

Tell-E-Gram Text Only Version, Nov. 3, 2015

POA Meetings and Events:

- Architectural Control Committee, 9 a.m. Thursday, Nov. 5, POA Conference Room
- Recreation Advisory Committee, 9 a.m. Thursday, Nov. 5, Wellness Center
- Communications & Marketing Advisory Committee, 9 a.m. Friday, Nov. 6, POA Conference Room
- Golf Advisory Committee, 3 p.m. Thursday, Nov. 12, POA Conference Room

Have you voted yet?

As of this morning, 584 ballots have been cast in the POA Board election. That is 10 percent of all possible votes. It's a good start, but we can do better. Today's vote total is 99 more ballots cast than at this point in 2012 (the last time we had an election). If you have any difficulty in voting online, please call the Election Administrator, Jessica Johnson, at 865-458-7081 for assistance.

Board Election Time! See the candidates' comments on Channel 3, Channel 193 if you have Charter. If not, you can still see their comments at the Channel 3 Website. Go to www.tellicovillagechan3.org. It is the featured video. Be sure to VOTE!

Welcome Center Grand Opening Nov. 4

The new Tellico Village Welcome Center will have an 11 a.m. ribbon cutting and open house until 4 p.m. Wednesday, Nov. 4. Hot chocolate, coffee, and pastries will be served. The Welcome Center is located at 202 Chota Road. For more information, call the Welcome Center at 865-458-7061.

Incident Report: Chatuga Boat Dock

Collected from various reports

Early Oct. 15, arson, theft and vandalism occurred on the Chatuga Boat Dock, owned by the Tellico Village Townhouse Association (TVTA). Several fires were intentionally set the entire length of the dock, one burning a large hole through the dock. Additionally, the dock lighting and surveillance cameras were destroyed and there was a failed attempt to sink a small fishing boat.

Before the cameras were destroyed, video footage recorded with the infrared cameras was very good and showed many facial and body images of two men. A Tellico Village resident was able to identify one of the men who matched Loudon County Sheriff's Department records for previous crimes. That man was arrested on Oct. 27, and he identified his accomplice, who was also arrested that same day. Both men are charged with felony vandalism, arson, and theft with trial set for Nov. 3.

The dock is still useable and repairs will be made as soon as possible, but electricity remains turned off for safety reasons. The TVTA wishes to thank those involved in quickly solving this case, including the Loudon County Sheriff's Department and those who viewed the surveillance videos.

Recreation News for November

By Holly Bryant, Recreation Manager

As we close in on another holiday, we want to remind everyone that after you stuff yourself with turkey and all the fixin's, you can join us back here at the Wellness Center at 6 a.m. to help you work off that extra spoonful of mashed potatoes. Don't forget to keep your eyes peeled for

any scheduling changes during this time. Don't forget as the season of giving rolls around that there is no better place to give than to the Mitten Tree or Toys for Tots. Donation sites will be brightening up the lobbies at both the Chota Recreation Center and Wellness Center soon. We wish everyone a Happy Thanksgiving from our Recreation family!

Thanksgiving Hours

The hours for the Recreation Department during the Thanksgiving holiday are as follows:

WELLNESS CENTER

Thursday, Nov. 26, **CLOSED**

Friday, Nov. 27, 6 a.m.-5 p.m.

CHOTA

Thursday, Nov. 26, **CLOSED**

Friday, Nov. 27, 8 a.m.-5 p.m.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Nov. 4 at 2 p.m.
- Nov. 10 at 2 p.m.
- Nov. 17 at 2 p.m.

Rec 101

Rec 101 will meet on Thursday, Nov. 19, at 12:30 p.m. for those interested in learning the ins and outs of the Recreation Department. For more information, please contact Jessica Antrim at 865-458-7070.

Tennis Lesson/Clinic

Interested in learning about tennis? Wanting to jump in on a clinic or get a lesson in the game? Contact Greg Carter at 614-449-9944 or gctennispro@yahoo.com for more information.

Jin Shin Jyustu®

A new 6-week clinic, with Mary Ruth Kelly, began Oct. 15 and will go through Nov. 19. The clinics are held each Thursday at 2:15 p.m. at the Wellness Center.

Swim Lessons

Are you interested in feeling more comfortable in the water? If you are interested in either adult or child swim lessons, please contact Kim Wiebe at 865-661-7365 for more information or to sign up.

Pavilion Reservations

Did you know that we have had 89 reservations at Toqua Pavilion and 97 at the Tugaloo Beach Pavilion so far this year? Are you interested in booking either the Tugaloo Beach or Toqua Golf Pavilion for an outing? Contact Larissa Lownsdale at the Chota Rec Center, 865-458-6779, to book your event today.

All activities mentioned, are held at the Chota Recreation Center and/or Kahite Activity Center and requires sign ups. Please call the Chota Rec Center at 865-458-6779 to find out more information or to sign up.

Mitten Tree

The Mitten Tree drive will be held beginning Nov. 16- Dec. 20. You may place your mittens,

scarves, hats on these trees during this time at the Wellness Center, Chota Rec Center or the Community Church Wishing Well.

Medicare Seminar

Understanding Medicare Seminar presented by Craig Hutton, from Consolidated Marketing Group, will be held on Nov. 6 at 10 a.m.

Smart Exercising Seminar

Join Dr. Jessica Briere, from Complete Chiropractic and Wellness Center, to find out how you can stay active during this busy time of the year. Seminar will be held on Nov. 12 at 10:30 a.m. at Kahite and Nov. 19 at 10:30 a.m. at Chota Rec Center.

Toys for Tots

Please join the Tellico Village Woodworkers in supporting the 2015 Toys for Tots Campaign. The Toys for Tots organization provides Christmas presents for needy and underprivileged children. Toy donation boxes will be in the lobby of the Tanasi Clubhouse, Wellness Center, Chota Recreation Center, the Yacht Club, and the Library Nov. 1-Dec. 1. Pre-addressed envelopes will be available at each drop-off location for residents who would like to make cash donations. Please make sure that the donated toys are new and unwrapped. **The toys collected will be presented to the Loudon County Sheriff Department along with the Woodworkers toys at 7 p.m. on Dec. 3 at the Tellico Village Community Church. Toys will be on display starting at 5 p.m.** Your efforts are certainly appreciated and will help a young child have a very Merry Christmas this year.

Tips from the Trainer

I've been a certified personal trainer for about a decade and a half and have seen the fitness pendulum swing from one extreme to the other more times than I can count. From S-U-P-E-R S-L-O-W to HIIT (high intensity interval training), the way people workout continues to evolve and, at some points, devolve. In the next several months, I'd like to share some tips that will save you time and effort. Without further ado, the second installment of Trainer Tips (TT)

TT #1 – Make certain you change the way you train somewhat regularly (every 1-2 months is ideal).

TT #2 – Make certain that you know why you are at the gym (i.e. what is your goal?).

TT #3 – Strength training, specifically resistance training, is the fountain of youth. Start by spending at least two days per week working all your major muscle groups (legs/hips, upper back, shoulder/chest, and arms).

If you want more information about training, call Brent Parkhill at (865) 456-5535 or email me (bparkhill@flexfitnesspt.com).

****NOTE: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.***

The Blue Heron at the Yacht Club Offerings and Upcoming Special Events

Lots going on at the Blue Heron Restaurant and Tellico Village Yacht Club:

- **“Tini” Tuesdays** will be every Tuesday in November. Come see what Ashley can whip up!
- **Thirsty Thursdays** are here! Bottles of wine are half price (anything from the wine list).

- It's never too early to book a **Thanksgiving Feast** at the Yacht Club. We will be serving noon-4 p.m. Thursday, Nov. 26. Adults are \$24.95, children 6-12 are \$12.50, and children 5 and younger are free. Call 865-458-4363 to reserve your table and buy your tickets now.
- **New Year's Eve Masquerade Party** tickets are available for \$65 (\$50 plus tax and gratuity). Your evening includes a three-course Prix-Fixe Dinner, live music, dancing until midnight, and a champagne toast at midnight. Dinner will be served 6-10 p.m. Prizes will be awarded for the best dressed!

Questions? Contact Info for the management team:

Christian Barber: Email: cbarber.awehospitality@gmail.com

Linnea Elliott: Email: lelliott.awehospitality@gmail.com

For reservations and information, call 865-458-4363.

Highlights from the Board Workshop

In case you missed it, the POA Board held their monthly workshop this morning at the Yacht Club. Following are the highlights.

- Tom Greene, Kahite resident, updated the POA Board on research and survey results concerning the deer population in the Kahite neighborhood. The Board has not made a decision on this issue. Watch for more information via our communications channels.
- The Board reviewed and provided feedback on changes to the Purchasing Policy and Procedures Manual. Those changes are now under review and are available for Villagers to review and comment. To view, [click here](#). To provide feedback, please send an email with feedback to BoardConsideration@TVPOA.org.
- The majority of the workshop centered on a Board review of the 2016 Budget and Five-Year Plan. There was spirited discussion surrounding the assessment rate and long-term versus short-term budgeting philosophies. The Board and Finance Advisory Committee members will meet once more at 10 a.m. on Wednesday, Nov. 11 to review the changes as a result of this latest meeting. The Board is still aiming to approve and adopt the budget at their Nov. 18 Board Meeting.

Some Other Stuff You Need to Know...

Toys-for-Tots Needs Your Help

The children of Loudon County again need your help!

This marks the 19th year for the Tellico Village Woodworkers Club's "Toys-for-Tots" program. The program helps put toys under Christmas trees for many disadvantaged Loudon County children, the toys are distributed through the Loudon County Sheriff's Office.

Last year club members built and donated 341 wooden toys for the program. Over the last 16 years, club members have delivered to the County Sheriff's Office over 9,000 wooden toys. These toys have ranged from trucks and cars, to elaborate jewelry boxes, wooden puzzles, doll cribs, music boxes, children's furniture, circus trains, toddler pull toys and many more elaborate wooden toys.

Tellico Village residents have generously supported the program as well by donating purchased toys to the program. Last year over 500 purchased toys were given to the Sheriff's Office. In addition Village residents in 2014 made cash donations to Toys-for-Tots to help the Sheriff's office meet special gift needs, particularly for older children. Our residents came through generously, with donations of over \$2,200 to the program.

Presentation of all the wooden and donated toys to the Sheriff's Office will be made 7 p.m.

Thursday, Dec. 3, at the Tellico Village Community Church. Everyone is welcome and encouraged to come and see the wide variety of toys that the Tellico Village Woodworkers have made. Toys will be on display starting at 5 p.m.

Please help the children of Loudon County by dropping off donated toys. Starting Nov. 2 drop-off boxes will be available at the Tanasi Clubhouse, the Wellness Center, the Chota Recreation Center or the Yacht Club. Drop-off boxes will also be available at the Tellico Village Library. Pre-addressed envelopes will be available at each drop-off location for residents who would like to help older children by mailing a check directly to the Loudon County's Sheriff's Office.

All donations need to be made by noon on Dec. 3 of this year.

HOA Survey on Food Services

The following link will take you to a survey that is designed to provide insight into ways to improve satisfaction with each of the food services venues and to identify things that can increase participation at those venues and make the experiences for each Tellico Village resident better.

Completing the survey should take but a few minutes, and your input can help drive improvements that you want to see. Survey can be taken here: <http://hoatv.org/>.

Computer Users Club Meets Nov. 3

The Tellico Village Computer Users Club will hold a general meeting 7 p.m. Tuesday, Nov. 3, on the top floor of the Yacht Club. After general announcements, annual committee reports and the election of Board of Directors for 2016, the following program will be presented:

Chris Evans-Longmire, Executive Director, Child Advocacy Center, will speak to us concerning current happenings and some thoughts toward the future.

There will be door prizes for several members attending. Be sure to get your ticket after you register. See you there.

The Board of Directors meets the second Tuesday of each month in Room D at the Chota Rec Center. Visitors are welcome.

For more information, visit our website at www.TVCUC.org.

Shoppes of Christmas Nov.4

Start your holiday shopping early by visiting the annual Shoppes of Christmas 9 a.m.-3 p.m. Wednesday, Nov.4, at the Tellico Village Yacht Club. The public is invited.

Garden Club Meets Nov. 5

The Tellico Village Garden Club will meet 12:30 p.m. Thursday, Nov. 5, at the Yacht Club. Dr. Sue Hamilton, Director of UT Gardens, will present a program on Conifers - What makes these trees and shrubs special? New members welcome. Membership is \$10 and covers programs through June 2016. For further information, contact Kay Wilson, 865-458-1599.

Woodworkers Meet Nov. 5

The November meeting of the Tellico Village Woodworkers Club will be held on Thursday, Nov. 5, at 6:45 p.m., in the Yacht Club. The educational program will be presented by Kasey Krause, an urban forester from Knoxville. The public is invited.

Hike Mt. Sterling Nov. 6

The Tellico Village Hiking Club will depart 8 a.m. Friday, Nov. 6, from Chota Center, to hike:

- **MT. STERLING**
- Distance: 5.4 miles
- Rating: Difficult

- Driving Time: 2 hours
- Elevation Gain: 2,000 feet
- Leader: George Zola, 614-937-0767 or zola1029@gmail.com

Mt. Sterling is in Smoky Mountain National Park. The hike is rated difficult because of the elevation gain. The gain is continuous and steady with no severely steep sections. Along the way the forest changes from oak to red spruce/Frasier fir on the summit. There is a 60-foot steel tower on the summit which offers some of the best views in the park.

Hiking boots and hiking sticks are recommended. Driving directions will be provided the morning of the hike. Bring water and a trail lunch. Carpooling is recommended, passengers are asked to contribute \$6 to the driver to help cover gas, etc. For more information, go to www.TVHikers.com.

Hike Turtletown Creek Trail Nov. 9

The Muddy Boots Hiking Club will depart 8:30 a.m. Monday, Nov. 9, from Chota Center (across from the gas station), to hike:

- Hike the Turtletown Creek Trail
- Distance :4 miles
- Elevation: gain 500 feet
- Drive time: 1.5 hour
- Hike Leader: Jim Jeswald

This is a four-mile loop hike through the Cherokee forest. We will pass along water cascades and beautiful waterfalls.

Bring your boots, poles (If you have them) snacks, water, lunch, name tag and \$6 for the drivers. Directions and carpool info provided the morning of the hike.

Veterans Day Celebration Nov. 11

Please join us on Veterans Day, 7-10 p.m. Wednesday, Nov. 11, in the Yacht Club, to help us THANK and HONOR our Veterans! The program will be hosted by DJ Lou Robitaille and will include:

- 7 p.m. Prayer/Invocation by Pastor Charlie Barnard.
- Knoxville Color Guard to present Colors, honoring all five branches of US military, performing US flag folding ceremony, a 21-gun salute, and ending with Bugler Taps.
- Introduction of Smoky Mountain Service Dogs and their veterans, and Mike Kitchens, president of the local chapter.
- Introduction of Clinton Riddle, a 95-year-old World War II veteran (in uniform).
- Introduction of Randy Baxter, host of The Veteran Next Door radio talk show, 94.3 FM, 9-10 a.m. Saturday. (His show has raised awareness and countless dollars to assist vets.) Randy will be circulating around the room for input for future shows.
- Introduce Jim Hallihan who hopes to establish a VFW post here in the Village.
- Presentation of check to Smoky Mountain Service Dogs.
- Music and dancing 8-10 p.m.

There will also be an art sale with all funds donated to support military members and their families. The artwork was completed by a Marine who served three tours (Iraq and Afghanistan) and returned with PTSD. All art pieces will be reasonably priced at \$10-\$30—or whatever donation the buyer feels is appropriate. All funds will be donated to Operation Homefront and the Semper Fi fund.

Dinner reservations requested for patrons dining upstairs in the Blue Heron (Yacht Club) restaurant. There will be a generous 20% discount for veterans for meal service. It is strongly suggested to dine

5-6:30 p.m. to ensure participation in ceremonies, beginning at 7 p.m., on the lower level of club. WBIR Channel 10 tape the event, and will replay a segment for the 11 p.m. news.

Fishing Club Meets Nov. 11

The Tellico Village Fishing Club monthly meeting will not be at the Yacht Club in November. Instead, it will be at Classico's Restaurant with a social beginning at 6 p.m. and the meeting at 7 p.m. New club officers and yearly awards will be presented. A pizza buffet will be available for \$5. A separate email will be sent to club members to RSVP for a restaurant count. Our guest speaker will be Matt McKee who operates McKee Outdoors which sells Ranger boats and fishing tackle in Maryville. He will discuss late fall and winter fishing on Tellico Lake.

For additional information, contact Club President Dale Weidinger at (865) 458-1460.

Cruising Club Meets Nov. 11

The Tellico Cruising Club will hold its monthly meeting on Wednesday, Nov. 11, at the Tellico Village Yacht Club. The social hour begins at 5 p.m. with the meeting starting promptly at 6 p.m. All Tellico Lake boaters are welcome. Any questions should be directed to Commander Errol Keith 865-458-4277.

Ladies Book Club Nov. 12

The Tellico Village Ladies Book Club will meet Thursday, Nov. 12, in the Tanasi Clubhouse, for an 11:30 a.m. lunch and a 12:15 p.m. discussion of the nonfiction book, "Into Thin Air," by Jon Krakauer. The discussion leaders: will be Sandy Arrowood and Penny Hatt. For more information, contact Bette Purvis at 865-458-8070.

Village Quilters Meet Nov. 13

The Village Quilters will meet 9:15 a.m. Friday, Nov. 13, at Christ Our Savior Lutheran Church, 260 Wade Rd, Loudon, TN. The program will be: "Transforming Traditions" with Bill Kerr.

Bill and his wife, Weeks Ringle, are co-founders of Modern Quilt Studio and have been making modern quilts since 1999. They are the authors of *The Modern Quilt Workshop*, the first book published on modern quilting, as well as *Quiltmaker's Color Workshop*, *Quilts Made Modern*, and *Transparency Quilts*.

Bill is a design professor and chairman of the Art Department at Dominican University in River Forest, IL. He will be helping us to build our design and color skills.