

Tell-E-Gram Text Only Version, March 31, 2015

POA Meetings and Events:

- Recreation Advisory Committee, 9 a.m. Thursday, April 2, Wellness Center
- Architectural Control Committee, 9 a.m. Thursday, April 2, POA Conference Room
- Communications & Marketing Advisory Committee, 9 a.m. Friday, April 3, POA Conference Room
- POA Board Workshop, 10 a.m. Tuesday, April 7, POA Conference Room

From the Boardroom

The Finance Advisory Committee

By Cap Purvis, TVPOA Board of Directors Liaison to the Finance Advisory Committee

Where does my money go, and how do TVPOA financial decisions get made?

If you have ever asked this question, or wondered about the answer to it, a good place to start is the Finance Advisory Committee. Authorized by the By-Laws of the Tellico Village Property Owners Association, Inc., the Finance Advisory Committee, or FAC, advises and makes recommendations to the Finance Director on the financial affairs of the TVPOA. The FAC can voice concerns of TVPOA members and assists in communication of financial information to members and other TVPOA committees. It serves a role as a sounding board for property owners on financial matters, and, with the concurrence of the Finance Director, assists in conducting special projects or studies.

The FAC meets in the large conference room at the POA offices on the Friday before the Board meetings that are scheduled for the following Wednesday. The meetings are open to all property owners and provide a less formal forum for review of capital projects and other business proposals. The setting is conducive to receiving direct input from property owners, including Board members, who are in attendance. The meetings provide a preview of some of the information that will be presented at the Board meeting the following Wednesday at the Yacht Club. The time in between these two meetings affords the opportunity to obtain answers to questions that cannot be answered on the spot, and it sometimes results in deferral of projects to the following month, pending more information or more complete development of proposals. The discussions are more free flowing and more interactive than the formal Board meetings with plenty of opportunity for questions, comments and input from property owners.

One of the most important functions of the FAC is to provide the primary forum for presentation and review of detailed budget proposals by department heads and for obtaining input and comments on budget proposals from property owners. These budget reviews are typically scheduled for the third week of October, and cover revenue projections, expense budgets, capital plans, user fees, the assessment rate and projected financial performance. All of these budget items are reviewed and approved by the Board in November, but it is in these FAC budget review meetings that the budget begins to take shape.

Service on the Finance Advisory Committee affords the opportunity for committee members to conduct studies or projects off-line that are beneficial to the Finance Director, the Board and the TVPOA. These special projects will often interface with other advisory committees that are charged with the oversight of a specific area such as Golf, Recreation or Public Works. This spring we are planning to study the water and sewer rate structure and reserves funding formula to determine recommended rates for the 2016 budget and to ensure the adequacy of reserves funding for future years. We also are planning to conduct a meaningful review of docks and RV storage fees, to include a survey of rate structures in nearby communities, consider the current and projected demand for these facilities, and consider the capital and major maintenance needs over the 5 Year Plan.

Members to the FAC are appointed by the Board of Directors with terms normally running for three years commencing January 1 following appointment. The committee may consist of three to seven members, with approximately 1/3 of those members appointed each year. Members serve at the pleasure of the Board, and vacancies may be filled by the Board for the remainder of a member's

term. There currently are seven members of the Finance Advisory Committee including Ken Ballien, Dan Cooper, Mike Cottle, Chris Garner, Alan Gross, Don Miller and Bob Snodgrass. The Director of Finance, Parker Owen, serves as a non-voting ex-officio member of the committee. A Board member, currently Cap Purvis, serves as a liaison to the TVPOA Board.

If you have an interest in serving on the Finance Advisory Committee, I encourage you to begin attending a few meetings to see what the committee does and how it functions. A background in finance or accounting is not mandatory, but property owners with substantial experience in these areas are especially sought after. There is a formal application process for all advisory committees in the fall of the year. If you would like to become involved in this committee, please speak with me or with Parker Owen, the Director of Finance for the TVPOA.

Recreation News for April

By Holly Bryant, Recreation Manager

Easter Egg Hunt

The Annual Easter Egg Hunt will be held **Saturday, April 4 at 10 a.m. sharp** at the Wellness Center. The Easter Bunny will be here for photos, so be sure to bring your camera. Contact the Rec Department at 865-458-7070 or 865-458-6779 for more information. You do not have to sign up to attend the Easter Egg Hunt.

Recreation Department CLOSED Easter

The Chota Recreation Center and Wellness Center will be CLOSED on Sunday, April 5, in observance of the Easter Holiday.

Mark Your Calendars now for Camp Tellico!

Camp Tellico is coming soon! Camp will be held

June 22-26

July 6-10

July 27-31

Camp Tellico will be held from 11 a.m.-3 p.m. at the Chota Rec Center on the mentioned weeks. The second week of Camp Tellico (July 6-10) is held in conjunction with the annual Golf Camp at Toqua. **Sign-ups will begin April 1. Registrations will NOT be taken by phone, as payment must accompany sign-up.** Please contact the Toqua Pro Shop regarding information about Golf Camp. Watch the *Connection* for more details. For more information, contact Larissa at the Chota Recreation Center at 865-458-6779.

Rec 101

Join Jessica Antrim for this informative seminar where you can learn everything you need to know about the Recreation Department. What to do, where to go and who to ask as well as upcoming events! If you can't get it here, then we don't know it. The next Rec 101 will be held on April 30 at 12:30 p.m. in the Wellness Center conference room.

Tennis Lesson/Clinic

Interested in learning about tennis? Wanting to jump in on a clinic or get a lesson in the game? Contact Greg Carter at 614-446-9944 or gctennispro@yahoo.com for more information.

“Get Ready for the Season” Swim Team Clinics

The Tellico Village Tarpons Swim Team will be hosting swim clinics on Saturday, April 18, 10 a.m.-1 p.m.; and Sunday, April 19, 1-3:30 p.m. The Wellness Center pool will be **CLOSED** during these times.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- April 13 at 1 p.m.
- April 21 at 2 p.m.
- April 27 at 1 p.m.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Please contact the Wellness Center at 865-458-7070 to have your name added to the date you desire. If the dates above do not work for you or you would like an orientation at the Kahite facility, please leave your name with the front desk and the Instructor will contact you.

Swim Lessons

Are you interested in feeling more comfortable in the water? Are you or your child ready for summer swim? If you are interested in either Adult or Child swim lessons, Competitive Swim Classes or Water Personal Training Sessions, then please contact Kim Wiebe, a Red Cross Certified Swim Instructor today. She is ready to teach any level of swim and will customize the lessons to meet your goals. Competitive Swim can help prepare for a swim team and Water Personal Training sessions provide a no impact, customized workout (no swimming required). Cost for four 30-minute private lessons is \$120; or \$90 for four 30-minute semi-private lessons; cost for water personal training is \$45/hr. If you have questions about any of the classes or lessons or would like to sign up, please contact Kim at 865-661-7365.

The lap lane in the big pool will be closed each Monday 1-5 p.m., Tuesday 1-6 p.m., and Thursday 3-6 p.m. for swim lessons. The other five lanes will be open for open/lap swim.

Cardio Dance Class Clinic

Join Genese Kerns for a cardio dance clinic April 13-27 at 7:15 a.m. This class begins with a gentle total-body warm up, moving on to dance-based aerobic movements choreographed to music that will motivate and move you! No prior dancing experience is required. All movements can be done in a low to high impact, moderate to vigorous manner based upon a student's individual ability. Varied resistance and weight training routines will provide core and muscle-strengthening, and a cool-down period will incorporate moves designed for total body balance, stretching and flexibility. Please wear comfortable clothing and bring a mat, hand weights and water. You don't want to miss this dance party! This clinic will meet on Mondays, Wednesdays, and Fridays 7:15-8:15 a.m., April 13-27 Sign-ups are not necessary. For more information, please contact the Wellness Center at 865-458-7070.

Play and Practice Bridge

Play and Practice Bridge, with the Nances, will begin on Wednesday, April 1, at 9:30 a.m. at the Chota Rec Center. Play and Practice will be instructed by Doug and Helen Nance and will be held each Wednesday at 9:30 a.m. at the Chota Rec Center. Sign-ups are NOT required. If you have any further questions, please contact the Chota Rec Center at 865-458-6779.

Purchasing Hearing Aids Seminar

Join Dr. Jan Dungan of Appalachian Audiology on April 9 at 10 a.m. at the Chota Recreation Center, when they present a seminar on Consumer Protection for Hearing Aid Purchases. Dr. Jan Dungan will discuss how to avoid paying too much for hearing aids, unnecessary features, and information on the newest technology in hearing healthcare such as: Waterproof hearing aids, wireless connection to television and cell phones, hands-free phone use, and new programming features that help the individual hear speech clearly in noisy places like restaurants. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

FREE Hearing Checks

Dr. Jan Dungan from Appalachian Audiology will be conducting comprehensive hearing checks that will look at the outer, middle and inner ear on April 9 at the Chota Rec Center. The screenings will take about 15 minutes. Reservations for the hearing check are required by calling the Chota Rec Center at 865-458-6779.

Long Term Care Planning: Take Charge of Your Future Seminar

Join Financial Representatives Shaun Jenkins and Zach Franklin, from Northwestern Mutual, a leader in the financial industry, as well as the Long Term Care market, for an informative session on how you can continue to live with integrity in retirement while dealing with the challenge of a long term care event for you or a loved one. They look forward to educating you about this growing concern and answering many of the common questions retirees have. This free seminar will be held at the Chota Rec Center on April 10 at 1 p.m. Contact the Chota Rec Center, 865-458-6779, to sign up.

AARP Safe Driving

There will be an AARP Safe Driving course held on Monday, April 13, and Tuesday, April 14, 9 a.m.-1 p.m. (participants must attend both class days) at the Chota Recreation Center. The fee is \$15 per person for members and \$20 per person for non-members. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you may receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center at 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

Spring Cleaning Your Body Seminar

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she talks about Spring Cleaning Your Body. She will discuss the benefits to detoxing your body and learning easy detoxification methods. The seminar will be held at the Chota Recreation Center on April 16 at 10:30 a.m. This seminar will be a great one, so don't miss out. The seminar is Free, but registration is required by calling the Chota Rec Center at 865-458-6779.

Rotator Cuff Tears Lunch and Learn Seminar

Join Dr. Chris Shaver, from Tennessee Orthopedic Clinics, at the Chota Rec Center on April 27 at noon for a FREE LUNCH discussion covering modern techniques in diagnosing and treating rotator cuff tears. This condition is the main cause of shoulder pain in most patients and can be caused by aging, inflammation, trauma or repetitive motion. Please call the Rec Center, 865-458-6779, to sign up for this lunch-n-learn.

Keep a look out....

It's getting close to that time of year again and I know everyone is as ready for it as we are! The outdoor pools will open for the season (weather permitting)

Kahite: April 20

Chota: May 1

For more information about the opening of the outdoor pools, please contact the Chota Rec Center at 865-458-6779.

****NOTE: Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of our property owners, and does not constitute endorsement, recommendation, or favoring by the TVPOA.***

The Blue Heron at the Yacht Club Offerings and Upcoming Special Events

- **Tiki Bar** Friday Nights Are Back! Join us every other Friday night for dinner and dancing! The next Tiki night is April 3 featuring DJ Lou! Entertainment starts at 7 p.m. Call today to make your dinner reservations!
- Join us on the second, third, and fourth Thursday of each month for **Thirsty Thursdays**. With the purchase of dinner, you can order any bottle of wine from our wine list at half price (excludes the house wines).

- Don't miss out on the next **Blue Heron Wine Dinner!** Reservations are filling up fast. Come by the Yacht Club today to purchase your tickets. Monday, April 27, doors open at 6 p.m. We will start the evening with Champagne and Hour d'oeuvres followed by a four-course meal paired with wines.

Questions? Contact Info for the management team:

Christian Barber: Email: cbarber.awehospitality@gmail.com

Jackie Newton: Email: jnewton.awehospitality@gmail.com

For reservations and information, call 865-458-4363.

How are we doing? We appreciate your business and are committed to providing you and your family and friends with quality services. Please take a moment to complete a short survey online:

YachtClubSurvey.com.

2015 Reciprocal Courtesy Cards for Yachting Clubs of America Now Available

Property owners can purchase Reciprocal Courtesy Cards for the Yachting Clubs of America in the POA office for \$20. The card will allow you to frequent the more than 700 yachting clubs which, like TVYCC, are members of the association. There are YCA affiliated yacht clubs throughout the USA and its territories. For more information about YCOA, go to www.ycaol.com; the website that tells about the Association and all the yacht clubs that are members. Stop by the POA office to learn where member clubs are. For other questions about the program, call Mitzi Lane, 865-458-5408, extension 4100.

Tellico Health Chat Videos on a Variety of Health Subjects

Welcome to more episodes of Health Chat. Channel 3 will continue to provide current, accurate information on a variety of health issues by medical professionals in our local community. As we age, we may run into a number of physical health issues and challenges we must resolve. Having trouble with your eyes? Do you have a heart condition? Are you feeling depressed? Join us and watch the following programs.

Dr. John Hoskins, South Eastern Retina on “Ophthalmology: Age-Related Macular Degeneration (AMD)”. AMD is a type of macular degeneration that happens as the result of aging. It causes damage to the macula, a small spot near the center of the retina and the part of the eye needed for sharp, central vision, which lets us see objects that are straight ahead. As we age, we are susceptible to other types of diseases and conditions of the eye. What are these diseases and what effect does it have on your retina?

Dr. Gregory Brewer, Restoration Heart Care on “Cardiac Restoration (EECP)”. Enhanced External Counterpulsation (EECP), is a non-surgical treatment option for individuals who experience symptoms from cardiovascular disease. How does EECP work? Is this the right process for you? Get answers to some of the most frequently asked questions, including who needs it and for how long.

Dr. Bob Walker, Eye Care Centers on “Ophthalmology: Cataracts” Cataracts are most commonly an unavoidable aspect of getting older, but despite their “natural” origins, they’re still a seriously debilitating condition with symptoms that can leave your eyesight in a poor state. A cataract is a clouding of the eye’s natural lens, which lies behind the iris and the pupil. Cataracts are the most common cause of vision loss in people over age 40. Learn about the symptoms and signs of a cataract as well as the different category of cataracts.

Tamela King: Licensed Clinical Social Worker with Peninsula on “Depression in Older Adults”. There are also mental challenges we must overcome or continue to deal with. One of these issues is depression. Now and then, everyone gets depressed. It’s a mood disorder that causes a feeling of sadness and loss of interest. Peninsula Outpatient Center inpatient program is designed to provide 24-hour nursing/physician care and crisis intervention/stabilization services. Individuals who are admitted into Peninsula often require medical observation and regulation of prescription medications. Some may seek help because they are severely impaired in their thinking or are suffering from thought disorder. Others may be a danger to themselves or others due to suicidal or homicidal thoughts or psychiatric illness. Learn about the services they provide, symptoms, risk factors and treatments of Depression.

In the Village, you can watch us on Charter cable channel 193 at 3:00pm. We invite you to watch our schedule for upcoming episodes and encourage you to offer suggestions about topics of interest. You can

email us at: channel3@charter.net with your comments. Don't have Charter TV, or live outside of Tellico Village. Visit us on our website: <http://tellicovillagechan3.org> to view the videos and announcements.

Holy Week Services

- Christ Our Savior Lutheran Church will have a Good Friday Service April 3 at 2 p.m. Join us for a special showing of the DVD, "The Week That Changed The World" as told by Professor of ancient history and world-renowned expert Dr. Paul L. Maier.
- The Community Church at Tellico Village will have a Maundy Thursday service at 7 p.m. in the Founders Chapel.
Then a Good Friday meditation noon-3 p.m., also in the Founders Chapel. People can come anytime during that time and stay for as long as they want.
Easter Sunday sunrise services: 7 a.m. at Kahite Clubhouse and 6:45 a.m. at Rarity Bay Pointe.
Sanctuary services at 8 and 10:15 a.m. with an Easter egg hunt for the children at the 10:15 service.
- First Baptist Church of Tellico Village will have a Tenebrae Service (A Service of Shadows) on Friday, April 3, 7 p.m. On April 5, 8 a.m., Son Has Risen Service; 8:30 a.m. Continental Breakfast; 9 a.m. Bible Study; 10:15 a.m. Easter Worship Service.

Some Other Stuff You Need to Know...

Blessing of the Baskets April 4

As Easter approaches, the members of the Polish Heritage Club are preparing to celebrate the occasion according to an age-old Polish tradition. With Easter comes the end of Lent and the period when Catholics traditionally made sacrifices to prepare for the death and resurrection of Christ. This meant that on Easter Sunday the strictures that limited food and other dietary items from the diets of Polish Catholics were no longer in effect. Accordingly, the Polish people celebrated by enjoying a huge Easter dinner. The meal included traditional Polish items: ham, kielbasa (polish sausage), bacon, boiled eggs as well as bread and Polish pastries. The Polish word for the celebration is "Swienconka."

The tradition in Poland is that the items to be consumed during the meal would be taken to the parish church where the priest would bless them. This blessing of the baskets will be done locally at St. Thomas the Apostle Catholic Church in Lenoir City on Saturday, April 4, at noon.

Tellico Vintage Vehicles Meets April 1

The Tellico Village Vintage Vehicles club will meet 6:30 p.m. Wednesday, April 1, in the Yacht Club. The car club meets on the first Wednesday every month. For more information, go to www.TVVintageVehicles.org or contact Tom Greene, tgreene91@gmail.com.

Thyme for Herbs Meets April 2

Thyme for Herbs will meet 9 a.m. Thursday, April 2, in Chota Rec Center, room D. Sheila Borders, with the UT Extension in Loudon County, will do a talk and tasting of cooking with herbs. For more information, call Mary Garner at 865-408-0337.

Garden Club Meets April 2

The Tellico Village Garden Club will meet on Thursday, April 2, at the Yacht Club. Come at 12:30 p.m. for social time. Any gardening question can be submitted for our "Ask the Gardener" at 12:45p.m. The program begins at 1 p.m.

Dr. Leo Lubke and his wife Linda will be presenting a program on Square Foot Gardening. Dr. Lubke received his doctorate from State University of NY. He has completed Master Gardener Certification in NY and TN. He is also a member of the Garden Writer's Association and writes a garden column for a regional newspaper. Leo and his wife, Linda, reside in Kodak, TN., where their gardens include vegetables, fruits, flowers and a "Bird & Butterfly Garden" with a waterwheel and pond area. Linda holds BS and MS degrees in education from the State University of NY. She retired as a K-8 Assistant Principal. She enjoys photography as one of her hobbies.

Visitors are welcome. For more information, contact Dori Holt at [865-657-5050](tel:865-657-5050) or see our website at

www.tellicoclubs.com/garden.

Mah Jongg - Open Play

- April 2 and 16, first and third Thursday of each month, 1-4 p.m., Chota Rec Center,
- April 14 and 28, second and fourth Tuesday of each month, 1-4 p.m., Chota Rec Center
- April 14, 21, and 28, the second, third, fourth, and fifth Monday of each month, 1-4 p.m., Chota Rec Center

Please wear your name tag! No food; bring your own drink.

If you have any questions, please call Carolyn Neely, 865-458-1323, carolynneely@charter.net.

Woodworkers Meet April 2

The Tellico Village Woodworkers Club will meet 7 p.m. Thursday, April 2, in the Yacht Club. There has been a change in the discussion topic for the April meeting. The educational program will be presented by club member, Mel Fisher. He will discuss making a half hull ship model. The public is invited.

TCP Auditions for *Love, Loss and What I Wore* Begin April 7

The Tellico Community Players will be holding auditions for the upcoming production of “Love, Loss and What I Wore”. The auditions will be held on April 7 (11 a.m.-1 p.m.), April 9 (2-4 p.m.) and April 11 (2-4 p.m.) at the Tellico Community Playhouse located at 304 Lakeside Plaza, Loudon (in Tellico Village).

The cast is composed of five women of various ages. This powerful and compelling comedy uses the female wardrobe as a time capsule of a women’s life. The play was written by Nora and Dellia Ephron and was designed to be performed as a readers’ theatre project. This play has scheduled performances on May 28, 29, and 30 (at 7:30 p.m.); and May 31 (at 1:30 p.m.). Scripts will be available at the Tellico Village Library by April 1. Contact Don Morton, producer, at dmorton3@charter.net for more information.

TV Computer Users Club Meets April 7

The Tellico Village Computer Users Club will hold a general meeting 7 p.m. Tuesday, April 7, in the TV Yacht Club, top floor. After announcements and committee reports, the program will be presented by Michael and Heather Phillips of Elite Technology Group. The severity of “hacking” and possible solutions should be of great interest to especially as members of TVCUC.

There will be several door prizes for members attending. Be sure to get your ticket after you register. See you there.

The Board of Directors meets the second Tuesday of each month in Room D at the Chota Rec Center. Visitors are welcome.

Visit our Website at www.TVCUC.org.

Cruising Club Meets April 8

The Tellico Cruising Club will hold its monthly meeting on Wednesday, April 8, in the TV Yacht Club. The social hour begins at 5 p.m. with the meeting starting promptly at 6 p.m. All Tellico Lake boaters are welcome. Any questions should be directed to Commander Romano Sims at 865-408-9356.

Fishing Club Meets April 8

The Tellico Village Fishing Club monthly meeting will be 7-8:30 p.m. Wednesday, April 8, in the Tellico Village Yacht Club. This month’s speaker will be Billy Wheat, a fishing guide with Rip-Rap Adventures. He will be discussing where and how to catch bass on Watts Bar and Chickamauga lakes. Visitors are welcome.

Hike Laurel Falls April 10

The Tellico Village Hiking Club will depart 8 a.m. Friday, April 10, from Chota Center, to hike:

- **LAUREL FALLS – Laurel-Snow Bowater Pocket Wilderness**
- Distance: 6 miles
- Rating: Moderate with some rocky footing