

**POA Meetings and Events:**

- Brush Pick Up April 4-8 : Kahite, Mialaquo, and Chatuga neighborhoods (brush must be in right of way by April 3)
- Architectural Control Workshop, 9 a.m. Thursday, March 31, POA Office
- POA Board Workshop, 10 a.m. Tuesday, April 5, POA Office

**Tellico Village Names Sykes to Toqua Superintendent Post**

By **JIM WEST**

*Director of Golf*

It is with great pleasure that I announce the appointment of our new Head Golf Course Superintendent for Toqua Golf Club, Christopher C. (Chris) Sykes.

Chris comes to Tellico Village with a proven track record of more than 14 years of highly successful golf course management experience. Most recently he was at Orange Lake Resort and Country Club in the greater Orlando area where he served as Senior Director of Golf Course and Grounds Maintenance. Prior to Orange Lake, Chris served for six years as the Head Golf Course Superintendent at Cherokee Country Club in Knoxville. During Chris' tenure, USGA Agronomist Chris Hartwiger ranked the bentgrass putting greens at Cherokee Country Club among the top 2% in the nation. Prior to Cherokee, Chris served as First Assistant Superintendent at The Honors Course in Ooltewah, TN, under noted superintendent David Stone.

Chris is a 1995 graduate of Virginia Polytechnic Institute and State University (Virginia Tech) where he obtained a Bachelor of Science Degree, Crop and Soil Environmental Science, Concentration: Turf Management.

Please join me in welcoming Chris to our golf operations team.

**Yacht Club offerings:**

- Join us Thursday, March 31, for Chef Warren's **Potluck Creations Buffet**—always fun and tasty. Only \$15.99 plus tax and gratuity.
- Saturday nights—free appetizers at the bar. Why wait?
- Save the dates: April 26-May 1—Yacht Club grand reopening. Lots of incentives, as well as new and exciting meals and activities. Be on the lookout for more information.

For reservations and information, call **865-458-4363**.

## Recreation Department News and Events for April

By **HOLLY BRYANT**

*Recreation Manager*

### Easter Hours of Operation

The Recreation Department facilities will be **CLOSED on Sunday, April 24** in observance of the Easter Holiday. The staff wishes everyone a safe and happy Easter!

### Easter Egg Hunt

The Easter Egg Hunt will be held Saturday, April 23, at the Wellness Center. The hunt will begin at 10 am sharp. The Easter Bunny will be here for photos, but please bring your own camera. Contact the Rec Department, 865-458-7070 or 458-6779, for more information. You do not have to sign up to attend the Easter Egg Hunt.

### Play and Practice Bridge

Play and Practice Bridge will begin on Wednesday, April 6 at 9 a.m. at the Chota Rec Center. This bridge class is instructed by Doug and Helen Nance and will be held each Wednesday at 9 a.m.

### Camp Tellico

Camp Tellico is coming! Camp will be held the following dates:

- June 20-24
- July 4-8
- July 25-29

Camp Tellico is 11 a.m.–3 p.m. Monday-Friday at the Chota Rec Center. The second week of Camp Tellico (July 4-8) is held in conjunction with the annual Golf Camp at Toqua. **Sign-ups will begin April 1. NO registrations will be taken by phone.** The cost of Camp Tellico is \$125 for property owner campers and \$155 for non-property owner campers. Watch the *Connection* for more details. For more information, contact Larissa at the Chota Recreation Center, 865-458-6779.

### Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Monday, April 4, at 3:30 p.m.
- Tuesday, April 12, at 3:30 p.m.
- Wednesday, April 27, at 3:30 p.m.
- Anyone wishing to make an appointment for an orientation at the Kahite Fitness Facility please contact the Wellness Center, 865-458-7070 and leave your name with the receptionist.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required.** Please contact the Wellness Center at 865-458-7070 to have your name added to the date you desire.

## Next Few Days Ahead

### Tuesday, March 29<sup>th</sup>

8 am- Fit & Tone (WC)  
8:30 am- Racquetball (CRC)  
9 am- Beg & Inter Water Color (CRC)  
9:15 am- Fit & Tone (WC)  
10 am- Water Fun & Movement (WC)  
10 am- Table Tennis (CRC)  
10:30 am- Tai Chi (WC)  
2 pm- Table Tennis (KAC)  
2 pm- Wallyball (CRC)  
4 pm- Beginning Racquetball (CRC)  
4 pm- Pilates Yoga (KAC)  
4 pm- Intermediate Yoga (WC)  
4 pm- Aqua Zumba (WC)  
4 pm- Latin Beat (WC)  
4:15 pm- Basketball (CRC)  
6 pm- Badminton (CRC)  
6:30 pm- Bible Study (CRC)

### Wednesday, March 30<sup>th</sup>

8:30 am- Aerobic Fit & Tone (KAC)  
8:30 am- Racquetball (CRC)  
8:30 am- Aerobics (WC)  
8:35 am- Water Aerobics (WC)  
9 am- TV Clowns (CRC)  
9:45 am- Water Exercise (WC)  
9:45 am- Tai Chi (WC)  
9:45 am- Tai Chi Practice (KAC)  
10 am- Badminton (CRC)  
11 am- Table Tennis (KAC)  
11 am- Arthritis Water Class (WC)  
11:30 am- Yoga (WC)  
1 pm- Inter Line Dancing (WC)  
1 pm- Mah Jongg (KAC)  
1 pm- Contract Bridge (CRC)  
2 pm- Wallyball (CRC)  
2:15 pm- Basic Line Dancing (WC)  
3:30 pm- TOPS (CRC)  
4 pm- Pilates Yoga (WC)  
4:15 pm- Basketball (CRC)  
5 pm-Co-ed Water Fitness (WC)

### Thursday, March 31<sup>st</sup>

8 am- Fit & Tone (WC)  
8:30 am- Pilates (KAC)  
8:30 am- Racquetball (CRC)  
9:15 am- Fit & Tone (WC)  
10 am- Water Fun & Movement (WC)  
10:15 am- Beginning Tai Chi (WC)  
11 am- Table Tennis (CRC)  
12 pm- UT Chronic Condition Class (CRC)  
1 pm- Beginning Line Dance (WC)  
3 pm- Weight Watchers (CRC)  
4 pm- Latin Beat (WC)

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## Swim Team News

Planning for the 2011 Tellico Village Swim Team season is already well underway. Membership is open to all school-age children who can swim unassisted, at least one length of the pool. A Team Registration meeting will be held 10 a.m.-noon on Saturday, April 9, at Chota Recreation Center. As in previous years, JAWS Swim Shop will be available to help fit and take orders for this year's team suit.

The final "Get Ready for the Season" clinic will be held on April 30 and May 1 at the Wellness Center Pool. The Saturday sessions are 10-11 a.m. for kids 10 and under, and 11 a.m.-noon for swimmers aged 11 and up. On Sunday, the 10 and under swim from 1-2 p.m. and the older kids are in the pool from 2-3 p.m.

For information about the Tarpons and its program, please contact team manager, Agnes Beauchamp, at [vtarpons@charter.net](mailto:vtarpons@charter.net) or visit the Tarpon Web site at [www.tellicovillagetarpons.com](http://www.tellicovillagetarpons.com).

## April Hikes

### Cumberland Mountain State Park

- Date: Friday, April 8
- Distance: 4.0 miles
- Rating: Easy
- Leader: Tom Dietrich, 865-657-9190

### Porter's Creek

- Date: Wednesday, April 27
- Distance: 7.4 miles
- Rating: Moderate
- Leader: Gary Glessner, 865-657-9677

All hikers need to meet 8 a.m. at the Visitors Center. Hiking boots and hiking stick(s) are recommended. Bring water and a trail lunch. Driving directions will be provided the morning of the hikes. Car-pooling is recommended and will be set up the morning of the hikes. Passengers are asked to contribute \$5 to help cover the cost of gas, etc. Check out the Web site at [www.tvhikers.com](http://www.tvhikers.com).

## Integrative and Holistic Medicine Seminar

Join Dr. Roger Gaddis on Wednesday, April 13 at noon in the Chota Recreation Center, for an informative discussion on Integrative and Holistic Medicine. Reservations are required by calling the Chota Rec Center, 865-458-6779.

## Spring Clean Your Body

Join Dr. Jessica Briere Sutton as she discusses how to get your body ready for summer! Easy and all-natural body detoxification methods will

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4 pm- Beginning Racquetball (CRC)  
 4 pm- Intermediate Yoga (WC)  
 4:15 pm- Basketball (CRC)  
 6:15 pm- Badminton (CRC)  
 7 pm- Memoir Class (CRC)

### Friday, April 1st

#### 8 am- Camp Tellico Registration (CRC)

8 am- Basketball (CRC)  
 8:30 am- Aerobic Fit & Tone (KAC)  
 8:30 am- Racquetball (CRC)  
 8:30 am- Aerobics (WC)  
 8:35 am- Water Aerobics (WC)  
 9 am- Art Guild (CRC)  
 9:45 am- Tai Chi practice (KAC)  
 9:45 am- Fit & Tone (WC)  
 9:45 am- Water Exercise (WC)  
 11 am- Badminton (CRC)  
 11 am- Arthritis Water Class (WC)  
 11:30 am- Yoga (WC)  
 1 pm- Bridge (CRC)  
 4 pm- Aqua Zumba (WC)  
 5 pm- Co-Ed Water Fitness (WC)

### Saturday, April 2nd

8:15 am- Fit & Tone (WC)  
 8:30 am- Racquetball (CRC)  
 8:35 am- Deep Water (WC)  
 9:30 am- Aerobics (WC)  
 10 am- Advanced Line Dance (CRC)  
 10:30 am- Wallyball (CRC)  
 12:30 pm- Badminton (CRC)

### Monday, April 4th

8 am- Basketball (CRC)  
 8:30 am- Aerobic Fit & Tone (KAC)  
 8:30 am- Racquetball (CRC)  
 8:30 am- Aerobics (WC)  
 8:35 am- Water Aerobic (WC)  
 9 am- HOA Board (CRC)  
 9 am- Village Quilters Sweatshop (CRC)  
 9:45 am- Water Exercise (WC)  
 9:45 am- Tai Chi (KAC)  
 9:45 am- Stability Ball (WC)  
 11 am- Table Tennis (KAC)  
 11 am- Water Arthritis (WC)  
 11:30 am- Yoga (WC)  
 1 pm- Inter Line Dancing (WC)  
 1 pm- Carving Club (CRC)  
 1:15 pm- Badminton (CRC)  
 2:15 pm- Basic Line Dancing (WC)  
 3:30 pm- Weight Equip Orientation (WC)  
 4:15 pm- Basketball (CRC)  
 4:30 pm- Co-ed Water Interval (WC)  
 4:30 pm- Kickboxing (WC)  
 6 pm- Duplicate Bridge (CRC)  
 7 pm- The Bead Goes On (CRC)

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be exposed in this presentation. The seminar will be held at the Chota Rec Center 10:30 a.m. Thursday, April 21. Reservations are required by calling the Chota Rec Center, 865-458-6779.

### **Amedisys Hospice Seminar**

Join the Amedisys Hospice of Sweetwater when they discuss legal actions to support your loved one and empowering yourself by knowing your options. The seminar will be held in the Chota Rec Center 11 a.m. Monday, April 25. Call the Chota Rec Center, 865-458-6779, to reserve your spot today!

### **Blood Pressure Clinic**

Teresa with NHC will be checking blood pressure 9-11 a.m. Thursday, April 28, in the Chota Rec Center. Stop by to have your blood pressure checked today!

## **Some Other Stuff You Need to Know...**

### **Computer Users Club Meeting April 5**

The Tellico Village Computer Users Club will meet 7 p.m. Tuesday, April 5, in the Yacht Club. The program is "Fiber Optics," the history and implementation for the Internet and other data transmission. For more information, go to [www.tvcuc.org](http://www.tvcuc.org).

*Submitted by Dean Miller*

### **HABIT Part of Dog's Life**



Meet Wilbur, a very happy canine member of Rover Run Dog Park in Tellico Village who also participates in the HABIT (Human Animal Bonds in Tennessee) Program through the University of Tennessee College of Veterinary Medicine. After extensive testing, Wilbur now regularly visits residents at Summit View Nursing Home allowing the people to pet him, offer him treats, take his picture so they can display his

picture on their dresser, and play with him. Through HABIT, he can also visit hospitals, retirement centers, and schools.

Studies have found that using the dogs in a school setting and allowing the children to read to the dog, the children's reading capabilities have increased dramatically because the bond between the animal and child. Wilbur enjoys his Monday visitation day and like a time clock when his owner, Peggy Lethen readies his "uniform," he stands alert for her to dress and get him ready for his car ride to his happy place. What joy he offers his new found friends at Summit View Nursing Facility! For more information on HABIT, go to their website [www.vet.utk.edu/habit](http://www.vet.utk.edu/habit).

*Submitted by Suzy Holcomb*

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#### **Tuesday, April 5th**

8 am- Fit & Tone (WC)  
8:30 am- Racquetball (CRC)  
9:15 am- Fit & Tone (WC)  
9:30 am- Community Concert Comm (CRC)  
10 am- POA Board Workshop (POA)  
10 am- Water Fun & Movement (WC)  
10 am- Beg/Intermediate Watercolor (CRC)  
10 am- Table Tennis (CRC)  
10:30 am- Tai Chi (WC)  
1 pm- Open Play Mah Jongg (CRC)  
2 pm- Table Tennis (KAC)  
4 pm- Wallyball (CRC)  
4 pm- Aqua Zumba (WC)  
4 pm- Beginning Racquetball (CRC)  
4 pm- Zumba (WC)  
4 pm- Pilates Yoga (KAC)  
4 pm- Intermediate Yoga (WC)  
4:15 pm- Basketball (CRC)  
6 pm- Badminton (CRC)  
6:30 pm- Hand & Foot (CRC)  
6:30 pm- Bible Study (CRC)  
6:30 pm- Pinochle (CRC)

#### **Wednesday, April 6th**

8:30 am- Aerobic Fit & Tone (KAC)  
8:30 am- Racquetball (CRC)  
8:30 am- Aerobics (WC)  
8:35 am- Water Aerobics (WC)  
9 am- Bridge Practice & Play (CRC)  
9 am- TLTA Board (CRC)  
9:45 am- Water Exercise (WC)  
9:45 am- Tai Chi (WC)  
9:45 am- Tai Chi Practice (KAC)  
10 am- Badminton (CRC)  
11 am- Pickleball Board (CRC)  
11 am- Table Tennis (KAC)  
11 am- Arthritis Water Class (WC)  
11:30 am- Yoga (WC)  
1 pm- Inter Line Dancing (WC)  
1 pm- Mah Jongg (KAC)  
1 pm- Contract Bridge (CRC)  
2 pm- Wallyball (CRC)  
2:15 pm- Basic Line Dancing (WC)  
3:30 pm- TOPS (CRC)  
4 pm- Pilates Yoga (WC)  
4:15 pm- Basketball (CRC)  
5 pm- Co-ed Water Fitness (WC)  
6:30 pm- Euchre (CRC)  
7 pm- Bluegrass Jam (CRC)

#### **Thursday, April 7th**

8 am- Fit & Tone (WC)  
8:30 am- Pilates (KAC)  
8:30 am- Racquetball (CRC)  
9 am- ACC (POA)  
9 am- Thyme for Herbs (CRC)  
9:15 am- Fit & Tone (WC)  
10 am- Water Fun & Movement (WC)