

## Tell-E-Gram Text Only Version, May 27, 2016

### **POA Meetings and Events (red denotes irregularity of time, day, and/or location):**

- POA offices closed Monday, May 30, in observance of Memorial Day
- Architectural Control Committee, 9 a.m. Thursday, June 2, POA Conference Room
- Recreation Advisory Committee, 9 a.m. Thursday, June 2, Wellness Center
- POA 101, 2 p.m. Thursday, June 2, Kahite Activity Center (call 865-458-7061)

## **Recreation News and Activities for June**

By Holly Bryant, Recreation Manager

### **Outdoor Pool Water Class**

The Aqua Power Class will meet on Tuesday and Thursday mornings at 10:15 a.m. June, July, and August at the Chota outdoor pool beginning June 2. This outdoor pool class will be taught by Mikki Barr and is for all fitness levels. This class focuses on a full-body workout and is designed to strengthen and tone muscle while increasing cardio respiratory endurance. You will benefit from a cardiovascular workout and have the ability to regulate pace. Bring your own water weights and noodles for added benefit.

### **Tennessee Orthopedic Clinic**

TOC offers a FREE onsite injury assessment and home exercise instruction every Wednesday 10 a.m.-noon at the Wellness Center. Please come by and see how TOC can partner with you for increased health and wellness.

### **Weight Equipment Orientations**

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- June 1 at 2 p.m.
- June 7 at 2 p.m.
- June 22 at 2 p.m.
- June 29 at 2 p.m.

Please call the Wellness Center at 865-458-7070 to reserve your spot today.

### **Rec 101**

Rec 101 will meet 12:30-2:30 p.m. Thursday, June 30, for those interested in learning the ins and outs of the Recreation Department. Please contact the Wellness Center at 865-458-7070 to sign up to learn more about what your Recreation Department can offer you!

### **Tennis Lesson/Clinic**

Interested in learning about tennis? Wanting to jump in on a clinic or get a lesson in the game? Contact Greg Carter at 614-449-9944 or [gctennispro@yahoo.com](mailto:gctennispro@yahoo.com) for more information.

### **Swim Lessons**

If you are interested in either adult or child swim lessons, please contact Kim Wiebe at 865-661-7365 for more information or to sign up.

### **Pavilion Reservations**

Are you interested in booking the Kahite, Tugaloo Beach or Toqua Golf Pavilion for an outing? Contact Larissa Lownsdale at the Chota Rec Center, 865-458-6779, to book your event today.

### **Tellico Village Swim Team News**

Evening practice will begin at the Wellness Center on May 17, 6-8:30 p.m. All evening

practices will be 6-8:30 p.m. each Tuesday and Thursday through July 28 at the Wellness Center. Morning practice will be on June 1 at 8-10:30 a.m. at the Chota Rec Center. All morning practices will be held each Monday, Wednesday, and Friday 8-10:30 a.m. at the Chota Rec Center through July 29. The pool will be **closed** for open swim and classes during practice times. In addition to practices, the Wellness Center pool will be **CLOSED** for swim meets, beginning at 4 p.m., on June 9, June 30, and July 7. For more information about the swim team, you can email the team manager at [tvtarpons@charter.net](mailto:tvtarpons@charter.net).

*The lap lane in the big pool will be closed each Monday from 1-5 p.m., Tuesdays from 1-6 p.m., and Thursdays from 3-6 p.m. for swim lessons. The other 5 lanes will be open for open/lap swim.*

### **Arthritis Seminar**

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she discusses eight simple ways to improve your mobility and reduce arthritis pain on June 7 at 11 a.m. at Chota Rec.

### **Installing Tile Seminar**

The Tile Shop Team will be here to present: Everything you want to know about installing tile for "DIY" projects. They will present information on the different types of natural stone as well as porcelain and ceramic tiles. A hands on tile installation will also be demonstrated. Free refreshments will be provided on June 8 at 10 a.m. at Chota Rec.

### **Medic Blood Drive**

The Medic Blood Drive will be held at the Chota Recreation Center on June 9, 11 a.m.-4 p.m. A valid ID is required to donate. Donors should be healthy, ages 17 and older, and eat a full meal four hours before giving blood. Each donor will receive a free cholesterol evaluation. There is no fasting necessary. One blood donation a year exempts you and your IRS dependents from paying blood supplier processing fees at any U.S. hospital. There are no appointments necessary.

### **AARP Safe Driving**

There will be an AARP Safe Driving course held on Monday and Tuesday, June 13 and June 14, from 9 a.m.-1 p.m. (participants must attend both class days) at the Chota Recreation Center. The fee is \$15 per person for members and \$20 per person for non-members. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you may receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center at 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

*\*NOTE: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.*

## **Yacht Club and Tanasi Bar & Grill**

### **Yacht Club:**

- Tiki Bar tonight features DJ Lou providing entertainment 7-10 p.m.
- **July 3 Luau Celebration** tickets on sale now at the Yacht Club for \$15. Join us for a Luau, pig roast, fireworks, music—all sorts of good stuff.

### **Tanasi Bar & Grill:**

- Music Monday, May 30, the Southern Star Band will be entertaining the crowd 6:30-8:30 p.m.

- Tanasi Bar and Grill will be closed for dinner on Friday, May 27. We apologize for any inconvenience.

**Farmers Market** open 9 a.m.-noon Wednesday, June 1, in the Yacht Club's parking lot.

**Tanasi Bar and Grill: 865-458-9392**

**Toqua Café: 865-458-1330**

**Yacht Club: 865-458-4363**

## **Volunteer Opportunities, Fundraisers, and Charitable Events**

### **Tennessee Smokies Senior Day June 14**

The East Tennessee Council on Aging and Disability is again partnering with the Tennessee Smokies to hold the second annual "Seniors Family & Friends Day" outing for baseball fans across the region. This is a Family & Friends fun event from which a portion of the discount ticket sale proceeds will benefit senior services in East Tennessee counties—including STAYinTV.

The game: **Tuesday, June 14, noon, Smokies Stadium**

Ticket options are **ALL at Less Cost** than tickets purchased at the gate:

- Individual Tickets: \$10
- Tickets, Meal Voucher OR Cap: \$15
- Tickets, Meal Voucher AND Cap: \$20

Discounted Tickets may be purchased in one of the following ways:

- By Phone: 1-877-334-4500
- Online: [www.covenanthealth.com/smokies](http://www.covenanthealth.com/smokies)

Seniors do **NOT** have to be present for other Family or Friends to purchase these Discount tickets. Tickets may be purchased to honor a senior, in memory of a senior, or simply to help with senior services in your county.

## **Memorial Day Weekend Events**

### **Memorial Day meaning and US Flag Code**

Memorial Day, which is observed on the last Monday of May, commemorates the men and women who died while in the military service. In observance of Memorial Day, fly the United States flag at half staff from sunrise until NOON, and then raise it to full height from noon to sundown.

#### **United States Flag Code Section 7.M**

The flag, when flown at half-staff, should be first hoisted to the peak for an instant and then slowly lowered to the half-staff position. The flag should be again raised to the peak before it is lowered for the day. On Memorial Day the flag should be displayed at half-staff until noon only, then raised to the top of the staff.

### **Welcome to Lenoir City's Rockin' the Docks May 28**

Rockin' the Docks is an all day festival that takes place each year on Fort Loudoun Lake. Each summer, thousands of people gather at Lenoir City park to enjoy live bands, food, fireworks, rock climbing wall and much more.

By 1 p.m., food vendors will be providing a wide variety of your favorites so there is no need to

bring any food. They will also provide plenty of beverages to drink. The children's play area will also be back for the kids to enjoy.

This year we have some of our best performers ever:

- 5 p.m.—Grits
- 6:30 p.m.—RMS
- 8 p.m.—The Wild Things
- 9:30 p.m.—Memorial Day Tribute and fireworks

We do ask that you leave pets at home and as always, alcoholic beverages are prohibited. We hope to see you there!

<http://rockinthedocks.com/>

### **Memorial Day Events:**

- **Alcoa:** Alcoa's Memorial Day program is at 1 p.m. at Cedar Lawn Cemetery, behind Springbrook Corporate Center.
- **Oak Ridge:** The Oak Ridge Community Band will perform in Bissell Park, behind the Oak Ridge Civic Center, at 8 p.m. The 65 band members and 12 singers will perform selections to honor veterans.
- **Madisonville:** Monroe County Memorial Day Service will be held at the Monroe County Courthouse at 11 a.m.

### **Holiday trash schedule**

With Memorial Day, May 30, Santek will change their schedule:

- If your regular day is Monday, your pick up day is Tuesday;
- If Tuesday is your regular day, your pick up day is Wednesday
- If Wednesday is your regular day, Thursday will be your pick up day.
- If your regular day is Friday, it will remain on Friday.

For questions or more information, call Santek at 844-500-1161.

### **If your boat gets disabled on the lake, you don't have to swim home**

Late in the afternoon of May 19, a Rarity Bay homeowner heard a loud bang and looked out on the lake to see a runabout with three young people in it stopped in mid channel. Shortly afterwards, he saw two jump overboard and begin swimming trying to tow the boat. Realizing the situation could quickly turn bad, the homeowner called 911. T-BART Duty Captain Doug Douglas was alerted by Loudon 911. He then launched the T-BART boat at the Yacht Club and proceeded to mile marker 15 where the disabled boat was found. Two worn-out swimmers without life jackets were still trying to tow it. The boats outdrive had broken and they were swimming it to Baker Creek TVA ramp, (some 3 miles away). The T-BART Captain advised them to get back in their boat, put on life jackets and towed them to their dock. Had the homeowner not heard and called 911, this could have become a tragedy.

On Tellico Lake, if your boat becomes disabled or runs out of fuel, call 911. During daylight hours T-BART will come and tow you without charge. Don't leave the boat and don't try to swim for help. Always carry a cell phone or vhf radio with you, and tell friends and relatives they can do the same.

## Some Other Stuff You Need to Know...

### Try dragon boating May 28-June 23

Thanks to Karen Davis and Jeff Gagley we are able to offer an opportunity for Villagers to try dragon boating between May 28 and June 23. Come out to try it. Our first paddle will be 9 a.m. Saturday, May 28, at the Kahite dock. Paddles are scheduled for Monday, Thursday, and Saturday mornings at 9 a.m.; and Wednesday evenings at 6 p.m.

Bring a water bottle and wear comfortable clothes and shoes that can get wet. Paddles and PFD's are provided. You are welcome to use your own PFD.

For more information, contact Alice and Mike Micchelli at [amtravelers@gmail.com](mailto:amtravelers@gmail.com).

### Upcoming events at the Library

- June 1, 2:30-3:30 p.m. - Health Talk - Dr. Kendra Styron from Complete Chiropractic & Wellness Center discusses proper mechanics for becoming and staying active, so you can get out there and "Play Without Injury."
- June 3, 10 a.m.–noon - Meet and greet Marilyn Mascaro, a retired teacher of college-level writing and literature. Her novel, *Surviving History* traces the life of a young boy, Bartlett "B.Y." Harris and his experiences leaving Virginia in 1835, settling in Bean Station during the stagecoach era, and living through the region's tumultuous Civil War experience.

### Garden Club luncheon June 2

The Garden Club will wind up the 2015-2016 club year with a Potluck Luncheon at the Chota Recreation Center noon Thursday, June 2.

Please bring either a salad, hot entree or dessert to share. The Neighborhood Garden Captains will be our special guests, and Lyn Bales from Ijams Nature Center will be on hand to educate and entertain us.

Garden Club will resume meeting again on Sept. 8 at the Yacht Club.

Contact Kay Wilson, 865-458-1599, for further information.

### Woodworkers Club meets June 2

The TV Woodworkers Club will hold their June monthly meeting on June 2 at the Yacht Club on the top floor. The meeting will start at 7 p.m. and the program will be the "Spring Challenge." This year's challenge will be to make something out of a 8-foot 2X4 piece of lumber. Awards will be given in four categories. The meeting is open to the public so come and experience the creative works of our members. For more information, go to [tvwoodworkers.com](http://tvwoodworkers.com).

### TLTA ice cream social June 5

The Tellico Lake Tennis Association will hold an ice cream social 2-5 p.m. Sunday, June 5, at Chota Rec; sign up at Chota Recreation Center. There will be skills, drills, and open play—all with an end goal. Prizes will be awarded based on a new twist. Go to [www.tlta.usta.com](http://www.tlta.usta.com) for more information.

### Computer Users Club picnic June 7

The Tellico Village Computer Users Club Picnic is 5 p.m. Tuesday, June 7, at Tugaloo Family Beach and Pavilion. Bring your own drinks and a dish to pass. Please sign up on the club's website, [www.tvcuc.org](http://www.tvcuc.org), or call John Kish at 865-408-0191 by Tuesday, May 31.

### Upcoming Medic Blood Drives

Medic will be holding a few blood drives in Tellico Village:

- June 9, 11 a.m.-4 p.m., Chota Recreation Center
- Aug. 9, 10 a.m.-5 p.m. Tuesday, the Community Church at Tellico Village's Christian Life Center

- Nov. 29, 10 a.m.-5 p.m. Tuesday, the Community Church at Tellico Village's Christian Life Center

For more information, go to [medicblood.org](http://medicblood.org).

## **Recent Events and Bragging Rights**

### **Gathering of Ford Club officials**

A recent speech at a Ford Club meeting by Jim Allen, Ford Club sponsor and president of Lenoir City Ford, prompted a get together of Ford Club officers and founders. From left: Ron Clayton, president; Dick Caldwell, highway cleanup coordinator; Rich Opiteck, treasurer; Peg Opiteck, Sunshine Chairman; Jim Allen; and Jerry Halkey and Bob Bierman, club founders in 1997.

*Submitted by Bob Bierman*

### **TV Lions "Golf-for-Sight" outing a great success**

By the two most important measures, the 2016 "Golf-for-Sight" Outing was a huge success. The first measure is number of player participants. According to the play-organizer Howard Higby "there were more teams this year than we have had in any past outing." The second measure, funds raised also exceeded past outings. According to Larry Elder, responsible for soliciting sponsors "we had 55 local businesses and organizations contribute well over \$10,000 in donations and another 45 businesses contributed over \$3,000 in prizes that were awarded. This will go a long way to supporting the various club service projects."

Although it was somewhat chilly at the start of the event, 52 degrees, by noon it had warmed up to a very pleasant balmy spring day of 75 degrees.

Staging an event that is successful requires a lot of effort by many individuals. In this case it includes the club members who devoted their time to assisting in soliciting both players and sponsors and setting up the course. Thanks also goes to the management and staff of the Toqua Golf Course for their effort in organizing the physical aspects of the outing; items such as creating name cards for the carts and staging the carts, insuring that the course was ready and a myriad of other tasks too numerous to list. Their dedicated support made a significant contribution to its overall success.

There were three winning teams in the outing. The winning men's team, sponsored by the Provision Center for Proton Therapy also a corporate sponsor, included Ben Robinson, Nick DeLaura, Les Fout and Kevin Kirby. The winning ladies team consisted of Jackie Trombley, Elyse Papke, Linda Maillet and Lucie Farrar. The winning mixed team included Linda Romero-Mezza, Bob Mezza, Susan Heinzman and Dennis Heinzman.

In addition to team winners, prizes were also awarded for the following individual competitions:

- Closest to the pin: Men – Ken Moore; Ladies – Teresa Reed
- Longest Drive: Men – Kevin Kirby (Regular Tees); John Fuchs (Senior Tees)
- Longest Drive: Ladies – Linda Maillet (Regular Tees); Linda Romero-Mezza (Senior Tees)
- Most Accurate: Men – Daniel Curtis; Ladies – Carolyn Acker

There was also a car to be won for a hole-in-one but unfortunately, there was no winner to take home the Ford donated by Lenoir City Ford.

In addition to photos of the winning teams, the last photos shows the sign boards identifying the 55 sponsors of the event.

To all who worked to make this event the TV Lions say "THANK YOU."

*Submitted by Dick Kolasbeksi*

### **New Villagers attend UT baseball game**

Great time had by all on May 10 for Party on the Porch at the UT baseball game. Tripps Dawson of TLC put together a fun event for 18 of us. Travelled to the UT campus in the TLC luxury coaches and enjoyed a great evening on the private outfield porch at the UT campus baseball stadium. Besides a great view of the game, we grilled, enjoyed adult beverages and had a surprise visit from the famous UT mascot, Smokey. Thanks Trips for hosting a fun event.

*Submitted by Mike Gower*