



POA Meetings and Events:

- ...Rec 101, 2 p.m. Thursday, May 31, Wellness Center
- ...Communications & Marketing Advisory Committee, 9 a.m. Friday, June 1, POA Office
- ...POA Board Workshop, 10 a.m. Tuesday, June 5, POA Office
- ...Architectural Control Committee, 9 a.m., June 7, POA Office

Recreation News and Events for June

By **HOLLY BRYANT**
Recreation Manager

It's the 25th Anniversary of Tellico Village and the TVPOA is celebrating. Come celebrate this momentous occasion with the Recreation Department on the 25th of every month in 2012. All property owners are invited to use any of our facilities for **FREE** and every 25th member to check in at any of our three locations will receive a door prize.

Hours of Operation

Wellness Center

- ... Monday-Thursday: 6 a.m.-9 p.m.
- ... Friday: 6 a.m.-8 p.m.
- ... Saturday: 7 a.m.-5 p.m.
- ... Sunday: 10 a.m.-5 p.m.

Chota Recreation Center

- ... Monday-Thursday: 8 a.m.-9 p.m.
- ... Friday-Saturday: 8 a.m.-7 p.m.
- ... Sunday: noon-7 p.m.

Kahite Activity Center

Contact the Kahite Pro Shop, 423-884-6108 or 865-458-2639

The Pools are OPEN!

The pools are open to members and their guests. Proper swimwear is required. All children under the age of 16 must be with a responsible adult (21 years or older) at all times. Contact the Wellness Center, 865-458-7070; or Chota Recreation Center, 865-458-6779, for more information.

Kahite Classes

- ... Water Exercise at Kahite continues to meet at 9:15 a.m.
- ... Water Exercise classes instructed by Jean Clesen are held on Mondays, Wednesdays, and Fridays at 9:15 a.m.
- ... Fit & Tone with Jean Clesen is held Mondays, Wednesdays and Fridays at 8 a.m.
- ... Water Arthritis at Kahite begins on 10: 30 a.m. Monday, June 25.
- ... Water Arthritis will be instructed by Jean Clesen and Kathie Trocolla and will continue

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TELICO VILLAGE POA **Tell-E-Gram**
Midweek May 29, 2012



Celebrate 25 years of Tellico Village! Next Event: June 25: Neighborhood Day

- ... **Member morning coffee meet and greet at the Beach Pavilion 10 a.m.**
- ... **Noon lunch reception at The Neighborhood, free BBQ and Open House, along with Rover Run Dog Park Expo**

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on Mondays and Wednesdays until Aug. 8.

... Pilates-Yoga continues on each Tuesday at 4 p.m. with Rose Howard

... Pilates with Kathie Trocolla continues each Thursday at 8:30 a.m.

For more information regarding the Kahite fitness classes, contact the Wellness Center, 865-458-7070.

Weight Equipment Orientations

RESERVATIONS ARE REQUIRED!

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

... Tuesday, June 12, at 3:30 p.m.

... Thursday, June 21, at 3:30 p.m.

... To make an appointment for an orientation at the Kahite Fitness Facility, contact the Wellness Center, 865-458-7070, and leave your name with the receptionist.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required.** Contact the Wellness Center, 865-458-7070, to have your name added to the date you desire. If the dates above do not work for you, leave your name with the front desk and the Weight Equipment Orientation Instructor will contact you.

Jin Shin Jyutsu®

Join Mary Ruth Kelly at the Wellness Center for Jin Shin Jyutsu® Self-Help on Thursdays at 2:15 p.m. beginning Thursday, June 7. The clinic will run for six weeks, ending on July 12, so don't miss out. For more information about Jin Shin Jyutsu®, contact Mary Ruth, 865-458-2910.

VitalSigns Core

The next session of VitalSigns Core 12-week program will begin in the Wellness Center on June 12. The class will wrap up on Aug. 30. Class will be held every Tuesday and Thursday 2:15-3:45 pm. This includes work out time and nutrition class time. There is a \$550 fee for this class, with \$50 due upon registration. Couples discounts apply. For more information or to sign up, contact Jessica Antrim, 865-458-7070.

VitalSigns Nutrition

VitalSigns is now offering a nutrition only class for those of you who already have enough motivation to get into the gym but are still not seeing the results around the waist that you would like. VitalSigns Nutrition is a 10-week class that is set to begin on June 12. This class will be held every Tuesday 4-5 pm in the Wellness Center. This class will involve weekly weigh-ins, recipe sharing, food journaling, as well as medical based nutrition education. The cost of this program is \$150. For more info, call Jessica at the Wellness Center, 865-458-7070.

Next Few Days Ahead

Wednesday, May 30th

8 am- Swim Team Practice (CRC)

8 am- Aerobic Fit & Tone (KAC)

8 am- A Ladies Tennis (WC)

8:30 am- Racquetball (CRC)

8:30 am- Aerobics (WC)

8:35 am- Water Aerobics (WC)

9 am- TV Clowns (CRC)

9 am- Bridge Practice & Play (CRC)

9:15 am- Water Exercise (KAC)

9:45 am- Water Exercise (WC)

9:45 am- Tai Chi (WC)

9:45 am- Tai Chi Practice (KAC)

10 am- Badminton (CRC)

10 am- B Ladies Tennis (WC)

11 am- Arthritis Water Class (WC)

11:30 am- Yoga (WC)

1 pm- Advance/Level 3 Line Dancing (WC)

1 pm- Mah Jongg (KAC)

1 pm- Contract Bridge (CRC)

2:15 pm- Intermed/Level 2 Line Dancing (WC)

3:30 pm- TOPS (CRC)

4 pm- Pilates Yoga (WC)

4:15 pm- Basketball (CRC)

5 pm-Co-ed Water Fitness (WC)

6 pm- Yoga (WC)

6 pm- Adult Bible Study (CRC)

Thursday, May 31st

8 am- Fit & Tone (WC)

8 am- A Men Tennis (WC)

8 am- B Men Tennis (WC)

8:30 am- Pilates (KAC)

8:30 am- Racquetball (CRC)

9:15 am- Fit & Tone (WC)

10 am- Water Fun & Movement (WC)

10 am- B Ladies Tennis (CRC)

10:30 am- Beginning Tai Chi (WC)

11 am- Wallyball (CRC)

11 am- Table Tennis (CRC)

1 pm- Intro/Level 1 Line Dance (WC)

2 pm- Rec 101 (WC)

3 pm- Weight Watchers (CRC)

4 pm- Zumba (WC)

4 pm- Beginning Racquetball (CRC)

4:15 pm- Basketball (CRC)

6 pm - Swim Team Practice (WC)

6:15 pm- Badminton (CRC)

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Mexican Train Dominos

Interested in learning how to play Mexican Train Dominos? Are you an intermediate or advanced domino player? If so, bring your own double 12 dominoes set to the Chota Rec Center on the second and fourth Wednesday of each month at 6 p.m. beginning Wednesday, June 13. For more information, contact Carol LeFevre, 865-657-3110.

Pontoon Picnics

Pontoon Picnics will be held on Wednesdays, June 6 and June 20, 5-7 p.m. at Pontoon Picnic Island just below Jackson Bend Island at MM 11.5 (the Mialoquo neighborhood). Pontoon Picnics will be held the first and third Wednesdays of each month. All boats that can handle 3-feet of water and be equipped with adequate fenders and lines are invited. Items to bring are drinks, picnic ware (plates, utensils, etc), lawn chairs, and a dish to share. Boaters and non-boaters are welcome! For more information, contact Rich and Bev Sikorski, 865-458-4135; or Gene and Connee Miller, 865-408-9330.

Tellico Village Swim Team Meets

The Tellico Village Swim Team will host one home swim meets and one scrimmage meet at the Wellness Center Indoor Pool Thursday, June 7, and Thursday, July 12. **The Wellness Center pool will close at 4:15 p.m. for these meets.** All interested parties are welcome to attend any or all of these meets that begin promptly at 6:30 p.m. There are no admission fees for these meets. For more information on these meets, contact Agnes Beauchamp, 865-458-6130.

Camp Tellico

Camp Tellico will be held 11 a.m.-3 p.m. June 25-29. For more information, contact Chota Recreation Center, 865-458-6779.

CAUTION: This will be a busy week, so please plan your visits to the Rec Center accordingly.

Rec 101

Want to learn the ins and outs of the Recreation Department? Want to learn who the correct contact person is for room reservations or the addition of new classes? Come to the Rec 101 on Thursday, June 28, at 10 a.m. in the Wellness Center.

Tellico Village Swim Team News

Summer is on its way believe it or not! And the Tellico Village Swim Team is gearing up for the 2012 swim season. All evening practices will be

Friday, June 1st

- 8 am- Swim Team Practice (CRC)
- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8 am- B Ladies Tennis (WC)
- 8 am- Free Body Fat Analysis (WC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobics (WC)
- 9 am- Communications Adv Comm (POA)
- 9:15 am- Water Exercise (KAC)
- 9:45 am- Tai Chi Practice (KAC)
- 9:45 am- Fit & Tone (WC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Intermediate Yoga (WC)
- 10 am- A Ladies Tennis (WC)
- 11 am- Arthritis Water Class (WC)
- 11:30 am- Yoga (WC)
- 12 pm- Open Badminton (CRC)
- 1 pm- Bridge (CRC)
- 4 pm- Aqua Zumba (WC)
- 5 pm- Co-ed Water Fitness (WC)

Saturday, June 2nd

- 8 am- B Men Tennis (WC)
- 8:30 am- Fit & Tone (WC)
- 8:35 am- Deep Water (WC)
- 9:30 am- Advance Line Dancing (CRC)
- 10 am- A Men Tennis (WC)
- 10:30 am- Wally Ball
- 12:30 pm- Badminton (CRC)

Monday, June 4th

- 8 am- Swim Team Practice (CRC)
- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobic (WC)
- 9 am- HOA (CRC)
- 9 am- Village Sweat Shop (CRC)
- 9:15 am- Water Exercise (KAC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Tai Chi Practice (KAC)
- 9:45 am- Intermediate Yoga (WC)
- 10 am- B Ladies Tennis (CRC)
- 11 am- Water Arthritis (WC)
- 11:30 am- Yoga (WC)
- 1 pm- Advanced/Level 3 Line Dancing (WC)
- 1 pm- Carving Club (CRC)
- 1:15 pm- Badminton (CRC)



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6-8:30 p.m. each Tuesday and Thursday through Aug. 4 in the Wellness Center. All morning practices will be held each Monday, Wednesday, and Friday 8-10 a.m. at Chota Rec Center through Aug. 4. **The pool will be closed for open swim and classes during practice times.** For more information about the swim team, you can email the team manager, Agnes Beauchamp, tvtrapons@charter.net.

Pellissippi Non-credit College Classes

Are you interested in participating in a non-credit college class right here in Tellico Village for a minimal fee? Pellissippi State Community College is now offering classes in our community, but we need to know if you are interested! Contact Larissa at Chota Recreation Center, 865-458-6779, to add your name to our interest list and specify what class you would be interested in. Classes MUST have at least 12 participants for the class to start. Length of each course will vary. Fees range from \$30 to \$100 depending on the course.

LifeLine Screenings

LifeLine Screenings sponsored by the University of Tennessee Medical Center will be held at the Chota Rec Center on Tuesday, June 12. Screenings included will be Stroke/Carotid Artery, Heart Rhythm, Abdominal Aortic Aneurysm, Peripheral Arterial Disease, and Osteoporosis Risk Assessment. Cost for all five screenings: \$149. Pre-registration is required by calling 1-800-324-1851. Make your appointment today!

Coming in JULY...

AARP Safe Driving

There will be an AARP Safe Driving course held 9 a.m.-1 p.m. Monday-Tuesday, July 30-July 31 (participants must attend both class days), at the Chota Recreation Center. The fee is \$12 per person for members and \$14 per person for non-members. There is a special pricing for past and present Educators of \$5. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you will receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center, 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

Yacht Club Offerings and Upcoming Special Events

By JONATHON TOUCHTON

YC General Manager

Upcoming Events

... Lunch is happening: 11:30 a.m.-2 p.m. Tuesday through Friday.
Check out the menu online!

2:15 pm- Intermediate/Level 2 Line Dancing (WC)
3:30 pm- Stability Ball (WC)
4:15 pm- Basketball (CRC)
4:30 pm- Kickboxing (WC)
5 pm- Co-ed Fitness (WC)
5:45 pm- Duplicate Bridge (CRC)
6 pm- Yoga (WC)
7 pm- The Beads Goes On(CRC)

Tuesday, June 5th

8 am- Fit & Tone (WC)
8 am- A Men Tennis (WC)
9:15 am- Fit & Tone (WC)
9:30 am- Concert Committee (CRC)
10 am- POA Board Workshop (POA)
10 am- Water Fun & Movement (WC)
10 am- B Men Tennis (WC)
10 am- B Ladies Tennis (CRC)
10 am- Table Tennis (CRC)
10:30 am- Tai Chi (WC)
11 am- Wallyball (CRC)
4 pm- Beginning Racquetball (CRC)
4 pm- Pilates Yoga (KAC)
4 pm- Zumba (WC)
4 pm- Aqua Zumba (WC)
4:15 pm- Basketball (CRC)
6 pm- Swim Team Practice (WC)
6 pm- Badminton (CRC)
6 pm- Hand & Foot (CRC)
6:30 pm- Pinochle (CRC)
7 pm- TV Computer Users Club (YC)

Wednesday, June 6th

8 am- Swim Team Practice (CRC)
8 am- Aerobic Fit & Tone (KAC)
8 am- A Ladies Tennis (WC)
8:30 am- Aerobics (WC)
8:35 am- Water Aerobics (WC)
9 am- TLTA (CRC)
9:15 am- Water Exercise (KAC)
9:30 am- Concert Committee (CRC)
9:45 am- Water Exercise (WC)
9:45 am- Tai Chi (WC)
9:45 am- Tai Chi Practice (KAC)
10 am- Badminton (CRC)
10 am- B Ladies Tennis (WC)
11 am- Arthritis Water Class (WC)
11:30 am- Yoga (WC)
1 pm- Advanced/Level 3 Line Dancing (WC)
1 pm- Mah Jongg (KAC)
1 pm- Contract Bridge (CRC)
2:15 pm- Intermed/Level 2 Line Dancing (WC)
3:30 pm- TOPS (CRC)
4 pm- Pilates Yoga (WC)
4:15 pm- Basketball (CRC)
5 pm- Pontoon Picnic

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...The Friday Tiki Bar is back in full swing (inside and outside— weather permitting)! Tiki Bar starts kickin' around 7 p.m. The newly renovated downstairs is ready for spring and summer parties.

...Outside grill food will be offered whenever weather permits!

...Tiki Food Menu available online!

...Saturday Night Fever: FREE special bar appetizer with your first drink at the bar.

...Sunday Brunch - come casual or dressy and enjoy a relaxed atmosphere.

...4th OF JULY TICKETS ON SALE NOW AT THE YACHT CLUB.

A \$10 ticket gets a live band, firework show, lawn and patio access, and one free drink at the bar.

...25th Anniversary, \$25 Chef Dinner and Demo will be Monday, June 25, featuring Southern Comfort Food, menu available online.

On a Special Note...

Did you know you can find the Yacht Club calendar and menus online? Go to www.TellicoVillage.org, select AMENITIES, click on YACHT CLUB.

For reservations and information, call 865-458-4363.

Some Other Stuff You Need to Know...

POA Announces Personnel Moves

Glen Spidell, Human Resources Director, is leaving the POA effective June 1 because as he says, "it's time." Glen has worked for the POA for more than 14 years.

"Glen has been my right hand when it comes to personnel issues and challenges here at the POA," said Winston Blazer, General Manager. "He has done a great job securing the best programs for our employees to ensure they are well taken care of. He will be missed."

"I have enjoyed working with the employees here over the years, and hope I have made a contribution to the success of this organization," said Glen Spidell.

A wide search is underway to secure a replacement for Glen. In the interim, Cris Carter, HR Assistant, will manage all employee programs.

Pat Rose, Course Superintendent at Tanasi Golf Club, has accepted the Head Golf Course Superintendent position at Signal Mountain Golf and Country Club near his hometown of Chattanooga and will be leaving Tellico Village in early June.

"Over the past year, Pat's leadership and devout commitment to excellence at Tanasi Golf Club has led to an extraordinary improvement in golf course conditions," said Jim West, Director of Golf. "Further, his daily interaction with our membership and contributions to various committees has been of great benefit to all of Tellico Village. From a personal standpoint it has been a very rewarding experience to work with Pat."

As the search for a new head superintendent continues, Chris Sykes' first assistant superintendent Wells McClure will function in the role of interim head superintendent at Tanasi.

Good luck and thank you to Glen and Pat.

5 pm-Co-ed Water Fitness (WC)

6 pm- Yoga (WC)

6:30 pm- Bible Study (CRC)

6:30 pm- Euchre (CRC)

7 pm- Bluegrass (CRC)

7 pm- Vintage Vehicles (YC)

Thursday, June 7th

8 am- Fit & Tone (WC)

8 am- A Men Tennis (WC)

8 am- B Men Tennis (WC)

8:30 am- Pilates (KAC)

9 am- ACC (POA)

9 am- Thyme for Herbs (CRC)

9 am- Recreation Adv Comm (WC)

9:15 am- Fit & Tone (WC)

10 am- 4 Paws Food Pantry (CRC)

10 am- Water Fun & Movement (WC)

10 am- B Ladies Tennis (CRC)

10:30 am- Beginning Tai Chi (WC)

11 am- Wally Ball (CRC)

11 am- Table Tennis (CRC)

12:30 pm- Ladies Duplicate Bridge (CRC)

1 pm- TV Library (CRC)

1 pm- Intro/Level 1 Line Dance (WC)

2:15 pm- Jin Shin Jyutsu (WC)

3 pm- Weight Watchers (CRC)

4 pm- Zumba (WC)

4 pm- Beginning Racquetball (CRC)

4:15 pm- Basketball (CRC)

6 pm- Swim Team Practice (WC)

6:15 pm- Badminton (CRC)

Friday, June 8th

8 am- Swim Team Practice (CRC)

8 am- Aerobic Fit & Tone (KAC)

8 am- Basketball (CRC)

8 am- B Ladies Tennis (WC)

8:30 am- Aerobics (WC)

8:35 am- Water Aerobics (WC)

9:15 am- Water Exercise (KAC)

9:45 am- Tai Chi (KAC)

9:45 am- Fit & Tone (WC)

9:45 am- Intermediate Yoga (WC)

9:45 am- Water Exercise (WC)

10 am- A Ladies Tennis (WC)

11 am- Arthritis Water Class (WC)

11:30 am- Yoga (WC)

12 pm- Open Badminton (CRC)

1 pm- Bridge (CRC)

2 pm- Inspired Writing Class (CRC)

4 pm- Aqua Zumba (WC)

5 pm- Co-ed Water Fitness (WC)

Saturday, June 9th

8 am- B Men Tennis (WC)

8:30 am- Fit & Tone (WC)

8:35 am- Deep Water (WC)



Ladies 18 Hole Golf League Holds Member-Member Tournament

The Tellico Village Ladies 18 Hole Golf League held its annual Member-Member Tournament on Monday and Tuesday, May 21 and 22. Thirty-six two person teams participated in the event this year.

The first day of the tournament was a Two Person Scramble held at the Toqua course, and the final day of the tournament was a Best Ball event held at the Kahite Course.

Overall winners of the tournament with a low-net score of 129 were the team of Norma Burt and Janet Kincaid. They were presented with “Superwoman” headcovers in recognition of their super performance over the two days.

Other winners included the following teams:

Overall Low Gross Winners – Dee Prickett and Marsha Gaster; Low Net on the first day – Bonnie Wood and Teresa Bainlardi; Low Net on the second day – Diana Burdick and Ginny Herrick

Winners by Flight with the lowest net scores were:

First Place Teams: Flight #1 – Lorene Branz & Gwen Knueven; Flight #2 – Lee McCauley & Linda Arbuckle; Flight #3 – Laurie Bennett & Diana Preston

Second Place Teams: Flight #1 – Carolyn Acker & Susan Heinzman; Flight #2 – Chris Campbell & Hilde Stein; Flight #3 – Linda Baran & Helen Hoove

Third Place Teams: Jean Clesen & June Lund; Brenda McJunkin & Kay Patterson; Tonie Detorre & Peggy Lee

Submitted by Lee McCauley

Library Fundraiser Needs Volunteers

We need you! The Wine and Beer Tasting and Silent Auction (sponsored by Friends of Tellico Village Library) scheduled for Sept. 20 is in need of enthusiastic individuals to serve on the Silent Auction and Decorations Committees. The funds raised from this event will be used to furnish your new state-of-the-art Library. Consider helping to make this important Library fundraiser a success by volunteering your skills, time, ideas and creativity. To volunteer or to obtain more information, contact Event Chair Rich Seymour, 865-408-1335.

Submitted by Kathy Economy