

## Tell-E-Gram Text Only Version, July 6, 2010

### POA Meetings and Events:

- Brush Pick Up July 12-16: Toqua Hills, Toqua Greens, Toqua Shores, and Toqua Point neighborhoods (Brush must be in right of way by July 11)
- Golf Advisory Committee Meeting Cancelled (was July 8)
- Communications & Marketing Advisory Committee Meeting, 9 a.m. Friday, July 9, POA Office (irregular date)

## Update to Lively Board Workshop

Today's Board workshop was attended by more than 70 people. The Board heard a lot of feedback and input on the DRAFT By-Law Amendment titled "REGARDING MEMBERSHIP ASSET PROTECTION DUE TO MEMBER CONDUCT DETRIMENTAL TO THE POA." The Board is considering all written and verbal input received.

"Given the discussion and input at the workshop today, it is apparent that while there is support for the intent of the By-Law, further exploration is appropriate," said Board President Joe Marlette.

## Recreation Department News, Events for July

By HOLLY BRYANT  
*Recreation Manager*

### Weight Equipment Orientations

Orientations, by appointment only, on the proper use of the cardiovascular and weight equipment will be provided:

- 3 p.m. Wednesday, July 7, Wellness Center- *Deadline to sign up is July 6*
- 10 a.m. Friday, July 9, Kahite – *Deadline to sign up is July 8*
- 3 p.m. Tuesday, July 20, Wellness Center- *Deadline to sign up is July 19*

Approval from your doctor is recommended prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Contact the Wellness Center, 865-458-7070, or the Kahite Activity Center, 423-884-6353, to have your name added to the date you desire.

### Swimming Lessons

Swim Lessons will be held for a two-week session July 12-23. Aaron Duckworth will be instructing these lessons at the Chota Rec Center. Class size will be limited and times TBD. Class fees are: \$35 for Annual Rec Members; \$55 for property owners; and \$70 for guests. Contact the Chota Recreation Center, 865-458-6779, for more information or to sign-up now.

### HIKES

#### Meigs Creek Hike

- Date: Wednesday, July 14, 2010
- Distance: Approximately 6.0 miles
- Rating: Easy to Moderate
- Directions will be available at the Cooper Visitor Center
- Leader: Ed Dorosz, 865-408-7171

#### Mt. LeConte Hike

- Date: Friday, July 30, 2010
- Distance: Approximately 11.0 miles
- Rating: Difficult
- Leader: Peggy Bastien, 865-458-9135

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All hikers need to meet 8 a.m. at the Visitors Center. Hiking boots and hiking stick(s) are recommended. Bring water and a trail lunch. Driving directions will be provided the morning of the hikes. Carpooling is recommended and will be set up the morning of the hikes. Passengers are asked to contribute \$5 to help cover the cost of gas, etc. Check out the Web site at [www.tvhikers.com](http://www.tvhikers.com).

### **Camp Tellico**

Camp Tellico will be held 11 a.m.-3 p.m. July 5-9. For more information, contact the Chota Recreation Center, 865-458-6779. **CAUTION:** This will be a busy week, so please plan your visits to the Rec Center accordingly.

### **Pontoon Picnics**

Pontoon Picnics will be held on 5-7 p.m. Wednesdays, July 7 and 21, on Pontoon Picnic Island (just below Jackson Bend Island at mile marker 11.5). Items to bring are drinks, picnic ware (plates, utensils, etc), lawn chairs, and a dish to share. In case of inclement weather, Pontoon Picnic will be held at the beach/pavilion, provided it has not been reserved. Boaters and non-boaters are welcome! All boats that can handle 3 feet of water and are equipped with adequate fenders and lines are invited. For more information, contact Rich and Bev Sikorski, 865-458-4135, or Gene and Connee Miller, 865-408-9330.

***Coming In August...***

### **Medic Blood Drive**

The Medic Blood Drive will be held 10 a.m.-6 p.m. Tuesday, Aug. 3, at the Chota Recreation Center. A valid ID is required to donate. Donors should be healthy, ages 17 and older, and eat a full meal four hours before giving blood. Each donor will receive a free cholesterol evaluation. There is no fasting necessary. One blood donation a year exempts you and your IRS dependants from paying blood supplier processing fees at any U.S. hospital. There are no appointments necessary.

## **Some Other Stuff You Need to Know...**

### **Boys & Girls Club Golf Tournament July 11**

The deadline to register for the Boys & Girls Club 2nd Annual Golf Tournament is Thursday, July 8, 2010.

All proceeds from our golf tournament will go to support our six club locations in Monroe County. The Boys & Girls Club is a non-profit organization that relies heavily on donations and the support of the community to continue its mission of bringing hope and opportunity to the children of our county. Fundraisers and grants account for the largest portion of our budget.

Please show your support by registering your team today.

- Sunday, July 11, 2010 at Rarity Pointe Golf Course, Lenoir City
- Two shot-gun starts to choose from - 8:30 a.m. or 2:30 p.m.
- Four-person teams - Select shot format
- \$65 per person INCLUDES green fee, cart fee, a full lunch, loaded goody bags and breakfast treats for the early birds.
- Also includes numerous chances to win CASH prizes AND - a chance to win a brand new Club Car golf cart (first golfer to make a hole-in-one on #13).

Register on-line at <http://www.golfdigestplanner.com/15748-BoysGirlsCluboftheMonroeArea>

You may also register by calling the administrative office at 423-442-6770. That is also the number to call if you would like any additional information.

The Boys & Girls Club serves more than 2,000 children throughout Monroe County every year through its extensive summer, after-school and outreach programs. It is the ONLY organization of its type in the entire county. It has an after-school program for children 5-18, as well as a summer program that is open 12 hours a day, five days a week, and takes in children REGARDLESS OF THEIR ABILITY TO PAY! No child has ever been turned away!

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Without the Boys & Girls Club, hundreds of children would be left without supervision after school and during the long weeks of summer.

*Submitted by Cathy Weist*

### **HOA Hosts Meet the Candidates July 8**

The HomeOwners Association will present "Meet the Candidates" of the Loudon County general election 7 p.m. Thursday, July 8, in the Yacht Club.

### **Next Few Days Ahead**

#### Wednesday, July 7<sup>th</sup>

7:45 am - Aerobic Fit & Tone (KAC)  
8 am - Swim Team Practice (CRC)  
8:30 am - Racquetball (CRC)  
8:35 am - Water Aerobics (WC)  
9 am - Water Exercise (KAC)  
9 am - TLTA (CRC)  
9:45 am - Water Exercise (WC)  
9:45 am - Tai Chi (WC)  
9:45 am - Tai Chi Practice (KAC)  
10 am - Badminton (CRC)  
10:30 am - Table Tennis (KAC)  
**11 am - CAMP TELLICO (CRC)**  
11 am - Arthritis Water Class (WC)  
11:30 am - Yoga (WC)  
1 pm - Mah Jongg (KAC)  
1 pm - Inter Line Dancing (WC )  
2:15 pm - Basic Line Dancing (WC)  
3 pm - Weight Equip Orientation (WC)  
3:30 pm - TOPS (CRC)  
4 pm - Pilates Yoga (WC)  
4:15 pm - Basketball (CRC)  
4:30 pm - Co-ed Water Fitness (WC)  
6 pm - Pickleball Orientation (CRC)  
6:30 pm - Bible Study (CRC)  
7:30 pm - Blue Grass Jam (CRC)

#### Thursday, July 8<sup>th</sup>

8 am - Fit & Tone (WC)  
8:30 am - Pilates (KAC)  
8:30 am - Racquetball (CRC)  
8:30 am - Friends of the Library (CRC)  
9 am - Quilters (CRC)  
9:15 am - Fit & Tone (WC)  
10 am - Beginning Racquetball (CRC)  
10 am - Water Fun & Movement (WC)  
10:30 am - Beginning Tai Chi (WC)  
10:30 am - Wallyball (CRC)  
**11 am - CAMP TELLICO (CRC)**  
11 am - Table Tennis (CRC)  
1 pm - Beginning Line Dance (WC)  
3 pm - Digital Photography (CRC)  
3 pm - Weight Watchers (CRC)  
4 pm - Intermediate Yoga (WC)  
4:15 pm - Basketball (CRC)

6:15 pm - Badminton (CRC)  
6:30 pm - Swim Team Practice (WC)

#### Friday, July 9<sup>th</sup>

7:45 am - Aerobic Fit & Tone (KAC)  
8 am - Swim Team Practice (CRC)  
8 am - Basketball (CRC)  
8:30 am - Racquetball (CRC)  
8:30 am - Aerobics (WC)  
8:35 am - Water Aerobics (WC)  
9 am - Communications Adv Comm (POA)  
9 am - Water Exercise (KAC)  
9 am - Art Guild (CRC)  
9:30 am - Mah Jongg (CRC)  
9:45 am - Fit & Tone (WC)  
9:45 am - Water Exercise (WC)  
9:45 am - Tai Chi (KAC)  
10 am - Weight Equip Orientation (KAC)  
11 am - Badminton (CRC)  
11 am - Arthritis Water Class (WC)  
**11 am - CAMP TELLICO (CRC)**  
11:30 am - Yoga (WC)  
1 pm - Bridge (CRC)  
2:15 pm - Latin Buzz (WC)  
3 pm - Table Tennis (CRC)

#### Saturday July 10<sup>th</sup>

8:30 am - Racquetball (CRC)  
8:35 am - Deep Water (WC)  
9 am - Saturday Coffee (KAC)  
9:30 am - Bokoshe Bible Study (CRC)  
9:30 am - Aerobics (WC)  
10 am - Advanced Line Dancing (CRC)  
10:30 am - Wallyball (CRC)  
12 pm - Table Tennis (KAC)  
12:30 pm - Badminton (CRC)  
3:00 pm - Table Tennis (CRC)

#### Monday, July 12<sup>th</sup>

7:45am - Aerobic Fit & Tone (KAC)  
8 am - Swim Team Practice (CRC)  
8 am - Basketball (CRC)  
8:30 am - Racquetball (CRC)  
8:30 am - Aerobics (WC)  
8:35 am - Water Aerobic (WC)  
9 am - Water Exercise (KAC)  
9 am - HOA Board Meeting (CRC)  
9:45 am - Water Exercise (WC)  
9:45 am - Tai Chi Practice (KAC)