



POA Meetings and Events:

- POA Board Meeting, 1:30 p.m. Wednesday, April 18, Yacht Club
- Architectural Control Committee, 9 a.m. Thursday, April 19, POA Office
- Long Range Planning, 10 a.m. Thursday, April 26, POA Office
- Public Services Advisory Committee, 1 p.m. Thursday, April 26, POA Office

TELLICO VILLAGE POA **Tell-E-Gram**
Week Ending April 13, 2012

TELLICO VILLAGE PROPERTY OWNERS ASSOCIATION
BOARD MEETING AGENDA
1:30 p.m. Wednesday, April 18, 2012
Tellico Village Yacht Club

		<u>Purpose/ Outcome</u>	<u>Responsible</u>
		Call to Order	Bob Coates
I.	Minutes (March 21, 2012)	Approve	Bob Coates
II.	President's Comments		Bob Coates
III.	25 th Anniversary Celebration	Update	Claire Frazer/ Ginny Ranck
IV.	Advisory Committee/Liaison Reports		
	• HOA		Rick Blough
	• Compass Group Quarterly Report		Andy Fox/ Jonathon Touchton
	• Continuous Improvement Quarterly Report		Mitzi Lane
	• Golf		Jim West/ Fred Toettcher
	• Finance		Parker Owen/ Shelley Sennett
V.	Lot Disposal Policy	Approve	Winston Blazer
VI.	2012 Board Goals & Objectives	Update	Bob Coates
VII.	Member Comments		

Now Featured on Channel 3

- **POA Board Update** airs 10 a.m. and 6 p.m. daily. On the latest POA Board Update, Bob Coates, Board President, announces approval for the expansion of the Fire Hall and provides details on the POA's new purchasing policy.

Don't live in the Loudon County portion of the Village or have Charter? All Channel 3 shows are available online.

Watch online: www.tellicovillage.org/in-the-news/channel3/videos



Help us celebrate 25 years of Tellico Village! Next Event: The Recreation Department will kicking off an open house week full of festivities. Everyone is invited to utilize one of the recreation facilities for free, all week, April 22-28.



Brush Removal/Leaf Removal Running Behind

Director of Public Works Jeff Gagley announced that Public Works is running behind on its brush pickup and final leaf sweep. Your patience is appreciated as staff works diligently to catch up with the heavy demand.

Leaves should be in a separate pile from brush.

Brush should be at least three feet long, no more than six inches in diameter, and free from any metal objects. Piles should be placed along the street right-of-way in front of your home the week prior to scheduled pick-up. No household trash, building material nor metal items will be picked up.

Public Works does not remove brush left by landscapers. Reputable landscapers clean up and remove the brush they generate as part of the service.

If you have any questions about the procedure on brush pick up, call the Public Works office, 865-458-4522.

Brush/Leaf Schedule

The schedule begins the first full week of each month (leaves November-February, brush March-October):

- **Week 1:** Kahite, Mialaquo, and Chatuga neighborhoods
- **Week 2:** Toqua Hills, Toqua Greens, Toqua Shores, and Toqua Point neighborhoods
- **Week 3:** Toqua Coves, Chota Shores, and Tanasi Neighborhoods
- **Week 4:** Chota Hills, Chota Woods, Tommotley, and Coyatee neighborhoods

Brush Dumping Prohibited in Village

As a reminder to Villagers and landscapers, dumping brush in the Village is not allowed. If you see anyone dumping brush, Public Works asks that you get the license number of the vehicle and report it to Public Works as soon as possible by calling 865-458-4522.

Some Other Stuff You Need to Know...

Virgin Falls Pocket Wilderness April 20

The Tellico Village Hiking Club will depart 8 a.m. Friday, April 20, from the Chota Center parking lot (formerly the Cooper Visitors Center):

- Virgin Falls Pocket Wilderness
- Distance: Approximately 11 miles
- Elevation Gain: 800 feet
- Rating: Difficult
- Driving Time: Approximately 1.5 hours
- Leader: Larry Peck, 865-408-1677 or jhp7oaks@aol.com

This trail is one of the most interesting and beautiful trails in Tennessee. It features scenic overlooks and passes by several waterfalls and cascades, including Virgin Falls where the stream emerges from a cave and crashes 110 feet into a sinkhole.

Hiking boots and hiking sticks are recommended. Driving directions will be provided the morning of the hike. Bring water and a trail lunch.

Carpooling is recommended, passengers are asked to contribute \$6 to the

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Channel 3 Schedule

- 6 a.m. Golf Update
- 7 a.m. Rec Rap
- 8 a.m. County Update
- 9 a.m. Spotlight on Tellico Village
- 10 a.m. POA Board Update
- 11 a.m. Mr. Tellico
- Noon School Board Update
- 1 p.m. What's Happening
- 2 p.m. Golf Update
- 3 p.m. Rec Rap
- 4 p.m. County Update
- 5 p.m. Spotlight on Tellico Village
- 6 p.m. POA Board Update
- 7 p.m. Mr. Tellico
- 8 p.m. School Board Update
- 9 p.m. What's Happening

Online: www.tellicovillage.org/in-the-news/channel3/videos

Next Few Days Ahead

Saturday, April 14th

- 8 am- B Men Tennis (WC)
- 8:35 am- Deep Water (WC)
- 8:45 am- Fit & Tone (WC)
- 9:30 am- Bokoshe Bible Study (CRC)
- 10 am- A Men Tennis (WC)
- 10:30 am- Advance Line Dancing (WC)
- 12:30 pm- Badminton (CRC)

Monday, April 16th

Racquetball Courts Reopened

- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8:30 am- Racquetball (CRC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobic (WC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Tai Chi Practice (KAC)
- 9:45 am- Intermediate Yoga (WC)
- 11 am- B Ladies Tennis (CRC)
- 11 am- Table Tennis (KAC)
- 11 am- Water Arthritis (WC)
- 11:30 am- Yoga (WC)
- 1 pm- C Ladies Tennis (CRC)
- 1 pm- Advance (level 3) Line Dancing (WC)
- 1 pm- Carving Club (CRC)
- 1:15 pm- Badminton (CRC)
- 2:15 pm- Intermed/Level 2 Line Dancing (WC)
- 3 pm- Weight Equipment Orientation (WC)
- 3:30 pm- Stability Ball (WC)

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driver to help cover gas, etc.

For more information, check out the website www.tvhikers.com.

Submitted by Bob Kutschera

How Eating Frozen Yogurt April 18-19 Supports Troops

Enjoy a special treat and support our troops:

Hugs for Our Soldiers is a 501(c)(3) nonprofit organization whose mission is to support our troops serving overseas. We provide a touch of home to our troops by sending care packages, letters and cards. Many of our Village neighbors have been great supporters of HUGS. With your donations HUGS has been able to provide some of our troops with blankets, pillows, sheets and hygiene products. Your support has been wonderful.

Next week Menchie's Frozen Yogurt and Hugs for Our Soldiers will be holding a fundraiser at two of the Menchie's locations. If you visit Menchie's and mention Hugs for Our Soldiers, 20% of your purchase will be donated to HUGS. So visit Menchie's and enjoy some frozen yogurt with all the toppings you can imagine.

- Wednesday noon-8 p.m., April 18, Menchie's in Hamilton Crossing in Alcoa (near Chili's and Olive Garden)
- Thursday noon-8 p.m., April 19, at the Menchie's in Turkey Creek

Thank you for your continued support; it is greatly appreciated.

Submitted by Colleen Edson

Facebook and Social Networking for Seniors

Have you ever asked yourself "why do I need to be on Facebook?" or "what is it anyway?" Then come and find out the answers to these and any other questions you may have about Facebook, Twitter, LinkedIn, Skype and Google+. An informational meeting sponsored by the Tellico Village Library about Facebook and other popular social media sites will be held 7 p.m. Thursday, May 17, on the top level of the Yacht Club.

Suzanne Benn and Sandor Pardi from Information Technology at Maryville College will present. The meeting is open to the public and is free; however, space is limited so you are asked to sign up at the Tellico Village Library.

The Tellico Village Library has offered numerous computer courses for older adults. Social networking is the next step in using computers to keep up with grandchildren, other family members, and friends. As our social peer group becomes smaller and farther away, we have to cast for friends and contacts and Facebook makes a nice rod. We learn what our grandchildren are doing (including some things we would rather not know), and it makes conversation with them more interesting and easier.

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4:15 pm- Basketball (CRC)
5 pm- Co-ed Water Fitness (WC)
6 pm- Yoga (WC)
6 pm- Bridge (CRC)
7 pm- The Bead Goes On (CRC)

Tuesday, April 17th

8 am- Fit & Tone (WC)
8 am- A Men Tennis (WC)
8:30 am- Racquetball (CRC)
9:15 am- Fit & Tone (WC)
10 am- Water Fun & Movement (WC)
10 am- B Men Tennis (WC)
10 am- Table Tennis (CRC)
10:30 am- Tai Chi (WC)
11 am- Wallyball (CRC)
2 pm- Table Tennis (KAC)
2 pm- TV Townhouse ASSC (CRC)
4 pm- Beginning Racquetball (CRC)
4 pm- Pilates Yoga (KAC)
4 pm- Zumba (WC)
4 pm- Aqua Zumba (WC)
4:15 pm- Basketball (CRC)
6 pm- Badminton (CRC)
6 pm- Hand & Foot (CRC)

Wednesday, April 18th

8 am- Aerobic Fit & Tone (KAC)
8:30 am- Racquetball (CRC)
8:30 am- Aerobics (WC)
8:35 am- Water Aerobics (WC)
9 am- A Ladies Tennis (WC)
9 am- Bridge Practice & Play (CRC)
9:45 am- Water Exercise (WC)
9:45 am- Tai Chi (WC)
9:45 am- Tai Chi Practice (KAC)
10 am- Badminton (CRC)
11 am- B Ladies Tennis (WC)
11 am- Table Tennis (KAC)
11 am- Arthritis Water Class (WC)
11:30 am- Yoga (WC)
1 pm- Advance (level 3) Line Dancing (WC)
1 pm- Mah Jongg (KAC)
1 pm- Contract Bridge (CRC)
1:30 pm- POA Board Meeting (YC)



It's the 25th Anniversary of Tellico Village and the TVPOA is celebrating. Come celebrate this momentous occasion with the Recreation Department on the 25th of every month in 2012. All property owners are invited to use any of our facilities for FREE and every 25th member to check in at any of our three locations will receive a door prize.

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Facebook is also a great way to share pictures. The grandchildren especially post numerous pictures and you get to share in their information flow, sports endeavors, art projects, etc.

More than just a tool for information gathering, the internet, and Facebook in particular, can become an easy way to regain access to friends and family. Research into older adults is showing that internet usage results in a 30% decrease in depressive symptoms.

An article in the *Atlantic* reported that Pew Research Center found that 74-plus-year olds are the fastest growing group of social network users. Internet users ages 65 and older grew 100% between April 2009 and May 2010, jumping from 13 to 26%. Facebook, Twitter, and Skype all show the most growth by the older generation.

However, there are concerns about privacy, computer safety, games and misuse. Some of the dos and don'ts will be discussed on May 17. The negative aspects also will be addressed.

Tellico "Fun Day" at Kahite May 13

- Sunday, May 13th (Shotgun Start at 11 a.m.). Practice Range and Putting Green will open at 9 a.m. for participants. Professional Golf Staff providing assistance at practice areas at 9 a.m.
- \$20 per person with handicap and \$15 per person without handicap. The entry fee includes dinner and prizes. Entry fee is payable on the day of event. Green/cart fees are not included in \$20 sign-up charge. If you have any questions, call Len Willis, 423-519-9807.
- Prizes/Awards for:
 - Low Net Competition (Men and Women)
 - Multiple Flights for Men and Women Based on Handicaps
 - Closest to the Hole Contest on all Par 3/s (Men and Women)
 - Longest-Drive Contest (Men and Women)
 - Putting Contest (Men and Women)
 - Accuracy Drive Contest (Men and Women)
 - Best Dressed Awards

All Golfers with and without handicaps are WELCOME. Players without handicaps can sign-up for 9 or 18 holes. Sign-up as an individual, with foursome, with spouses, or any combination. You can play with any individual or any group you desire. Simply indicate your tee group(s) on the sign-up sheet. Singles/Couples not stating a tee group preference will be placed in a foursome. There is a limit of 144 participants. Sign-up at Kahite clubhouse or call the Kahite clubhouse, 423-884-6108 or 423-408-2639. All Tellico Village Property Owners and guests are invited.

2:15 pm- Intermed/Level 2 Line Dance (WC)
3:30 pm- TOPS (CRC)
4 pm- Pilates Yoga (WC)
4:15 pm- Basketball (CRC)
5 pm- Co-ed Water Fitness (WC)
6 pm- Yoga (WC)
6 pm- Adult Bible Study (CRC)
6:30 pm- Euchre (CRC)
7 pm- Bluegrass (CRC)

Thursday, April 19th

8 am- Fit & Tone (WC)
8 am- A Men Tennis (WC)
8 am- B Men Tennis (WC)
8:30 am- Pilates (KAC)
8:30 am- Racquetball (CRC)
9 am- ACC (POA)
9 am- Pickleball Board (CRC)
9:15 am- Fit & Tone (WC)
10 am- Water Fun & Movement (WC)
10 am- B Ladies Tennis (CRC)
10:30 am- 6 Simple Habits to Healthy Life (CRC)
10:30 am- Beginning Tai Chi (WC)
11 am- Wallyball (CRC)
11 am- Table Tennis (CRC)
12 pm- C Ladies Tennis (CRC)
12:30 am- Ladies Duplicate Bridge (CRC)
1 pm- Intro (level 1) Line Dance (WC)
1 pm- Open Play Mah Jongg (CRC)
1 pm- Garden Club (CRC)
2 pm- POA 101 (TA)
3 pm- Weight Watchers (CRC)
4 pm- Poolates (WC)
4 pm- Zumba (WC)
4 pm- Beginning Racquetball (CRC)
4:15 pm- Basketball (CRC)
6:15 pm- Badminton (CRC)
6:30 pm- Rummikub (CRC)

Friday, April 20th

8 am- Aerobic Fit & Tone (KAC)
8 am- Basketball (CRC)
8:30 am- Racquetball (CRC)
8:30 am- Aerobics (WC)

Triskidekaphobic or Friggatrisidekaphobic?

According to Wikipedia: **Triskaidekaphobia** (from [Greek](#) *tris* meaning "3", *kai* meaning "and", *deka* meaning "10" and *phobia* meaning "fear" or "morbid fear") is [fear](#) of the number **13**; it is a [superstition](#) and related to a specific fear of [Friday the 13th](#), called [paraskavedekatriaphobia](#) or [friggatrisidekaphobia](#).



As if Friday the 13th isn't bad enough (for the superstitious that is), there are three in 2012—13 weeks apart!