



**POA Meetings and Events:**

- Public Works will be making our final leaf pick-up throughout the entire Village starting Feb. 6. For more information, call Public Works, 865-458-4522.
- Recreation Advisory Committee, 9 a.m. Thursday, Feb. 2, Wellness Center
- Communications and Marketing Advisory Committee, 9 a.m. Friday, Feb. 3, POA Office

## Recreation Department News, Activities for February

By **HOLLY BRANT**  
*Recreation Manager*

### 2012 Recreation User Fees

- 12-Month Family Paid in Full: \$500 by credit card/\$485 by check/cash
- 12-Month Individual Paid in Full: \$320 by credit card/\$310 by check/cash
- 6-Month Family: \$325 by credit card/\$315.25 by check/cash
- 6-Month Individual: \$208 by credit card/\$201.75 by check/cash

*Those who purchase a 12-month or 6-month paid in full user-fee package by cash/check receive a 3% savings.*

- Family Monthly: \$42.92
- Individual Monthly: \$27.47
  - **Daily User Fees**
    - Property Owner: \$8 Adult/\$5 Child

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### ACC Meeting Canceled

The Architectural Control Committee has canceled its meeting for Thursday, Feb. 2. The next ACC meeting will be 9 a.m. Thursday, Feb. 16. For more information, call ACC, 865-458-4522

### Yacht Club Offerings

- Join us for **Prime Rib Fridays** and **Free Bar Appetizers** on Saturdays.
- **Free Coffee at Sunday Brunch** when you bring your church bulletin.
- **Tiki Bar** is back in action on Friday evenings.
- **Super Bowl Party** Sunday, Feb. 5. Doors open at 5:30 p.m.; kickoff at 6:30 p.m., in the Downstairs Bar area. Appetizers, salads, sandwiches will be available—as well as a full bar!
- **Valentine's Dinner** 5-9 p.m. Tuesday, Feb. 14. For only \$30 per person (plus tax and gratuity), you will receive a three-course dinner and piano serenade.
- **Chef Demo and Wine Dinner** starts back up Monday, Feb. 20, \$45 per person (plus tax and gratuity), with cocktails at 5:30 p.m. and dinner at 6:30 p.m., featuring French Cuisine: three courses and three wine pairings—recipes and step-by-step instruction provided by Executive Chef Warren Rennick.

For reservations and information, call **865-458-4363**.

TELLICO VILLAGE POA **Tell-E-Gram**  
**Midweek January 31, 2012**

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- Guest of Property Owner: \$8 Adult/\$5 Child
- Recreation User Guests: \$6 Adult/\$3 Child
- **5-Visit Pass**
  - Property Owner: \$35 Adult/\$20 Child
  - Recreation User: \$25 Adult/\$10 Child
- **25-Visit Pass**
  - Property Owner: \$150 Adult/\$75 Child
  - Recreation User: \$100 Adult/\$25 Child

## Caring For and Using Hearing Aids

Join the Appalachian Audiology group 10 a.m. Thursday, Feb. 9, in the Rec Center when they discuss the ins and outs of caring for and using hearing aids. The seminar is free, but reservations are required by calling the Rec Center, 865-458-6779.

## Rec 101

Join one of our friendly staff members for this informative seminar where you can learn everything you need to know about the Recreation Department. What to do, where to go and who to ask as well as upcoming events! If you can't get it here, then we don't know it. The next Rec 101 will be held 10 a.m. Wednesday, Feb. 23, in the Wellness Center conference room.

## Fibromyalgia Seminar

Do you suffer from Fibromyalgia or have had a loved one been diagnosed? Join Dr. Jessica Briere, D.C., 10 a.m. Thursday, Feb. 16, in the Chota Rec Center to gain a better understanding of this health condition and to learn new, natural ways to improve your well being. The seminar is free and reservations may be made by calling the Rec Center, 865-458-6779.

## Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided in February on:

Tuesday 3:30 p.m., Feb. 7.

Monday 3:30 p.m., Feb. 13

Wednesday 3:30 p.m., Feb. 15

*Anyone wishing to make an appointment for an orientation at the Kabite Fitness Facility should contact the Wellness Center, 865-458-7070, and leave your name with the receptionist.*

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Contact the Wellness Center, 865-458-7070, to have your name added to the date you desire.

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## Next Few Days Ahead

### Wednesday, February 1<sup>st</sup>

- 8 am- Aerobic Fit & Tone (KAC)
- 8:30 am- Racquetball (CRC)
- 8:30 am- Aerobics (WC)
- 8:35 am- Water Aerobics (WC)
- 9 am- TLTA (CRC)
- 9:45 am- Water Exercise (WC)
- 9:45 am- Tai Chi (WC)
- 9:45 am- Tai Chi Practice (KAC)
- 10 am- Badminton (CRC)
- 11 am- Table Tennis (KAC)
- 11 am- Arthritis Water Class (WC)
- 11:30 am- Yoga (WC)
- 1 pm- Advance/Level 3 Line Dance (WC)
- 1 pm- Mah Jongg (KAC)
- 1 pm- Contract Bridge (CRC)
- 2:15 pm- Intermed/Level 2 Line Dance (WC)
- 3:30 pm- TOPS (CRC)
- 4 pm- Pilates Yoga (WC)
- 4:15 pm- Basketball (CRC)
- 5 pm-Co-ed Water Fitness (WC)
- 6 pm- Yoga (WC)
- 6:30 pm – Bible Study (CRC)
- 6:30 pm- Euchre (CRC)
- 7 pm- Bluegrass (CRC)

### Thursday, February 2<sup>nd</sup>

- 8 am- Fit & Tone (WC)
- 8:30 am- Pilates (KAC)
- 8:30 am- Racquetball (CRC)
- 9 am- Thyme for Herbs (CRC)
- 9 am- Recreation Adv Comm (WC)
- 9:15 am- Fit & Tone (WC)
- 10 am- Water Fun & Movement (WC)
- 10:15 am- Beginning Tai Chi (WC)
- 11 am- Wallyball (CRC)
- 1 pm- Intro (level 1) Line Dance (WC)
- 2 pm- Jin Shin Jyustu (WC)
- 3 pm- Weight Watchers (CRC)
- 4 pm- Zumba (WC)
- 4 pm- Beginning Racquetball (CRC)
- 4:15 pm- Basketball (CRC)
- 5 pm- New Villagers Social (YC)
- 6:15 pm- Badminton (CRC)

### Friday, February 3<sup>rd</sup>

- 8 am- Aerobic Fit & Tone (KAC)
- 8 am- Basketball (CRC)
- 8:30 am- Racquetball (CRC)
- 8:30 am- Aerobics (WC)

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## AARP Safe Driving

There will be an AARP Safe Driving course held on 9 a.m.-1 p.m. Monday and Tuesday, March 12 and 13, (participants must attend both class days) in the Chota Recreation Center. The fee is \$12 per person for members and \$14 per person for non-members. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you will receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center, 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

## “Get Ready for the Season” Swim Team Clinics

The Tellico Village Tarpons Swim Team will be hosting swim clinics 10 a.m.-12:30 p.m. Saturday, Feb. 18; and 1-3:30 p.m. Sunday, Feb. 19. The Wellness Center pool will be **CLOSED** during these times.

## Pellissippi Non-credit college classes

Are you interested in participating in a non-credit college class right here in Tellico Village for a minimal fee? Pellissippi State Community College might be offering classes in our community soon, but we need to know if you are interested! Below is a list of the potential class subjects. Contact Larissa at the Chota Recreation Center, 865-458-6779, to add your name to our interest list. Include contact information as well as which class would interest you. Length of each course will vary. Fees range from \$30 to \$100 depending on the course. For more information or to sign up, contact Larissa today!

Classes:

- Bookmaking- scrapbooks, photo albums and more
- TN Estate Planning- It's not just having a will!
- Introduction to Wealth Management
- How to Thrive Financially in Retirement
- Landscaping Made Fun and Easy
- Simple Home Repairs

8:35 am- Water Aerobics (WC)  
9 am- Communications Adv Comm (POA)  
9:45 am- Tai Chi Practice (KAC)  
9:45 am- Fit & Tone (WC)  
9:45 am- Water Exercise (WC)  
9:45 am- Intermediate Yoga (WC)  
11 am- Arthritis Water Class (WC)  
11:30 am- Yoga (WC)  
12 pm- Open Badminton (CRC)  
1 pm- Line Dance Practice (WC)  
1 pm- Bridge (CRC)  
4 pm- Aqua Zumba (WC)  
5 pm- Co – Ed Water Fitness (WC)

### Saturday, February 4th

8:30 am- Racquetball (CRC)  
8:35 am- Deep Water (WC)  
8:45 am- Fit & Tone (WC)  
9:30 am- Advance Line Dancing (CRC)  
11 am- Wallyball (CRC)  
12:30 pm- Badminton (CRC)

### Monday, February 6th

8 am- Aerobic Fit & Tone (KAC)  
8 am- Basketball (CRC)  
8:30 am- Racquetball (CRC)  
8:30 am- Aerobics (WC)  
8:35 am- Water Aerobic (WC)  
9 am- Village Quilters Sweatshop (CRC)  
9 am- HOA Board (CRC)  
9:45 am- Water Exercise (WC)  
9:45 am- Tai Chi (KAC)  
9:45 pm- Intermediate Yoga (WC)  
11 am- Table Tennis (KAC)  
11 am- Water Arthritis (WC)  
11:30 am- Yoga (WC)  
1 pm- Advance/Level 3 Line Dance (WC)  
1 pm- Carving Club (CRC)  
1 pm- Quilt Board Meeting (CRC)  
1:15 pm- Badminton (CRC)  
2 pm- Cruising Club (CRC)  
2:15 pm- Intermed/Level 2 Line Dance (WC)

## Brush Dumping Prohibited in Village

As a reminder to Villagers and landscapers, dumping brush in the Village is not allowed. If you see anyone dumping brush, Public Works asks that you get the license number of the vehicle and report it to Public Works as soon as possible by calling 865-458-4522.

## Waste Connections Expands Recycling Program

Waste Connections has announced that it will accept an expanded mix of recyclables to be collected at the curb in Tellico Village beginning Feb. 1.



### Recyclables Accepted in Bin

- Cardboard (flatten and place beside you Bin)
- Glass bottles and jars: clear, green, amber (rinse and discard lids)
- Junk mail, magazines, catalogs and phone books
- Metal cans: aluminum, steel
- Office and school paper
- Newspaper
- Plastics #1 through #7

### NOT Recyclable

- Batteries of any kind
- Bubble wrap
- Chemicals
- Diapers
- Food-soiled paper products (such as pizza boxes)
- Hardback books
- Household hazardous waste
- Kitchen waste
- Oil
- Paint
- Plastic Bags
- Plastic takeout containers and utensils
- Styrofoam
- Tires
- Trash
- Waxed cartons
- Yard Waste

3:30 pm- Stability Ball (WC)  
4:15 pm- Basketball (CRC)  
4:30 pm- Co-ed Water Interval (WC)  
4:30 pm- Kickboxing (WC)  
6 pm- Yoga (WC)  
6 pm- Duplicate Bridge (CRC)  
7 pm- The Bead Goes On (CRC)

#### Tuesday, February 7<sup>th</sup>

8 am- Fit & Tone (WC)  
8:30 am- Racquetball (CRC)  
9:15 am- Fit & Tone (WC)  
9:30 am – Concert Committee (CRC)  
10 am- Water Fun & Movement (WC)  
10 am- Table Tennis (CRC)  
10:30 am- Tai Chi (WC)  
11 am- Wallyball (CRC)  
2 pm- Table Tennis (KAC)  
3:30 pm- Weight Equip Orientation (WC)  
4 pm- Beginning Racquetball (CRC)  
4 pm- Pilates Yoga (KAC)  
4 pm- Zumba (WC)  
4 pm- Aqua Zumba (WC)  
4:15 pm- Basketball (CRC)  
6 pm- Badminton (CRC)  
6 pm- Hand & Foot (CRC)  
6:30 pm- Pinochle (CRC)

#### Wednesday, February 8<sup>th</sup>

8 am- Aerobic Fit & Tone (KAC)  
8:30 am- Racquetball (CRC)  
8:30 am- Aerobics (WC)  
8:35 am- Water Aerobics (WC)  
9:45 am- Water Exercise (WC)  
9:45 am- Tai Chi (WC)  
9:45 am- Tai Chi Practice (KAC)  
10 am- Badminton (CRC)  
11 am- Table Tennis (KAC)  
11 am- Arthritis Water Class (WC)  
11 am- Wallyball (CRC)  
11:30 am- Yoga (WC)  
1 pm- Advance/Level 3 Line Dance (WC)  
1 pm- Mah Jongg (KAC)  
1 pm- Contract Bridge (CRC)  
2:15 pm- Intermed/Level 2 Line Dance (WC)

## Medical Group Taking Survey of Residents

Summit Medical Group, a nationally recognized partnership of 220 East Tennessee physicians, is evaluating the need for a primary care physician practice to serve the residents of Tellico Village. Please help them gauge the level of interest among Village residents by completing a short survey <http://www.surveymonkey.com/s/QM9229N>. For more information about Summit Medical Group, please visit [www.summitmedical.com](http://www.summitmedical.com).