

Tell-E-Gram Text Only Version, March 29, 2016

POA Meetings and Events (red denotes irregularity of time, day, and/or location):

- **Rec 101, 12:30 p.m. Thursday, March 31, Wellness Center**
- **Communications & Marketing Advisory Committee, 9 a.m. Friday, April 1, POA Conference Room**
- **POA Board Workshop, 10 a.m. Tuesday, April 5, POA Conference Room**
- **POA 101, 2 p.m. Wednesday, April 6, Yacht Club, RSVP to Patty Robichaud, 865-458-7061**

[Photo caption]: Much fun was had by all at the annual Easter Egg Hunt at the Wellness Center this past Saturday. About 80 kids and their adults took part in the festivities. Pictured is Zoe-Mae Antrim with the Easter Bunny.

[Photo caption]: Wondering what the weather is like at Tellico Village? Just take a look for yourself via the new weather cam at the Tanasi Golf Course. Go to <http://wate.com/web-cameras/> and click on Tellico Village. Have a beautiful day at Tellico Village.

Recreation News for April

By Holly Bryant, Recreation Manager

Happy Spring! Summer is right around the corner, which means Camp Tellico will be here soon! Sign-ups begin April 1 at 8 a.m. at the Chota Rec Center. Registration for Camp Tellico must be done in person. Camp dates are June 20-24; July 11-15; and July 25-29. The second week of Camp Tellico (July 11-15) is held in conjunction with the annual Golf Camp at Toqua.

With spring also comes pool season! Both outdoor pools at Chota and Kahite are scheduled to open May 1! We are ready for blue skies and lots of sun and hope you are too!

NEW TO THE WELLNESS CENTER!!

Tennessee Orthopaedic Clinics is pleased to announce our new partnership with the residents of Tellico Village. Beginning April 6, we will begin to offer onsite injury assessment and home exercise instruction at the Tellico Village Wellness Center. This service will be available every Wednesday 10 a.m.-noon. Please come by and meet our athletic trainer to discuss how TOC can partner with you for increased health and wellness.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- April 12 at 2 p.m.
- April 21 at 2 p.m.

Rec 101

Rec 101 will meet on Thursday, April 28, 12:30 p.m.-2:30 p.m. for those interested in learning the ins and outs of the Recreation Department. For more information, please contact Jessica Antrim at 865-458-7070.

“Get Ready for the Season” Swim Team Clinics

The Tellico Village Tarpons Swim Team will be hosting swim clinics on

- Saturday, April 2, 10 a.m.-1:00 p.m.
- Sunday, April 3, 1-3:30 p.m.
- Saturday, April 30, 10 a.m.-1:00 p.m.
- Sunday, May 1, 1-3:30 p.m.

The Wellness Center pool will be **CLOSED** to all other activities during these times.

Tennis Lesson/Clinic

Interested in learning about tennis? Wanting to jump in on a clinic or get a lesson in the game? Contact Greg Carter at 614-449-9944 or gctennispro@yahoo.com for more information.

Jin Shin Jyustu®

A six-week clinic, with Mary Ruth Kelly, began on Tuesday, March 29. The class is held each Tuesday at 1-2 p.m. at the Wellness Center and will end on May 3. For more information about Jin Shin Jyustu®, please contact Mary Ruth Kelly at 865-458-2910.

Swim Lessons

If you are interested in either Adult or Child swim lessons, please contact Kim Wiebe at 865-661-7365 for more information or to sign up.

Pavilion Reservations

Are you interested in booking the Kahite, Tugaloo Beach or Toqua Golf Pavilion for an outing? Contact Larissa Lownsdale at the Chota Rec Center, 865-458-6779, to book your event today.

All activities mentioned below, are held at the Chota Recreation Center and/or Kahite Activity Center and require sign ups. Please call the Chota Rec Center at 865-458-6779 to find out more information or to sign up.

Vitamins and Supplements Seminar

Join Dr. Jessica Briere, from Complete Chiropractic and Wellness Center, on April 5 at 11 a.m. to find out what the best supplements to take and what vitamins are important to stay healthy.

Dragon Boating

Come see what everyone is talking about and try out Dragon Boating on April 9 at 8:30 a.m. at the Tugaloo Beach Pavilion. All equipment is provided; however, you will need to wear comfortable clothing and shoes that may get wet.

Hearing Seminar

Dr. Jan Dungan of Appalachian Audiology will present “How to Buy a Hearing Aid without Getting Snookered” on April 14 at 10 a.m. Following the seminar Dr. Dungan will be conducting comprehensive hearing checks that will look at the outer, middle and inner ear and will take about 15 minutes. Reservation times for the hearing check are required. Call Chota Rec at 865-458-6779 to sign up.

Clear Caption Lunch and Learn

Join Jack Bales, with Clear Caption, on April 18 at 11:30 a.m. when he discusses how a federal program allows every American citizen with hearing loss a landline telephone and Internet access to receive a FREE captioned phone and FREE service to help them remain connected loved ones. The lunch and learn is FREE, but sign ups are required by calling Chota at 865-458-6779.

Genicular Nerve Seminar

Join Dr. Samuel Yoakum, Tennessee Orthopedic Clinic, on April 21 at noon for treating knee pain.

**NOTE: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.*

Personal and Home Safety: A Message from American Legion Tellico Lake Post 256

Situational awareness is of the utmost importance. As we get older we sometimes forget to look around and observe our surroundings and who is near or looking at an easy mark. Unfortunately, that usually is an older person.

If you are walking to or from your vehicle, in a mall or other shopping area, especially at night, look around. If you feel you are being targeted: walk faster, try to get into a group, get someone's attention. Pressing the alarm button on your vehicle's key will always bring attention and usually cause the bad guy to flee. When held properly the point of a key can be used as a weapon for self defense.

Yacht Club and Tanasi Bar and Grill

Today is “Tini” Tuesday in the Yacht Club bar beginning at 4 p.m. Come see what’s new! Join us for **Fish Fry Fridays** at Tanasi Bar & Grill: Hand Beer Battered Cod with two sides, \$10.95. **Music Mondays at Tanasi Bar & Grill are back!**

- Join us 6-8 p.m. for Music Monday. Bring your lawn chairs and enjoy! The Bedford Boys will perform Monday, April 4.

Tiki Bar Fridays at the Yacht Club begins in April:

- You’ve been waiting all winter for the Tiki Bar—and now its back! Entertainment is provided 7-10 p.m. Fridays. Plan to join us April 1 and enjoy Mike Snodgrass & Band.

Tanasi Bar and Grill: 865-458-9392

Toqua Café: 865-458-1330

Yacht Club: 865-458-4363

2016 Reciprocal Courtesy Cards for Yachting Clubs of America Are Here

Property owners can purchase Reciprocal Courtesy Cards for the Yachting Clubs of America in the POA office for \$20. The card will allow you to frequent the more than 800 yachting clubs which, like TVYCC, are members of the association. There are YCA affiliated yacht clubs throughout the USA and its territories. For more information about YCOA, go to www.ycaol.com; the website that tells about the Association and all the yacht clubs that are members. Stop by the POA office to learn where member clubs are. For other questions about the program, call Mitzi Lane, 865-458-5408, extension 4100.

Frequently Asked Question: Where to Recycle and Dispose of Paint, Chemicals

As a reminder batteries, oil, antifreeze, florescent bulbs and electronics are collected year around at:

- Loudon Convenience and Recycling Center, 300 Rock Quarry Road, 865-458-8536, 7 a.m.-6 p.m. Monday-Saturday.
- Lenoir City Convenience and Recycling Center, 500 Halls Ferry Road, 865-988-7558, 7 a.m.-6 p.m. Monday-Saturday.
- Greenback Convenience and Recycling Center, 3840 Hwy. 95 South, 865-856-2010, 7 a.m.-6 p.m. Monday, Wednesday, Friday, Saturday.

Oil and latex paints are collected on 9 a.m.-2 p.m. Saturdays at the Lenoir City Center.

Appliances and other materials are accepted. Call for any details or questions or visit

www.loudoncounty.com/lccc/.

Some Other Stuff You Need to Know...

Time to update the Directory

The Summer Directory is being updated and a draft will be available for review in The Public Library at Tellico Village April 11-23. You may submit any corrections/additions/deletions to TellicoVillageDirectory@gmail.com or Amanda.Kimbrell@news-herald.net. Club/organization updates are also appreciated. If you are a new resident, please submit your information for inclusion to the above email addresses.

The POA does not produce the Directory and does not provide property owner information for the Directory. The Directory is published and distributed by Loudon County Publishers (the folks who print *The Connection* and the *News-Herald*).

April Ladies Luncheon and Fashion Show—March 30 Deadline

Tellico Village Ladies Luncheon and Fashion Show will be held on Wednesday, April 6, in the Yacht Club. Reservation deadline is Wednesday, March 30. Doors open at 10 a.m. for your shopping and visiting convenience with lunch being served promptly at 11:30 a.m. Wine will be available for cash purchase between 10-11:30 a.m. to enjoy with lunch. The menu is grilled chicken on a bed of spinach topped with fresh strawberries, pecans, mandarin oranges, grapes and bleu cheese, served with raspberry vinaigrette on the side. Rolls, coffee, tea and water included. Reservations can be made along with cash or check for \$15 at the Yacht Club, New Villagers and HOA social meetings. For additional information, contact Chairperson Karen Sue Keith (248) 808-2248 (cell/text) or kskeith1@aim.com.

Fundraiser for the Library March 31

Our library at Tellico Village is a public library but unique because it's primarily supported through private contributions. Its Friends organization raises money through membership dues, the courtyard brick program and giving tree, and through fundraisers.

"*Welcome Spring with Laughter!*" will be presented at First Baptist Church of Tellico Village on Thursday, March 31, 7 p.m. Storyteller, educator and all-around entertainer Elizabeth Rose will captivate you with her southern folklore, ghost stories, ballads and folktales from around the world.

Tickets are available at the library; \$15 Friends members; \$20 non-members.

This will also include a pre-show with local author Bobbi Wolverton, author of "Behind the Smile," a story of laughter and drama based on her career as an international flight attendant.

Donations sought for Used Book Sale

Book Sale Donations Needed! The 22nd Annual Friends of the Tellico Village Library Used Book Sale is taking place April 21-23. We need your help. Please donate any hardbacks, paperbacks, CDs, DVDs, Books on Tape, and Puzzles for this major library fundraiser. Donation bins are available at Tanasi Club House, Chota Rec Center and at the library. The Public Library at Tellico Village is the only privately funded library in the state of Tennessee, and we appreciate your support. For more information, go to www.tvlibrary.org.

Upcoming Library lectures

- April 1, 10 a.m.-noon - A meet and greet with local author Nancy McEntee PhD. who has written a compelling biography of one of the First Ladies in American history, the wife of Governor William Blount. *Mosley Blount: The Colonial First Lady of Tennessee* tells of an intelligent yet tragic figure who faced overwhelming tragedies and shocking events in her 39-year lifetime. Dr. McEntee retired from numerous careers, including one as a marine. She currently lives near the Smoky Mountains.
- April 4 and 8, 9:30-11:30 a.m. - iPad Class with Karen Brown. A \$10 fee will cover both classes. Please call the library to sign up at 865-458-5199.

- April 6, 2:30-3:30 p.m. - Health Talk with Dr. Kendra Styron from Complete Chiropractic and Wellness Center. Dr. Styron will help us "Combat Allergies with Natural Methods to Improve Immunity."

For more information, call 865-458-5199 or go to www.tvlibrary.org.

TVU spring courses and registration

Tellico Village University is opening registration for courses:

- April 4: We are pleased to offer a four-part course in Comparative World Religions, beginning April 4, taught by Villager Rev. Dr. Morris Hudgins. He received his D.Min. from Lutheran Theological Seminary at Philadelphia; and he has served at churches in Florida, Pennsylvania, North Carolina, Tennessee, Georgia and Ohio. He has taught Comparative Religions at Florida Atlantic University. Come and hear how others see their God through different cultural and spiritual traditions.
- April 5 and 12: How about learning some exercises and changing the way you move so you DON'T need a physical therapist to help you work through your pain? Who better to tell us how but Villager Ellen Frohriep, PT, DPT and Personal Trainer. She has been a physical therapist for 37 years with a doctorate –DPT – from Boston University. Dr. Frohriep has trained patients in neck and shoulder rehabilitation for years. If you wonder where your upper back, neck and or shoulder pain originated, this class will answer some of your questions and give you exercises and postures to prevent or reverse pain. There are two sections planned – April 5 and April 12.
- April 12: We hear about the National Security Council on the news. Something about servers and e-mail? Ever wonder just how they maneuver and keep national information secure around the White House? In the Foreign Service? Within the complex of other federal agencies? Villager Bob Morley has first-hand insights and stories to tell from his 30+ year career in diplomatic service. Bob worked in the White House under JFK, George H.W. Bush and Bill Clinton. He has traveled extensively in the Foreign Service, served as Director of Cuban Affairs, met Fidel Castro, and visited Guantanamo Bay. Come prepared on April 12 to hear his stories in this informal presentation.
- There are now 14 more Villagers who are Facebook literate thanks to Jennifer Dancu who taught a class for Tellico Village University recently. So popular was her class that these participants asked for more instruction in Social Media. Jennifer will be offering additional sections of Facebook and new sections of Pinterest, Instagram and Twitter this Spring. Watch announcements from Tellico Village University and check dates and times in the website at www.tvuniversity.org. A complete description of each course is listed. Registration is required as we limit these courses to 10 participants so that Jennifer can provide help as needed. There is a \$10 tuition for this course payable to STAYinTV at the class.

Registration for all courses is through the TVU website at www.tvuniversity.org. Use the CONTACT US page to submit your name, e-mail, phone number and name of course you are interested in attending. A confirmation will be sent to you.

Computer Users Club meets April 5 in new location

The Tellico Village Computer Users Club is pleased to announce a new location for our monthly general meetings. The April 5 meeting (and all following meetings) will be held at the Community Church at Tellico Village's Christian Life Center. This provides a good size meeting area and ample lighted parking. The new meeting address is 130 Chota Center.

After announcements and committee reports, Dick Schmeling will present a program of "Who, Why, When, Where, and Methods of How to Backup Computer Data." He will include a short demonstration and follow with Qs & As.

There will be door prizes for several members attending. Be sure To get you ticket when you register. See you there.

The Board of Directors meets the second Tuesday of each Month in Room "D" at the Chota Rec Center. Visitors are welcome

Visit our website at www.TVCUC.org.

Woodworkers Club meets April 7

The April Tellico Village Woodworkers Club meeting will be held on Thursday, April 7, at 7 p.m. in the Yacht Club. The speaker will be Robert Puhlman from Hickory, NC. His topic will be Intarsia, which is a woodworking skill. The public is invited. For more information, go to <http://tvwoodworkers.com/>

Hike Lookout Mountain April 8

The Tellico Village Hiking Club will depart 8 a.m. Friday, April 8, from Chota Center, to hike:

- LOOKOUT MOUNTAIN
- Distance: approx. 5 miles
- Elevation Gain: approx. 600 feet
- Rating: Moderate
- Driving time: 90 minutes
- Leader: Curt Sheldon, 865-458-8510 or curtssheldon@gmail.com

This hike will hopefully appeal to those who enjoy great vistas and/or Civil War history. Lookout Mountain was the scene of a significant Civil War battle on November 24, 1863. We stop for lunch at Point Park, which has a small museum, cannons, monuments, and signage documenting the battle. It also boasts fantastic vistas of Chattanooga.

Most of the trail is not difficult. However, there is a fair amount of uphill climbing on this hike. The trail is somewhat rocky, and there is a tall metal stairway to climb to enter Point Park. There is a modest entrance fee which will be collected if you go to the Visitor Center. It may be reduced or waived if you have a National Park pass.

Hiking boots and hiking sticks are recommended. Driving directions will be provided the morning of the hike. Bring water and a trail lunch. Carpooling is recommended, passengers are asked to contribute \$6 to the driver to help cover gas, etc. For more information, go to www.TVHikers.com.

Village Quilters meet April 8

Village Quilters will meet on Friday, April 8, at 9:30 a.m. at Christ Our Savior Lutheran Church. 260 Wade Rd. West, Loudon, 37774. Our speaker is Karen Linduska: "Decorative Stitches and Thread Painting." Guest fee is \$5. For more information, go to www.villagequilters.com.

Dragon Boat Club proposed status

Special thanks to Jeff Gagley and Karen Davis, we have a place to keep a dragon boat at the Kahite Docks. There is ample parking and restroom facilities. The water is calm, plenty of room to practice and should be safer with less motorboat traffic.

Even if Kahite seems too far to join the club, please try dragon boating on Saturday, April 9, at the Tugaloo Family Beach and Pavilion near the Yacht Club. There will be one-hour sessions starting at 9 a.m. through 1 p.m. There will be a signup sheet for each session that morning at 8:30 a.m. at the pavilion. Wear comfortable clothes and shoes that can get wet and bring a friend and a water bottle. All equipment is provided and the event is free.