

## Tell-E-Gram Text Only Version, July 28, 2015

### **POA Meetings and Events:**

- POA Board Meeting, 1:30 p.m. Wednesday, July 22, Yacht Club
- Long Range Planning Advisory Committee, 10 a.m. Thursday, July 23, POA Conference Room
- POA 101, 10 a.m. Thursday, July 23, Yacht Club, RSVP 865-458-5408 ext. 4115
- Rec 101, 12:30 p.m. Thursday, July 23, Wellness Center

## **Recreation News and Events for August**

By Holly Bryant, Recreation Manager

### **Weight Equipment Orientations**

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Aug. 4 at 2 p.m.
- Aug. 11 at 2 p.m.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Please contact the Wellness Center at 865-458-7070 to have your name added to the date you desire. If the dates above do not work for you or you would like an orientation at the Kahite facility, please leave your name with the front desk and the Instructor will contact you.

### **Intro to Line Dancing**

Intro to Line Dancing with Toni Grovier will begin on Tuesday, Aug. 18, at 1 p.m., in the Wellness Center and will meet each Tuesday and Thursday at 1 p.m. There is an additional fee of \$3 that must be paid to the instructor to attend Line Dancing. To have your name added to the list, please contact the Wellness Center at 865-458-7070.

### **Swim Lessons**

Are you interested in feeling more comfortable in the water? Are you or your child ready for summer swim? If you are interested in either adult or child swim lessons, Competitive Swim Classes or Water Personal Training Sessions, then please contact Kim Wiebe, a Red Cross Certified Swim Instructor, today. She is ready to teach any level of swim and will customize the lessons to meet your goals. Competitive Swim can help prepare you for a swim team and Water Personal Training sessions provide a no impact, customized workout (no swimming required). Cost for four 30-minute private lessons is \$120 or \$90 for four 30-minute semi-private lessons; cost for water personal training is \$45/hr. If you have questions about any of the classes or lessons or would like to sign up, please contact Kim at 865-661-7365.

***The lap lane in the big pool will be closed each Monday from 1-5 p.m., Tuesdays from 1-6 p.m., and Thursdays from 3-6 p.m. for swim lessons. The other five lanes will be open for open/lap swim.***

### **Rec 101**

Are you interested in learning the ins and outs of the Recreation Department? Would you like to learn who the correct contact person is for room reservations or the addition of new classes? If so, please attend the Rec 101 on Thursday, Aug. 27, at 12:30 p.m. in the Wellness Center. Reservations are not required.

### **Medicare and You Lunch-n-Learn**

Medicare and You: Understanding the system and your benefits. Join Andrew Bennett from Insurance That Fits, on Aug. 5 at noon at the Chota Rec Center, to find out how the Medicare

system works and what is changing due to the Affordable Care Act. Mr. Bennett will explain and answer any question that you may have over a FREE lunch. Call the Chota Rec Center at 865-458-6779 to sign up today!

### **Buying Hearing Aid Seminars**

Join Dr. Jan Dungan of Appalachian Audiology on Aug. 13 at 10 a.m. in the Chota Rec Center when she presents a seminar on Consumer Protection for Hearing Aid Purchases. Dr. Dungan will discuss how to avoid paying too much for hearing aids and unnecessary features, she will help you on what questions you need to ask and what is the best hearing aid for you, information on the newest technology in hearing healthcare: Waterproof hearing aids, wireless connection to television and cell phones, hands-free phone use, and new programming features that help the individual hear speech clearly in noisy places like restaurants. Following the seminar, Dr. Dungan will be conducting comprehensive hearing checks that will look at the outer, middle, and inner ear and will only take about 15 minutes. The seminar and the hearing checks are FREE, but registration is required by calling the Rec Center at 865-458-6779.

### **AARP Safe Driving**

There will be an AARP Safe Driving course held on Monday, Aug. 17, and Tuesday, Aug. 18, 9 a.m.-1 p.m. (participants must attend both class days) at the Chota Recreation Center. The fee is \$15 per person for members and \$20 per person for non-members. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you may receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center at 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

### **Geriatric Medicine Seminar**

Join Dr. Antoin Mardini from the Summit Medical Group Concord on Aug. 19 at 1 p.m. at the Chota Rec Center as he discusses geriatric issues like memory loss, fatigue and frequent falls. The seminar is free but registration is required by calling the Chota Rec Center at 865-458-6779.

### **Arthritis Seminar**

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she presents a seminar on preventative techniques. Learn what you should eat and not eat and simple stretches you can do at home to live well with arthritis. The seminar will be held at the Chota Recreation Center on Aug. 20 at 10:30 a.m. To sign up for this free seminar, please contact the Chota Rec Center at 865-458-6779.

*\*NOTE: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.*

### **UPS Drop Box and US Postal Service Mail Box**

Did you know there are a UPS drop box in Tellico Village as well as a United States Postal Service mail box? They are located in Village Square. Pick up time for UPS is 4:30 p.m. daily.

### **The Blue Heron at the Yacht Club Offerings and Upcoming Special Events**

Lots going on at the Blue Heron Restaurant and Tellico Village Yacht Club:

- **Farmers Market** 9 a.m.-noon, in the Yacht Club parking lot. Come support our local farmers and artisans!

- **Whiskey Wednesday** is your chance to try some new Whiskey cocktails, created by our own Mixologist, Ashley.
- **Tiki Bar on the Dock** (weather permitting) this Friday, July 31, featuring the Steve Rutledge Band. The entertainment starts 7 p.m.
- First **Ladies Lite Luncheon** of the season is Wednesday, Sept. 2, \$15 cash or check only. Linnea will begin taking reservations July 30, 865-458-4363, Monday-Friday, 11 a.m.-4:30 p.m.

Questions? Contact info for the team:

Christian Barber: Email: [cbarber.awehospitality@gmail.com](mailto:cbarber.awehospitality@gmail.com)

Linnea Elliott: Email: [lelliott.awehospitality@gmail.com](mailto:lelliott.awehospitality@gmail.com)

**For reservations and information, call 865-458-4363.**

## **2015 Reciprocal Courtesy Cards for Yachting Clubs of America Now Available**

Property owners can purchase Reciprocal Courtesy Cards for the Yachting Clubs of America in the POA office for \$20. The card will allow you to frequent the more than 700 yachting clubs which, like TVYCC, are members of the association. There are YCA affiliated yacht clubs throughout the USA and its territories. For more information about YCOA, go to [www.ycaol.com](http://www.ycaol.com); the website that tells about the Association and all the yacht clubs that are members. Stop by the POA office to learn where member clubs are. For other questions about the program, call Mitzi Lane, 865-458-5408, extension 4100.

## **Recent Events and Bragging Rights**

### **Members of the Tellico Village Badminton Club Medal in TN Senior Olympics State Finals**

Tellico Village Badminton Club members medaled in the Tennessee Finals of the Senior Olympics this year in Franklin, TN. Ron Wendoloski won Silver in the Men's Singles 65-69 Division. Dave Craig and Ron Wendoloski won Gold in the Men's Doubles 65-69 Division. Patty Malone and Ron Wendoloski won Gold in the Mixed Doubles 60-64 Division.

These members said that badminton is a great sport that is a layered mix testing mental sharpness and athletic ability. They have been playing for a number of years as members of the Tellico Village Badminton Club and two of the three participants learned the sport after the age of 50 at the badminton club.

It's a sport for all ages and that was demonstrated at the TN Senior Olympics Finals as there were participants between the ages of 50 and 90. Age categories are divided by five-year age intervals.

All these badminton club members have been involved in various training programs of the Tellico Village Badminton Club. Patty Malone is Training Director. Both Ron Wendoloski and Dave Craig have participated in the training program and at this time, Dave Craig is featured on the club web site, [www.tellicobadminton.weebly.com](http://www.tellicobadminton.weebly.com) under the training tab in a clip entitled "Slamming with Dave."

If you have good mobility and are interested in playing badminton, please sign up for Badminton Orientation at the front desk of Chota Recreation. Racquets are provided. Come learn firsthand how satisfying it is to play the sport of badminton.

## **Loudon County Reverse 911**

There is a free emergency notification system service to all citizens of Loudon County operated by the Loudon County E-911 Center along with the Loudon County Emergency Management/Homeland Security Agency who have teamed up to provide a notification system to provide emergency alerts to citizens in times of natural or man-made disasters. Any Loudon County citizen can sign up to receive alerts via: text message, voice mail, email, mobile phone, and traditional landline phones. Potential

notifications can include weather alerts, missing children, law enforcement events, and hazardous material events. Sign up via the internet at: [www.loudoncounty911.org](http://www.loudoncounty911.org) or [www.loudoncountyemergencymanagement.org/index.php](http://www.loudoncountyemergencymanagement.org/index.php), or by calling: 865-458-7298.

The TVPOA Board of Directors is reviewing and considering a policy for disposition of images and data from the security cameras throughout Tellico Village. To review the policy, click here [http://www.tellicovillagepoa.org/images/tellico/pdfs/admin/draft\\_camera\\_data\\_policy.pdf](http://www.tellicovillagepoa.org/images/tellico/pdfs/admin/draft_camera_data_policy.pdf). To provide thoughts and feedback, email [BoardConsideration@tvpoa.org](mailto:BoardConsideration@tvpoa.org).

## **Fore the Love of the Game—Golf News and Events**

### **TVLGA-18 Championship and Ladies Club Championship Aug. 18 and 25**

These two-day events are being held Aug. 18 and 25. Sign up at Toqua Pro Shop.

The *TVLGA-18 Championship* will be 36 holes, individual stroke play with multiple flights from both green and yellow tees based on your handicap. You must be a Tellico Village property owner, have a valid USGA handicap, a member of the TVLGA-18 league and have participated at least 7 times in Tuesday league events. There is no entry fee.

The *Ladies Club Championship* will be 36 holes, low gross, individual stroke play, from the green tees. You must be a Tellico Village property owner to compete and there is a \$15 entry fee. Prizes and number of places will be based on the number of entries.

You may play in one or both events at the same time. Green and cart fees are extra.

### **Tellico Village Two-Day MGA Championship and Men's Club Championship Aug. 27-28**

Two big events in one! The Tellico Village MGA Championship and Men's Club Championship will be held Aug. 27 at Kahite and Aug. 28 at Tanasi.

The Men's Club Championship is open to any Tellico Village property owner.. The MGA Championship is open to any Tellico Village MGA member with a valid USGA handicap.

The event is a 36-hole individual stroke play event and entry deadline is Aug. 26 at noon.

The MGA Championship is 100% net prizes played from the white or orange tees. The Men's Club Championship is 100% gross prizes played from the white tees only. Prizes will be awarded based on the size of the field.

You may enter either one or both of the events. The MGA Championship entry fee is \$15 and the Men's Club Championship is also \$15 (excludes green and cart fees). Stop by any of the Tellico Village Pro Shops and sign up for this event.

### **After 2 p.m. Golf Rates**

Want to know how to save money and get in a round of golf? Play any of the three courses after 2 p.m. Don't waste any time and book your round today!

- Daily fee members - \$24 -18 holes \$12 - 9 holes
- Prepaid members - \$21.20 - 18 holes \$10.60 - 9 holes
- Guest of a member - \$28 - 18 holes \$14 - 9 holes

(Fees include a cart)

For more details please call any of the pro shops.

**Kahite - 423-884-6108**

**Toqua - 865-458-6546**

**Tanasi - 865-458-4707**

## **Some Other Stuff You Need to Know...**

### **"An Evening With Jo" Audition July 28**

Tellico Community Players auditions on July 28, 6-7:30 p.m. at the Tellico Community Playhouse, 304 Lakeside Plaza, Loudon. This production features the works of East Tennessee resident, poet and storyteller extraordinaire Jo Carson with three female and one male role. Contact Nancy Paule, Director at 865-458-6984 for more information.

### **Movie Night at the Library July 29**

The Public Library at Tellico Village will present the free movie "Roller Coaster" on July 29 at 8:30 p.m. in the Courtyard. Learn the science behind the thrills and enjoy the fun of Roller Coasters. Popcorn and drinks can be purchased.

### **Tellico Community Players present the *Ladies of Broadway* July 31-Aug. 1**

The Tellico Community Players present their first musical of the 2015 season with the *Ladies of Broadway*, July 31 and Aug. 1. This production honors the wonderful musicals of Broadway over the past 100+ years.

*Ladies of Broadway* includes some of our most beloved and familiar songs from Broadway musicals -- as well as some of the most well-known and talented female vocalists. "These 'Ladies of Broadway' have contributed to some of the most successful Broadway musicals to hit the stages of Broadway over decades," says Joan Dorsey, who wrote and is directing the production.

"Some of our 'ladies' are instantly recognizable by name -- others perhaps only by the show tunes they sang in a particular Broadway show," Dorsey says. "The performances will honor those talented 'Ladies of Broadway' with some of their most outstanding songs and also will take a peek at some of their personal lives and achievements."

The performers for the musical include Tina Jenkins, Mary Sue Greiner, Rosie Ratcliffe, Debbie Mayberry, Sonja Moore, Joan Dorsey and Carolyn Cross. Jane Salmon is the musical director.

Both shows will begin at 7:30 p.m. with doors opening at 6:30 p.m.. Tickets for both shows cost \$15 and are available at the Tellico Community Playhouse Box Office, Village Salon, Salon Anew and the Kahite Pub and Grill. For more information, go to [tellicocommunityplayhouse.org](http://tellicocommunityplayhouse.org).

### **Tellico Community Players Audition for *Honky Tonk Angels* Musical Aug. 2**

Auditions for *Honky Tonk Angels* will be held on Sunday, Aug. 2, 2-4 p.m.; and Aug 3 and 4, 6-8 p.m. at the Tellico Community Playhouse. Casting for three female vocalists for this Nashville musical. Bring some music and be prepared to read from the script. The show was written by Ted Swindley, who is best known for writing the musical "Always Patsy Cline." For more information, contact Director Joan Dorsey at 865-408-1071.

### **Woodworkers Club Meets Aug. 6**

The monthly meeting of the Tellico Village Woodworkers Club will be 6:45 p.m. Thursday, Aug. 6, in the Yacht Club. The speaker will be Todd Reece, plant manager for Whiteside Machines, US maker of router bits. The public is invited.

### **First Friday for Authors Aug. 7**

The first Friday Author for Aug. 7 at the Public Library at Tellico Village is Kathleen Fearing. She will be present to sign and talk books 10 a.m.-noon Friday, Aug. 7. An award-winning author, Kathleen has written many books for young people as well as poetry for adults. Her children's radio programs won first and second place awards from the Massachusetts Broadcasters Association,

She holds a doctorate in education and taught children's literature, as well as education, communications, and literature courses at various colleges in western Massachusetts, including the Honors College at the University of Massachusetts at Amherst. She has reviewed newly published

children's books for newspapers and radio stations for many years.

### **Hike Obed Wild and Scenic River Aug. 10**

The Muddy Boots Hiking Club will depart 8 a.m. Monday, Aug. 10, from Chota Center parking lot (across from the gas station).

- We will be hiking parts of three different trails in The Obed Wild and Scenic River
- Distance: 5 miles
- Rating: easy
- Drive time: 1 hour 15 minutes
- Hike leader: George Zola

The hike will explore unique rock formations and scenic overlooks in an underappreciated and underused area of the state.

Bring snacks, water boots, poles, name tags, \$5 for drivers and lunch to be eaten along the trail. Directions and car pools to be provided the morning of the hike

### **Softball Players Wanted—Informational Meeting Aug. 11**

The Tellico Men's Senior Softball League (TMSSL) is scheduled to begin fall play, at the Loudon Municipal Park on Tuesday, Sept. 1, and continue for 10 weeks. The slow-pitch, 7-inning league consists of five teams and they are looking for new players to fill anticipated vacancies. The league is in its 13th year of play.

The league is open to men 55 (by Dec. 31, 2015) and over. All new players will be assigned to a team and are guaranteed to play. Cost of \$35 (includes field rental, volunteer umpires and year end pizza party). All players must sign a Team Waiver Form from Loudon County. Most players have not played ball since their youth but enjoy the camaraderie and have a chance to keep active.

There are some unique rules for senior softball that are intended to provide a margin of safety for the players. These include all bats/balls/bases are provided by the league, no contact rule for base running, 10 players in the field, extra bases at first and home plate and no metal spikes.

Games are played on Tuesdays at 1 p.m., however team warm ups/batting practice begin about noon. In addition to the Tuesday games, there are optional batting practices on Thursdays at 10 a.m.

All new players are required to attend at least one new player practice session Aug. 13, 18, 20, or 25. New players need a glove and recommended to have softball shoes with rubber cleats.

If you would like to learn more about the league, you are invited to attend a meeting for current and new players Tuesday, Aug. 11, 11 a.m., at the Chota Recreation Center in Tellico Village.

For additional information, contact League Commissioner, David Davis at 865-458-0952.

### **Cruising Club Meets Aug. 12**

The Tellico Cruising Club will hold its monthly meeting on Wednesday, Aug. 12, in the Tellico Village Yacht Club. The social hour begins at 5 p.m. with the meeting starting promptly at 6 p.m. All Tellico Lake boaters are welcome. Any questions should be directed to Commander Errol Keith at 865-458-4277.

### **Fishing Club Meets Aug. 12**

The Tellico Village Fishing Club meeting will be 7-8:30 p.m. Wednesday, Aug. 12, in the Tellico Village Yacht Club. Members discuss fishing successes or not and tournament details. This month's guest speaker is Tom Lee who will talk about crappie fishing. Visitors are welcome. For additional information, contact Club President Dale Weidinger at 865-458-1460.

### **New Beginning Tai Chi Class Begins Aug. 13**

The Taoist Tai Chi Society will offer a beginning Tai Chi class 10:30 a.m.-noon beginning Thursday, Aug. 13, in the Wellness Center. (You do not need to be a member of the Wellness

Center to attend these classes.) This three-month session will teach you the 108-movement exercise set. For more information, contact Gail Eades, 865-599-6785.

Taoist Tai Chi is a slow movement “internal” form of the ancient Chinese martial art. It is widely known for its health benefits, for increased flexibility and strength, for improved balance, and for taming the “busy mind.” It can be practiced by people of all ages and physical conditions.

The Taoist Tai Chi Society is a tax-exempt, charitable and all-volunteer organization. Their qualified instructors donate their time in order to share the health-giving benefits of Tai Chi.

### **Ladies Book Club Meets Aug. 13**

The Tellico Village Ladies Book Club will meet Thursday, Aug. 13, in the Tanasi Clubhouse, for an 11:15 a.m. lunch followed by a 12:15 p.m. discussion of the book The Wife, The Maid, and the Mistress, by Ariel Lawhorn, led by Kathleen Crowley. For more information, contact Bette Purvis, 865-458-8070.

### **Hike Little River/Cucumber Gap Aug. 14**

The Tellico Village Hiking Club will depart 8 a.m. Friday, Aug. 14, from Chota Center, to hike:

- LITTLE RIVER/CUCUMBER GAP
- Distance: 5 miles
- Elevation Gain: 600 feet
- Rating: Easy
- Driving Time: 1.5 hours
- Leader: Mary Clor and Gerald Grekowicz, 423-364-4767 or mkclor@gmail.com

This hike is a nice loop beginning in the Elkmont area of the national park. We will see some of the historic cabins and walk along the beautiful Little River. We will enjoy a picnic lunch near the parking area. You may wish to bring a chair or blanket.

Hiking boots and hiking sticks are recommended. Driving directions will be provided the morning of the hike. Bring water and a trail lunch. Carpooling is recommended, passengers are asked to contribute \$6 to the driver to help cover gas, etc. For more information, go to [www.TVHikers.com](http://www.TVHikers.com).

### **16th Annual Auction and Celebration—Monroe County Bids for Kids Aug. 15**

The Boys & Girls Club of the Monroe Area invites you to join in the fun and excitement of their annual celebration and benefit auction 6 p.m. Saturday, Aug. 15, in the Tellico West Conference Center in Vonore. For the past 18 years, this has been the premier social event of the County, providing hundreds of guests with an evening of good food, lively fun and unique shopping opportunities. This year’s benefit promises to top them all!

What might you find to entice you?

- Bryant 19’ Boat
- Resort Package to Mexico
- 22’ 2002 Chaparral Sunesta Deck Boat
- Valley Builder’s is offering a building or playhouse
- AND MUCH, MUCH MORE!!!

TICKETS ARE ON SALE NOW! Call: (423) 442-6770

Or visit the website at [www.bgcmonroearea.org](http://www.bgcmonroearea.org). The Boys & Girls Club of the Monroe Area is a 501(c)(3) organization. All donations are tax deductible. All profits from this event will be used directly to benefit the Boys & Girls Club of the Monroe Area and the hundreds of children and families it serves annually.