

## Tell-E-Gram Text Only Version, March 9, 2012

### POA Meetings and Events:

- Brush Pickup March 12-15: Toqua Hills, Toqua Greens, Toqua Shores, and Toqua Point neighborhoods. For more information, call Public Works, 865-458-4522.
- Architectural Control Committee, 9 a.m. Thursday, March 15, POA Office
- Finance Advisory Committee, 9 a.m. Friday, March 16, POA Office

### Help us celebrate 25 years of Tellico Village!

**Next Event: Sunday, March 25, 25% off brunch at the Yacht Club, 10 a.m.-2 p.m. Call 865-458-4363 for reservations.**

### Now Featured on Channel 3

- **What's Happening** airs 1 p.m. and 9 p.m. daily. The Yacht Club presents their first Chef's Demo and Wine Pairing dinner of 2012. Executive Chef Warren Rennick does French gourmet: Crab Vol au Vent, Duck a l'Orange, and Chocolate Bavarois Cake.

Don't live in the Loudon County portion of the Village or have Charter? All Channel 3 shows are available online.

Watch online: [www.tellicovillage.org/in-the-news/channel3/videos](http://www.tellicovillage.org/in-the-news/channel3/videos)

## Village Celebrates 25th Anniversary with Panache

It's the 25th Anniversary of Tellico Village, and the TVPOA is celebrating. Come celebrate this momentous occasion with the Recreation Department on the 25th of every month in 2012. All property owners are invited to use any of our facilities for FREE, and every 25th member to check in at any of our 3 locations will receive a door prize.

### March 25, 2012

Enjoy Sunday Brunch in the Yacht Club, 10 a.m.-2 p.m. and receive 25% off of your bill (excluding alcohol). Call the Yacht Club, 865-4584363, for reservations now—this event is sure to sell out!

### April 22-28, 2012

The Recreation Department will be kicking off an open house week full of fun festivities in celebration of the 25th anniversary of Tellico Village. Everyone is invited to utilize one of the recreation facilities for free, all week, April 22-28. Monday morning, April 23, will kick off the first of our feature days as we visit the Kahite Activity Center for demos, equipment orientations and much more. On Wednesday, April 25, join us at the Wellness Center for our re-grand opening of the exercise room featuring all new Precor Cardio, tons of demos and orientations, ribbon cutting at 11 a.m., topped off by food and music on the patio. More demos and club booths come your way on Friday, April 27, from the Chota Recreation Center.

### May 25, 2012

**Tiki Bar** featuring live band The Original Chessmen.

### June 25, 2012

- Morning coffee meet and greet at the Beach Pavilion
- Lunch reception at The Neighborhood
- Dinner with Chef Warren in the Yacht Club, wine and dinner tasting for \$25 per person, featuring casual, comfort foods

**July 25, 2012**

Business and Leadership Luncheon at the Yacht Club

**August 24 and 25, 2012**

Time Capsule Burial, 25th Anniversary Parade (Friday the 24th), Anniversary Gala at the Yacht Club (Saturday the 25th)

**September 2012**

Golf, Golf, Golf - 25th Anniversary specials and features throughout the month

**October 25, 2012**

All day events at the Yacht Club featuring 5K Walk/Run, "Colors" tours of the Village, Burgers and Dogs on the Lawn

## **Some Other Stuff You Need to Know...**

### **Time change this weekend**

Don't forget to set your clocks one hour forward before you go to bed on Saturday night!

### **STAYinTV EXPO to be held on April 13**

The STAYinTV EXPO on April 13 will feature services which allow Tellico Village residents to stay in their homes as they age or have special needs. Many of the organizations in the STAYinTV Resource Guide will have representatives at this event. The EXPO, which is from 9 a.m. to noon, will be at the Tellico Village Community Church. There is no charge. The public is invited to attend.

In addition, Covenant Health professionals will do health screenings for Lab/Blood Testing; Oxygen Saturation; Brake Pedal Reaction/Physical Therapy; Skin Check; Body Composition, Balance, and Posture; Heart rhythm/Atrial fibrillation, Carotid Artery Ultrasound; Diabetes Information, and Vision. There will be a small charge for some of these health services.

STAYinTV is an Aging in Place project, led by a committee of Tellico Village volunteers. Their goal is to identify services, activities, and support systems that enable residents to continue an active and dignified lifestyle in Tellico Village. The committee has researched Aging in Place programs nationwide. The future goals of STAYinTV are to coordinate and expand transportation and day care services in Tellico Village.

The STAYinTV Resource Guide will be updated this year. The Guide is available on line at [www.STAYinTV.org](http://www.STAYinTV.org). Printed copies may be picked up at the Tellico Village Public Library for \$5.

*Submitted by Linda Kaump*

### **MCFA opens thrift store in Madisonville**

The Monroe County Friends of Animals has recently opened a thrift store to benefit the Monroe County Animal Shelter. The store is located at 302 Ballplay Rd. If you are traveling south on 411, turn left at the light just before Wal-Mart. Go about a half mile and the store is on your right.

The store is open 10 a.m.-4 p.m. Tuesday through Saturday. The phone number is 423-420-3423. The store has many wonderful items including clothing, tools, sporting goods, pet supplies, housewares, and lamps. Come and browse the many items. You might just find a bargain!

The store is also accepting donations during regular business hours. All donations are tax deductible. The store is operated by volunteers and all proceeds go directly to helping the many

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homeless animals in Monroe County.

For more information about MCFA or the thrift store, visit us on the web at

[www.FriendsOfAnimalsMC.org](http://www.FriendsOfAnimalsMC.org).

*Submitted by Rachel Kohn*

## Free Golf Clinic March 10

Join the golf pro staff 11 a.m. Saturday, March 10, at Kahite. This week's clinic will be on bunker play: learn how to play both green-side bunker shots and fairway bunker shots.

## Wellness Center to Close Equipment Room March 22-April 2

New equipment for the Wellness Center will be arriving the last week of March. We are scheduled to be CLOSED Thursday, March 22, through Monday, April 2. This will allow staff plenty of time to get the old equipment out, carpets cleaned, new equipment installed, etc. The pool, fitness classrooms and locker rooms **will remain open** during this time. Kahite will also be an option for use of equipment if they choose. We will open early pending everything is completed. Call 865-458-7070 for more information.

## Channel 3 Schedule

- 6 a.m. Golf Update
  - 7 a.m. Rec Rap
  - 8 a.m. County Update
  - 9 a.m. Spotlight on Tellico Village
  - 10 a.m. POA Board Update
  - 11 a.m. Mr. Tellico
  - Noon School Board Update
  - 1 p.m. What's Happening
  - 2 p.m. Golf Update
  - 3 p.m. Rec Rap
  - 4 p.m. County Update
  - 5 p.m. Spotlight on Tellico Village
  - 6 p.m. POA Board Update
  - 7 p.m. Mr. Tellico
  - 8 p.m. School Board Update
  - 9 p.m. What's Happening
- Online: [www.tellicovillage.org/in-the-news/channel3/videos](http://www.tellicovillage.org/in-the-news/channel3/videos)

## Next Few Days Ahead

### Friday, March 9<sup>th</sup>

- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8:30 am- Racquetball (CRC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobics (WC)
- 9:45 am- Tai Chi Practice (KAC)
- 9:45 am- Fit & Tone (WC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Intermediate Yoga (WC)
- 11 am- Arthritis Water Class (WC)
- 11:30 am- Yoga (WC)
- 12 pm- Open Badminton (CRC)
- 1 pm- Bridge (CRC)
- 1 pm- Line Dance Practice (WC)
- 2 pm- Inspired Writing Class (CRC)
- 4 pm- Aqua Zumba (WC)
- 5 pm- Co-Ed Water Fitness (WC)

### Saturday, March 10<sup>th</sup>

- 8:30 am- Racquetball (CRC)
- 8:35 am- Deep Water (WC)
- 8:45 am- Fit & Tone (WC)
- 9:30 am- Bokoshe Bible Study (CRC)
- 9:30 am- Advance Line Dancing (CRC)
- 11 am- Wallyball (CRC)
- 12:30 pm- Badminton (CRC)

### Monday, March 12<sup>th</sup>

- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8:30 am- Racquetball (CRC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobic (WC)
- 9 am- AARP Safe Driving Class (CRC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Tai Chi (KAC)
- 9:45 am- Intermediate Yoga (WC)
- 11 am- Table Tennis (KAC)
- 11 am- Water Arthritis (WC)
- 11:30 am- Yoga (WC)
- 1 pm- Advance/Level 3 Line Dancing (WC)
- 1:15 pm- Badminton (CRC)
- 2:15 pm- Intermed/Level 2 Line Dancing (WC)
- 3 pm- Weight Equipment Orientation (WC)
- 3:30 pm- Stability Ball (WC)
- 4:15 pm- Basketball (CRC)
- 4:30 pm- Co-ed Water Interval (WC)
- 4:30 pm- Kickboxing (WC)
- 6 pm- Yoga (WC)
- 6 pm- Duplicate Bridge (CRC)
- 7 pm- Just for Fun Photography (CRC)

### Tuesday, March 13<sup>th</sup>

- 8 am- Fit & Tone (WC)
- 8:30 am- Racquetball (CRC)
- 9 am- AARP Safe Driving Class (CRC)
- 9:15 am- Fit & Tone (WC)
- 9:30 am- Concert Committee (CRC)
- 10 am- Water Fun & Movement (WC)
- 10 am- Table Tennis (CRC)
- 10:30 am- Tai Chi (WC)