are provided at no charge.

For details and registration information, follow the "New Player Info" link on the Pickleball Club's website at www.tvpbc.org.

Water Arthritis Classes at Kahite

Water Arthritis Classes at Kahite began June 25 and will end Aug. 8. The Water Arthritis Class will be held 10:30 a.m. every Monday and Wednesday. Kathie Trocolla and Jean Clesen will instruct the class. For more information regarding the Kahite fitness classes, contact the Wellness Center, 865-458-7070.

Pontoon Picnics

Pontoon Picnics will be held on 5-7 p.m. Wednesday, July 4, and Wednesday, July 18, on Pontoon Picnic Island (just below Jackson Bend Island at MM 11.5 in the Mialoquo neighborhood). Pontoon Picnics will be held the first and third Wednesday of each month. All boats that can handle 3 feet of water and be equipped with adequate fenders and lines are invited. Items to bring are drinks, picnic ware (plates, utensils, etc.), lawn chairs and a dish to share. Boaters and non-boaters are welcome! For more information, contact Rich and Bev Sikorski, 865-458-4135; or Gene and Connee Miller, 865-408-9330.

Smart Exercising Seminar

Join Dr. Jessica Briere 10:30 a.m. Thursday, July 19, in the Chota Rec Center when she presents "Be Active and Be Smart About It!" Dr. Briere will discuss what type of physical activity is best for you, what the proper way to start a new exercise program is, knowing the main three categories of exercise, and learning why, how, and when not to exercise. The seminar is FREE, but registration is required by calling the Chota Rec Center, 865-458-6779.

Tellico Village Swim Team

The Tellico Village Swim Team will host a swim meet at the Wellness Center Indoor Pool on: Thursday, July 12. **The Wellness Center pool will close at 4:15 p.m. for this meet.** All interested parties are welcome to attend this meet that promptly begin at 6:30 p.m. There are no admission fees for these meets. For more information on these meets, contact Agnes Beauchamp, 865-458-6130.

Camp Tellico

Camp Tellico will be held July 9-13 and again on July 23-27, 11 a.m.-3 p.m. It's not too late to sign your camper up for the week of July 23. For more information, contact the Chota Recreation Center, 865-458-6779. **CAUTION: These weeks will be very busy, so plan your visits to the Rec Center accordingly.**

AARP Safe Driving

There will be an AARP Safe Driving course held on Monday, July 30, and Tuesday, July 31, 9 a.m.-1 p.m. (participants must attend both class days) at the Chota Recreation Center. The fee is \$12 per person for members and \$14 per person for non-members. There is a special pricing for past and present Educators of \$5. Payment is expected the day of the class and members are asked to bring their AARP membership card if applicable. After completion of the class, you will receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center, 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

Rec 101

The Rec 101 on Thursday, July 26, in the Wellness Center is **CANCELED**. The next Rec 101 will be 10 a.m. Thursday, Aug. 30 should you be interested in learning the ins and outs of the Recreation Department. For more information, contact Jessica Antrim, 865-458-7070.

Tellico Village Swim Team Practice

Summer is here and the Tellico Village Swim Team is practicing away! All evening practices are 6-8:30 p.m. each Tuesday and Thursday through Aug. 4, in the Wellness Center. All morning practices are 8-10 a.m. Monday, Wednesday, and Friday at Chota Rec Center through Aug. 4. **The pool will be closed for open swim and classes during practice times.** For more information about the swim team, you can email the team manager, Agnes Beauchamp, at tvtparsons@charter.net.

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Pellissippi Non-credit College Classes

Are you interested in participating in a non-credit college class right here in Tellico Village for a minimal fee? Pellissippi State Community College is now offering classes in our community, but we need to know if you are interested! Contact Larissa in the Chota Recreation Center, 865-458-6779, to add your name to our interest list, and specify what class you would be interested in. Classes MUST have at least 12 participants for the class to start. Length of each course will vary. Fees range from \$30 to \$100 depending on the course.

Now Featured on Channel 3

- **POA Board Update** airs 10 a.m. and 6 p.m. daily. In this month's Board Update, Board President Bob Coates announces the results of the 2011 audit by the Village's new auditing firm, the Board's approval to buy a new pool cover for the Wellness Center, as well as upcoming 25th Anniversary events.

All Channel 3 shows are available online.

Watch online: www.tellicovillage.org/in-the-news/channel3/videos

Some Other Stuff You Need to Know...

No July Meeting for Computer Club

The Tellico Village Computer Users Club will NOT meet Tuesday, July 3, so as not to miss the Patriotic Celebration 5:30-9:30 p.m. Tuesday, July 3, in Village Square. Information about the club is available at www.tvcuc.org

Submitted by Dean Miller

Golf Course Update—Extreme Heat Warning

By **JIM WEST**, *Director of Golf*

The weather forecast for the next several days calls for record temperatures - well in excess of 100 degrees. Temperatures of this extreme represent unprecedented risk to cool season grasses, specifically the bentgrass turf on our putting surfaces.

As a precautionary measure, we will be closing the first tee on all courses at 12:00 p.m. on Friday, Saturday, Sunday and Monday. This will allow our maintenance staff unfettered access to the courses and also reduce the potential of damage caused by foot traffic on vulnerable turf. Such extreme temperatures also present extraordinary risks to your health. I would like to encourage you to limit outdoor activities during this period and also to drink plenty of water. Thank you for your understanding, and let's look forward to some cooler weather!

Firework Safety

By **MARK CROSWELL**, *Tellico Village Volunteer Fire Department*

Editor's note: The following is an excerpt from Mark Croswell's monthly column which appears in the Connection.

In just a few days we'll be celebrating Independence Day with family, friends, and neighbors as we remember the sacrifices and diligence of those who fought for and shaped our great country to be what it is today. Some of the traditional fanfare includes grilled food, parades, community events, and fireworks. With each of these come a responsibility for moderation, planning, and safety for not only our own health and property, but for our neighbors as well. Although Tellico Village does not restrict the use of fireworks, you can probably guess our opinion on the subject.

Here's what we request when the itch to send a bottle rocket hurling out of your control becomes stronger: look around you at all of the fuel waiting for nothing more than a spark to get it started. Dry grass, years of leaves and fallen trees on undeveloped lots and common areas, not to mention your neighbors siding, shingles, or stacks of firewood. Our unseasonably warm weather and lack of rainfall are contributing to the problem, just waiting on a lack of foresight by one person to make for a catastrophic loss of life and/or property. The point that we really want to stress is that unlike some decisions you may make, carelessness with fireworks has the potential to endanger those around you, including those volunteers who selflessly react to the consequences. All we're asking is that you use some good common sense, and be open to the desires of others if they ask you not to use fireworks around their property. It's just one more way that we can show respect for each other in this fantastic community of ours. We hope you have a safe and happy 4th of July and as always, let's take care of ourselves and our neighbors.

Channel 3 Schedule

- 6 a.m. Golf Update
- 7 a.m. Rec Rap
- 8 a.m. County Update
- 9 a.m. Spotlight on Tellico Village
- 10 a.m. POA Board Update
- 11 a.m. Mr. Tellico
- Noon School Board Update
- 1 p.m. What's Happening
- 2 p.m. Golf Update
- 3 p.m. Rec Rap
- 4 p.m. County Update
- 5 p.m. Spotlight on Tellico Village
- 6 p.m. POA Board Update
- 7 p.m. Mr. Tellico
- 8 p.m. School Board Update
- 9 p.m. What's Happening

Online: www.tellicovillage.org/in-the-news/channel3/videos

Next Few Days Ahead

Saturday, June 30th

8 am- B Men Tennis (WC)
8:30 am- Fit & Tone (WC)
8:30 am- Racquetball (CRC)
8:35 am- Deep Water (WC)
9:30 am- Advance Line Dancing (CRC)
10 am- A Men Tennis (WC)
10:30 am- Wallyball (CRC)
12:30 pm- Badminton (CRC)

Monday, July 2nd

8 am- Swim Team Practice (CRC)
8 am- Aerobic Fit & Tone (KAC)
8 am- Basketball (CRC)
8:30 am- Aerobics (WC)
8:35 am- Water Aerobic (WC)
9 am- HOA (CRC)
9 am- Village Sweat Shop (CRC)
9:15 am- Water Exercise (KAC)
9:45 am- Water Exercise (WC)
9:45 am- Tai Chi Practice (KAC)
9:45 am- Intermediate Yoga (WC)
10 am- B Ladies Tennis (CRC)
10:30 am- Water Arthritis (KAC)
11 am- Water Arthritis (WC)
11:30 am- Yoga (WC)
1 pm- Advance/Level 3 Line Dancing (WC)
1 pm- Carving Club (CRC)
1:15 pm- Badminton (CRC)
2:15 pm- Intermed/Level 2 Line Dancing (WC)
3:30 pm- Stability Ball (WC)
4:15 pm- Basketball (CRC)
4:30 pm- Kickboxing (WC)
5 pm- Co-ed Fitness (WC)
5:45 pm- Duplicate Bridge (CRC)
6 pm- Yoga (WC)
7 pm- The Beads Goes On (CRC)

Tuesday, July 3rd

8 am- Fit & Tone (WC)
8 am- A Men Tennis (WC)
9:15 am- Fit & Tone (WC)
9:30 am- Concert Committee (CRC)
10 am- Water Fun & Movement (WC)
10 am- B Men Tennis (WC)
10 am- B Ladies Tennis (CRC)
10 am- Table Tennis (CRC)
10:30 am- Tai Chi (WC)
11 am- Wallyball (CRC)
4 pm- Beginning Racquetball (CRC)
4 pm- Pilates Yoga (KAC)
4 pm- Zumba (WC)
4:15 pm- Basketball (CRC)
6 pm- Swim Team Practice (WC)
6 pm- Badminton (CRC)
6 pm- Hand & Foot (CRC)
6 pm- Patriotic Celebration (VS)
6:30 pm- Pinochle (CRC)

Wednesday, July 4th

POA Admin Office Closed
Recreation Facilities OPEN regular hours.
8 am- Swim Team Practice (CRC)
8 am- Aerobic Fit & Tone (KAC)
8 am- A Ladies Tennis (WC)
8:35 am- Water Aerobics (WC)
9:15 am- Water Exercise canceled (KAC)
9:30 am- Concert Committee (CRC)
9:45 am- Water Exercise (WC)
9:45 am- Tai Chi Practice (KAC)
10 am- Badminton (CRC)
10 am- B Ladies Tennis (WC)
10:30 am- Water Arthritis (KAC)
11:30 am- Yoga (WC)
1 pm- Mah Jongg (KAC)
1 pm- Contract Bridge (CRC)
3:30 pm- TOPS (CRC)
4 pm- Pilates Yoga (WC)
4:15 pm- Basketball (CRC)
5 pm- Pontoon Picnic
5 pm- Co-ed Water Fitness (WC)
6:30 pm- Euchre (CRC)
7 pm- Bluegrass (CRC)

Thursday, July 5th

8 am- Fit & Tone (WC)
8 am- A Men Tennis (WC)
8 am- B Men Tennis (WC)
8:30 am- Pilates (KAC)
9 am- ACC (POA)
9 am- Rec Committee (CRC)
9:15 am- Fit & Tone (WC)
10 am- 4 Paws Food Pantry (CRC)
10 am- Water Fun & Movement (WC)
10 am- B Ladies Tennis (CRC)
10:15 am- Poolates (CRC)
10:30 am- Beginning Tai Chi (WC)
11 a.m. – Wally Ball (CRC)
11 am- Table Tennis (CRC)
12:30 pm- Ladies Duplicate Bridge (CRC)
1 pm- TV Library (CRC)
1 pm- Intro (level 1) Line Dance (WC)
2:15 pm- Jin Shin Jyutsu (WC)
3 pm- Weight Watchers (CRC)
4 pm- Zumba (WC)
4 pm- Beginning Racquetball (CRC)
4:15 pm- Basketball (CRC)
5 pm- Pickleball Drills (CRC)
6 pm- Swim Team Practice (WC)
6:15 pm- Badminton (CRC)

Friday, July 6th

8 am- Swim Team Practice (CRC)
8 am- Aerobic Fit & Tone (KAC)
8 am- Basketball (CRC)
8 am- B Ladies Tennis (WC)
8:30 am- Aerobics (WC)
8:35 am- Water Aerobics (WC)
9 am- Communications (POA)