

POA Meetings and Events (red denotes irregularity of time, day, and/or location):

- **POA Offices closed Jan. 2—reopen 8 a.m. Tuesday, Jan. 3**
- **POA Board Workshop, 10 a.m. Wednesday, Jan. 4, POA Conference Room**
- **Architectural Control Committee, 9 a.m. Thursday, Jan. 5, POA Conference Room**
- **Recreation Advisory Committee, 9 a.m. Thursday, Jan. 5, Wellness Center**

Tellico Village Property Owners Association			
Board Workshop Agenda			
10 a.m. Wednesday, January 4, 2017			
POA Conference Room			
<u>Topic</u>	<u>Purpose/ Outcome</u>	<u>Presenter(s)</u>	<u>Timeframe</u>
TVPOA Vision, Mission, Values and Guiding Principles	Review	Alan Hart	10-10:15 a.m.
Guiding Principles	Review	Bruce Johnson	10:15-10:45 a.m.
Term Limits	Discuss	Michael Colacone	10:45-11:15 a.m.
Other			

Recreation News for January

By Jessica Antrim, Recreation Co-Manager

It's time to put 2016 behind us and march into 2017 with our heads held high. There is no time to fret over how many peanut butter balls you ate or how many cookies needed "taste testing" while you were doing holiday prep. When the decorations come down, so do all the worries of holiday indulgences past. It's time to start new.

2017 Memberships went on sale in December. 2017 will bring about no rate increases for our members. Feel free to check with one of our friendly front desk staff for any other info you might need to get your 2017 moving.

Commit to be fit 21-day challenge

Join new Recreation Director, Simon Bradbury, in January for a total wellness reset. This class will be free to members and only \$30 for non-members. In this three-week course, you will receive group fitness instruction from a qualified trainer, nutritional guidance, and even a free chair massage. Did I forget to mention the best part? Each class includes lunch. So come on down to the Wellness Center to eat a little, learn a little, and laugh a little and leave with the tools to reset your wellness in 2017. The classes will be held on Tuesdays, beginning Jan. 10, from 11:45 a.m. to 12:45 p.m. in the fitness classroom. Call the Wellness Center for more info or to sign up.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided at 2 p.m. on the following days:

- Jan. 4
- Jan. 11

- Jan. 19
- Jan. 24

REC 101

Please join a member of the Recreation Department on Thursday, Jan. 26, at 12:30 p.m. for REC 101. This session is for anyone who is interested in learning the ins and outs of the Recreation Department. For more information, please contact the Wellness Center at 865-458-7070.

Super Circuit Clinic Continues

Join Lori Rooney beginning Jan. 10 as her hot new class continues on Tuesday and Thursday nights 6-7 p.m. Super Circuit will increase your strength and endurance through the use of weights, bands, kettle bells, stability balls, BOSU, medicine balls, TRX and your own body weight. Guess what?! The only thing you have to bring to class in yourself!!

New Intro to Line Dancing

A new Intro to Line Dancing with Toni Grovier will begin Jan. 10 at the Wellness Center. Classes will meet on Tuesdays and Thursdays, 1-2 p.m. There is an additional \$3 fee for this class, which is paid directly to the instructor. Please call the Wellness Center at 865-458-7070 to sign up today.

Mat-based Pilates Clinic

Join Genese Kerns for this no impact fitness class. This sequence of mat exercise will engage your core, back; legs and arms while providing guidance on how to modify the movements to ensure you are working effectively and safely. Total body stretches will conclude each class. This clinic will meet every Tuesday at 10:30 a.m. beginning Jan. 3. Comfortable workout attire and a mat is all you need.

New Kahite Fusion with Simon

Join new Recreation Director, Simon Bradbury, as he takes you on a wellness adventure that fuses functional training, yoga and Pilates to improve core strength, endurance, and balance. This class will also teach specialized breathing techniques that can help you improve how you sleep, work and play. Simon is ACE certified with over 15 years experience and is excited to share his passion for Yoga, Pilates and Function Training with you. This new class takes place in the Kahite Annex on Fridays at 10:30 a.m. beginning Jan. 13.

New Beginning Tai Chi Class

The Taoist Tai Chi Society will be offering a beginning Tai Chi (Taijiquan) class at the Tellico Village Wellness Center starting Thursday, Jan. 12. Taoist Tai Chi is a slow movement “internal” form of the ancient Chinese martial art. It is widely known for its health benefits, for increased flexibility and strength, for improved balance, and for taming the “busy mind.” It can be practiced by people of all ages and physical conditions. For more information, contact Gail Eades at 865-559-6785.

Swim Lessons

Is one of you New Year's Resolutions to improve your health?

Would you like to feel more comfortable in the water?

Would you like to swim for exercise or rehab or make exercise fun and easy on your joints?

Would you like to make sure your child will be safe in the water this summer or get them ready for swim team?

My name is Kim Wiebe, and I am a Red Cross Certified Swim Instructor. I have been a competitive swimmer since age 9, Varsity Collegiate Swim Team for Miami University of Ohio, and Olympic Trial Qualifier with 25 years of teaching experience. I teach beginning

swimmers of any age, water safety, adult swimming efficiency for exercise and rehab, personal water workouts for strength and conditioning, as well as strokes, turns, starts, and diving for competitive swimmers and I would love you teach you. Contact the Wellness Center at 865-458-7070 for contact information.

Pavilion Reservations

Are you interested in booking either the Tugaloo Beach or Kahite Pavilion? Contact Larissa Lownsdale at the Chota Rec Center, 865-458-6779, to book your event today. Beginning in January 2017, please contact Linnea with AWE Food Services at 865-458-4363 to book the Toqua Pavilion.

January Seminars

Please contact the Chota Rec Center to sign up for seminars OR for more detailed information. **Please note: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.*

Chota Rec Center

- **Jan. 18, 11 a.m.**

Optimal thyroid: Increased metabolism & energy: 10 ways to boost your thyroid function naturally. Join Dr. Kendra Styron with Complete Chiropractic & Wellness Center for this informational seminar.

- **Jan. 19, 10 a.m.**

Active Aging: Join Kimberley Thomas, a Licensed Esthetician, to learn about keeping your facial skin healthy and what treatments are available for all skin types including health challenged skin.

- **Jan. 27, 11:30 a.m.**

Do you have difficulty hearing people on the telephone? If so, you're not alone. There are over 48 million Americans with hearing loss. Did you know you can receive an amplified phone with captioning at no cost? ClearCaptions is a federally funded program designed to assist those with hearing loss. Join me, Jeff, at the Chota Recreation Center on Friday, Jan. 27, at 11:30 a.m. for snacks and learn how you may qualify for the phone and service at your home.

2017 Reciprocal Courtesy Cards for Yachting Clubs of America Are Here

Property owners can purchase Reciprocal Courtesy Cards for the Yachting Clubs of America in the POA office for \$20. The card will allow you to frequent the more than 800 yachting clubs which, like TVYCC, are members of the association. There are YCA affiliated yacht clubs throughout the USA and its territories. For more information about YCOA, go to www.ycaol.com; the website that tells about the Association and all the yacht clubs that are members. Stop by the POA office to learn where member clubs are. For other questions about the program, call Mitzi Lane, 865-458-5408, extension 4100.

Vote for the 2017 Bliss Award

Below is information on how and where you can vote for Tellico Village as the best place to live. As part of the process, you will be asked to enter your email address to verify property ownership status. You need not to worry about privacy issues. According to Margie Casey at www.RealEstateScorecard.com, "These email addresses are not being added to our marketing database and will not be shared with any third party."

VOTING RULES:

- Submissions will only be accepted from property owners of record.
- Property owners are to submit their vote online at www.RealEstateScorecard.com. To quickly vote, click the orange medallion 'Vote Now' on the left side of the upper image. The voting medallion will not show up on mobile devices and tablets.

- Only one vote per property address will count.
- Property owners can choose to vote anonymously.
- Submission deadline is Jan. 10, 2017.

The comment section is the most important part of the Bliss Award ballot.

So let's get out there and vote! Voting takes less than a minute. It's a great way to make a positive contribution to the marketing/communications program for Tellico Village. All you need to do is just "Tell'em it's better at Tellico Village."

Yacht Club Restrooms Undergo Renovation

As part of the TVPOA's Repair, Replace, Renovate program, the restrooms at the Yacht Club are currently being refurbished. During the course of the three-week project, there will always be at least one set of restrooms open and available for patrons. Thank you for your patience.

Golf Logo Contest

The Golf Advisory Committee is looking for logos for Tanasi Golf Course and the Toqua Golf Course. Anyone can enter. The winners (one for Tanasi and one for Toqua) will receive dinner for four at the Yacht Club.

Entries need to be submitted by Jan. 16 to Jan Smith, JanSmith717@gmail.com.

Yacht Club and Tanasi Bar & Grill

- NEW! Tanasi Bar & Grill is now **delivering dinner 4:30-7:30 p.m. every day.** Call for details: 865-458-9392.
- Holiday schedule:
 - The **Yacht Club** will be open Friday, Dec. 30.
 - **Tanasi Bar & Grill** will have a special **New Year's Day Brunch Buffet 9 a.m.-3 p.m.** There will be a live omelet and carving station. The spread will include breakfast favorites and traditional New Year's meals. Tanasi Bar & Grill will **close after the brunch.**
- Tanasi menu: www.tellicovillagepoa.org/images/tellico/pdfs/ta-menu.pdf
- Yacht Club menu: www.tellicovillageyachtclub.com

Tanasi Bar and Grill: 865-458-9392

Toqua Café: 865-458-1330

Yacht Club: 865-458-4363

Meet Jordi, the Pet of the Week

Poor Jordi, will he have a forever home for the New Year?

Jordi arrived at the shelter in early November. Since then Thanksgiving has gone by and Christmas is now past. Will this handsome 3-year-old boy who is part border collie and part terrier see the New Year come and go and still not have a forever home? That would be a shame. This sweet but shy guy gets along well with cats and dogs. This medium sized boy is mostly white with brown ears and a touch of brown on his head. His foster parents report he walks on a leash and goes to his kennel on command! Someone with patience will find that their love will be returned once he warms up to his new home he will be a welcome New Year's addition to a loving and caring family. Jordi is currently living at a foster home. So, if you think this sweet boy is meant for you, call the Monroe County Animal Shelter at 423-422-1015 to arrange a meet and greet.

We continue to need volunteer and fosters, so if you are interested, please contact us.

Good news! Lacey the Dane/terrier pet of the week from last week found a forever home. We hope she

and her new humans enjoy the holidays.

All animals adopted from Monroe County Animal Shelter are spayed or neutered, have age appropriate vaccinations and testing, and are microchipped (with registration). Shelter Needs: Paper Towels, Laundry detergent, lots of scoopable/clumping cat litter, copy paper, bleach, Q-tips, cotton balls, and Original blue Dawn-all cleaning & office supplies are always needed!

The Monroe County Animal Shelter is located at 170 Kefauver Lane in Madisonville (behind Wal-Mart) and is open Tuesday-Friday from 10-5 and Saturdays from 10-2. The shelter is closed to the public on Sunday and Monday. Call 423-442-1015 and check out all available pets on our web site at www.friendsofanimalsmc.org TN Monroe County Animal Shelter is the official Facebook page for the Monroe County Animal Shelter. Adoption Gift Certificates available all year.

Leaf and Christmas tree pickup update

Leaf pickup update:

- The Toqua crew is on Oostanali Circle picking up today. They'll continue throughout the Toqua neighborhood
- The other crew is in the Tommotley neighborhood on the west side of Highway 444 moving north to continue to pick up leaves

Christmas tree pickup

- Public works will pick up Christmas trees placed at the curbside. Please call 458-4522 to notify PW that you have a tree for pickup...preferably WITHOUT ornaments and lights.
- For any questions about leaf or brush pickup, please call Public Works at 458-4522

Tennessee Leash Law

Did you know Tennessee has a state leash law? Dog owners must keep their dogs on a leash when not otherwise confined. The law is for the safety of your dog and for your neighbors. Even friendly dogs can pose a health hazard to some of our more frail residents or may frighten others. Responsible pet owners make for good neighbors!

Tennessee ID Services in Village 10 a.m.-2 p.m. Thursday, Jan. 12

The State of Tennessee offers a unique opportunity for Veterans called the "Highways for Heroes Program." Through this program, Tennesseans are able to take advantage of various identification services right in the comfort of their own community. On Thursday, Jan. 12, 10 a.m.-2 p.m., the Tennessee mobile unit will be set up in the parking lot at the corner of Chota Road and Highway 444, immediately in front of the Lakeside Real Estate offices. The mobile unit travels the state to issue Veteran designated driver licenses and Commercial Driver Licenses (CDL) to eligible Veterans and Service Members.

Special thanks to Lakeside Real Estate Group for providing parking, restrooms, coffee, and the Loudon County Clerk's office (located there Thursdays) providing license plates.

Even though the program is designed to bring these services to Veterans, **ALL** Villagers are invited to participate.

Some Other Stuff You Need to Know...

NO TV Computer Users Club General Meeting Jan. 3

Due to the date of the General Meeting being so close to the holidays, the Board has elected to **cancel** the Jan. 3 meeting. The next scheduled meeting will be Feb. 7. Enjoy the holidays with your family and friends and be safe.

The Board of Directors will meet, as usual, the second Tuesday of each month in Room D at the Rec Center. Visitors are welcome.

Visit our website at www.TVCUC.org.

GriefShare programs starts Jan. 5

The 13-week program of 2017 GriefShare program starts out Jan. 5 and runs 10:30 a.m.-12:30 p.m. every Thursday until March 30. The program's sponsor is Christ Our Savior Lutheran Church (Hwy. 72 and Wade Road). You're not alone! This is a non-denominational program for men and women who have lost a loved one to death. Our trained facilitators attend the Tellico Village Community Church as well as Christ Our Savior Lutheran Church. If you have any questions or just wish to speak with us, please call 865-657-3300 for Maryanne or Joseph T. Whitlaw.

Garden Club meets Jan. 5

The next meeting of the Garden Club will be 12:30 p.m. Thursday, Jan. 5, on the top floor of the Yacht Club. Membership is \$10/year per household. Guests are welcome! January's topic is "Tree Pruning and Maintenance." Improper pruning is the quickest way to damage your trees. Learn proper pruning techniques for healthy productive trees. Ben Hazel, an I.S.A. Certified Arborist, is owner of Pree's Tree Specialist Inc., and has worked in the tree care industry for 15 years. Presentation will include, identifying which limbs to remove, how to cut correctly, and proper timing for best results. Contact Betty Thompson, 248-912-4827 for more information.

Woodworkers Club meets Jan. 5

The Tellico Village Woodworkers Club will hold its next monthly meeting on Thursday, Jan. 5, on the top floor of the Yacht Club at 7 p.m. There will be no formal speakers at the meeting, instead members will share their learning experiences from making their toys for this past year's Toys for Tots program. The public is invited to attend. For more information, go to www.tvwoodworkers.com.

Cruising Club meets Jan. 11

The Tellico Cruising Club will hold its monthly meeting on Wednesday, Jan. 11, at the Tellico Village Yacht Club. The social hour begins at 5 p.m. with the meeting starting promptly at 6 p.m. All Tellico Lake boaters are welcome. Any questions should be directed to Commander Bob Mazzola 865-657-9306.

New Beginning Tai Chi class begins Jan. 12

The Taoist Tai Chi Society will offer a beginning Tai Chi class 10:30 a.m.-noon beginning Thursday, Jan. 12, in the Wellness Center. (You do not need to be a member of the Wellness Center to attend these classes.) This three-month session will teach you the 108-movement exercise set. For more information, contact Gail Eades, 865-599-6785.

Library Corner

Jan. 6, 10 a.m.-noon: The Library is proud to host Nationally renowned author and "Old Master Needle Artist," Joan McIntee, at a demonstration and book signing of the authentic Colonial needle art: TENERIFFE EMBROIDERY. Ms. McIntee has taught Teneriffe Embroidery for 35 years and copyrighted two full-color instruction booklets on the art, and has taught seven different needle arts. She is honored in *Who's Who of Community Leaders in America*, and active in Dolly Parton's Imagination Library.

Know before you go—holiday schedule

POA Administrative Offices:

- Closed Monday, Jan. 2

Welcome Center:

- Closed Saturday-Monday, Dec. 31-Jan. 2

Dining

Kahite Pub

- Will close 3 p.m. Saturday, Dec. 31

- Closed Sunday, Jan. 1

Tanasi Bar & Grill

- Closed Saturday, Dec. 31
- Open Sunday, Jan. 1, open 9 a.m.-3 p.m.

Toqua Café

- Open Saturday, Dec. 31, 7:30 a.m.-2 p.m.
- Closed Sunday, Jan. 1

Yacht Club

- Closed Friday-Thursday, Dec. 23-29

Golf

All courses

- Closed Sunday, Jan. 1

Recreation

Chota Recreation Center

- Saturday, Dec. 31, closing at 5 p.m.
- Closed Sunday, Jan. 1

Wellness Center

- Saturday, Dec. 31, closing at 5 p.m.
- Closed Sunday, Jan. 1

Driving in the Rain

Just a reminder, the State of Tennessee requires drivers to have their car headlights on during rain, fog, and other times when visibility can be a factor. Let's keep our roads safe!

Happy New Year from United Way

Thanks to the generosity of the residents of Tellico Village as well as of Loudon County, this will hopefully be a brighter new year for many residents of the county who, because of income, health conditions and other issues need help dealing with day-to-day life problems. The 34 partner agencies will be able to better support these individuals and families because of the relative success of the 2016 campaign.

The residents of TV have donated \$87,943 toward the goal of \$90,000. This represents 97.7% of that goal and above the amount donated last year. This was achieved through the donations of 463 residents/families residing in the Village. Hard as we have tried to reverse the trend of the number of donors participating, it has fallen again by about 8%. The Steering Committee will begin working on reversing this trend at its first meeting of the year which will take place on Jan. 5, 2017, at 3 p.m. at the Wellness Center Conference Room. This is an open meeting so anyone interested in learning how the campaign operates or interested in offering suggestions are invited to attend.

All of the TC Steering Committee members would like to take this opportunity to thank you and wish you a Blessedly Bountiful New Year. Members include Andy Ewing, Susan Higginson, Ginny Ranck, Jim Gahrs, Steve Geoffrey, Ken Wood, Larry Campbell, Dick Kolasheski, Bill Macklem, Bob Muggie, Tom Bostic, and Dave John.

Remember, it is not too late to still donate. You can do so by mailing a check to Bob Mugge, Treasurer, at 118 Oostanali Way, Loudon, TN 37774. If you do it by Saturday, you can get a 2016 tax deduction. If you wait until after New Year's Day you will be getting your first deduction of 2017.

Again, thanks for the great support.