



POA Meetings and Events:

- **Rec 101, 12:30 p.m. Thursday, Oct. 31, Wellness Center**
- **Communications & Marketing Advisory Committee, 9 a.m. Friday, Nov. 1, POA Office**
- **POA Board Workshop, 10 a.m. Tuesday, Nov. 5, POA Office**
- **Architectural Control Committee, 9 a.m. Thursday, Nov. 7, POA Office**

Online Survey Results Roll In

More than 400 Villagers have already ventured online to participate in the POA survey. The survey information and login were sent with the quarterly newsletter a little more than a week ago. It was that bright green sheet of paper included with the light brown colored newsletter.

Some Villagers have emailed or called with questions or clarifications on the survey. If you haven't completed your survey yet, maybe these answers will help you.

Q: I got a message at the end of the survey that it didn't record my data. How can I be sure my input is counted and recorded?

A: Sometimes at the end of the survey, the website gives you the screen that may indicate your data was not recorded. However, it may be a bit of a false reading due to the way the survey skips some questions based on your response. If you want to know for sure, give us a call.

Q: Can I use my username and password to take the survey a second time?

A: The usernames and passwords are one time use and are unique. If you think your input was not recorded, contact us.

Any problems or questions at all, don't hesitate to call Patty Robichaud, 865-458-5408 ext. 4115; or John Cherry, 865-458-5408 ext. 4105.

To go directly to the survey (some Villagers are having trouble entering the website into their URL), click on www.TellicoSurvey.com.

Recreation Department Activities

Thanksgiving Hours

The hours for the Recreation Department during the Thanksgiving holiday are as follows:

- **WELLNESS CENTER**
 - Thursday, Nov. 28 - **CLOSED**
 - Friday, Nov. 29 - 6 a.m.-5 p.m.
- **CHOTA**
 - Thursday, Nov. 28 - **CLOSED**
 - Friday, Nov. 29 - 8 a.m.-5 p.m.

The Recreation Department staff would like to wish everyone a safe and happy holiday. Happy Turkey Day!

Toys for Tots

Please join the Tellico Village Woodworkers in supporting the 2013 Toys for Tots Campaign. The Toys for Tots organization provides Christmas presents for needy and underprivileged children. Toy donation boxes will be in the lobby of the Tanasi

(Continued on page 2)

TELLICO VILLAGE POA **Tell-E-Gram**

Midweek October 29, 2013

(Continued from page 1)

Clubhouse, Wellness Center, Chota Recreation Center, the Yacht Club, the Library and More Than Mail Nov. 1- Dec. 4. Pre-addressed envelopes will be available at each drop-off location for residents who would like to make cash donations. Please make sure that the donated toys are new and unwrapped. **The toys collected will be presented to the Loudon County Sheriff Department along with the Woodworkers toys at 7 p.m. Dec. 5 at the Tellico Village Community Church. Toys will be on display starting at 5 p.m.** Your efforts are certainly appreciated and will help a young child have a very Merry Christmas this year.

Weight Equipment Orientations

Orientations, by appointment only, on the proper use of the cardiovascular and weight equipment, at the Wellness Center, will be provided:

- Tuesday, Nov. 5 at 10:30 a.m.
- Wednesday, Nov. 6 at 3 p.m.
- Wednesday, Nov. 13 at 4 p.m.
- If you wish to make an appointment for an orientation at the Kahite Fitness Facility, please leave your name at the front desk.

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Contact the Wellness Center, 865-458-7070, to have your name added to the date you desire.

Mitten Tree

Please help the Community Church in supporting the Mitten Tree for 2013. The Mitten Tree will be at the Chota Rec Center and the Wellness Center Nov. 16- Dec. 20. You may place your mittens, scarves, hats on these trees during this time.

Rec 101

The next Rec 101 will be 12:30 p.m. Thursday, Nov. 21 should you be interested in learning the ins and outs of the Recreation Department. For more information, please contact Jessica Antrim at 865-458-7070.

AARP Safe Driving

There will be an AARP Safe Driving course held 9 a.m.-1 p.m. Monday and Tuesday, Nov. 18 and 19 (participants must attend both class days) at the Chota Recreation Center. The fee is \$12 per person for members and \$14 per person for non-members. Payment is expected the day of the class and members are asked to bring their AARP membership card, if applicable. After completion of the class, you will receive a discount on your auto insurance premium. Class size will be limited, so sign up today by calling the Chota Rec Center at 865-458-6779. If the class is full, a waiting list will be maintained for future classes.

Tennis Lesson/Clinic

Interested in learning about tennis? Wanting to jump in on a clinic or get a lesson in the game? Contact Greg Carter at 614-449-9944 or gctennispro@yahoo.com for more information.

Swim Lessons

Are you interested in feeling more comfortable in the water? Are you or your child ready for summer swim? If you are interested in either adult or child swim lessons, please contact the Wellness Center to have your name added to the list. Kim Wiebe, a Red Cross Certified Swim Instructor, is ready to teach any level of swim and will customize the lessons to meet your goals. Cost for four 30-minute private lessons: \$120 and \$90 for four 30 minute semi-private lessons. If you have questions about Kim or swim lessons, please contact Kim at 865-661-7365. If you are interested in signing up for lessons, please contact the Wellness Center at 865-458-7070.

The lap lane in the big pool will be closed each Monday and Tuesday from 1- 5 p.m. for swim lessons. The other five lanes will be open for open/lap swim.

(Continued on page 3)

(Continued from page 2)

Taking Control of your Skin Seminar

Join Jill Smith, consultant for Rodan + Fields Dermatologists 10 a.m. Monday, Nov. 5, in the Chota Rec Center to learn how to put science to work for you this winter. Battle fine lines, loss of firmness, brown spots and more to take control of your skin's destiny today! Light refreshments will be served. This seminar is free, but registration is required by calling 865-458-6779.

Hearing Seminar

Get all of your hearing questions answered! Join Dr. Jill Cole Gresham with the Family Hearing Center 2 p.m. Tuesday, Nov. 5 at 2 p.m., in the Chota Recreation Center and join the discussion about common hearing issues. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

Hearing Seminar

Join the Appalachian Audiology 10 a.m. Thursday, Nov. 14, in the Chota Recreation Center. Dr. Jan Dungan, a clinical audiologist at Appalachian Audiology, will present a seminar on "I Can Hear You, But I Can't Understand What You Are Saying." This discussion will provide advanced solutions for people who struggle to hear conversations in noisy places or on the phone (especially during the holidays!) and the difference between hearing and listening. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

FREE Hearing Screen Checks

Dr. Jan Dungan of Appalachian Audiology will offer FREE hearing screenings and consultations about tinnitus, balance, or hearing aids 10:45 a.m.-1:30 p.m. Thursday, Nov. 14, in the Chota Recreation Center. The screening will check the outer, inner, and middle ear and will take about 15 minutes. The screening is FREE, but sign-ups are required by calling the Chota Rec Center at 865-458-6779.

Prevent Joint Replacement Seminar

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, 11:30 a.m. Thursday, Nov. 14, in the Kahite Activity Center when she discusses how to prevent joint replacement surgery. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

FREE Health and Wellness Screening

Join Dr. Jessica Smiley-Hedrick, a Volunteer Wellness Consultant for the Non-Profit "Foundation for Wellness Professionals," along with her team will be at the Wellness Center 9:30 a.m.-noon Wednesday, Nov. 13, to offer Free Screenings. Screenings will include Saliva Test for chemical toxicity, Stress Test, Blood Pressure Check, and a Physical Evaluation for traumatic injuries. The Screenings are FREE and sign-ups are not required.

Stress Seminar

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, 10:30 a.m. Thursday, Nov. 21, in the Chota Rec Center when she presents how to understand the power of stress, how much accumulated stress your body is holding, and more importantly, how to release tension. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

Fourth Free Friday

Come try us out for FREE on the fourth Friday of each month. See what you are missing at one of your Recreation facilities. Try out the equipment, go for a swim, work up a sweat in one of more than two dozen fitness classes or pick up a racquet. The only thing which limits the possibilities is your not taking advantage of this special offer. This month's free Friday is Nov. 22.

Pools at Wellness Center Closed Oct. 30

The pools at the Wellness Center will be closed 2-4 p.m. Wednesday, Oct. 30, for maintenance.

The Blue Heron at the Yacht Club Offerings and Upcoming Special Events

- Join us in The Blue Heron to enjoy new bread served with pesto and olive oil.
- New complimentary house made chips are available at the bar.
- **Prime Rib Friday**, \$16 for 8 oz. or \$22 for 12 oz.
- **Baby Back Rib Saturday**, \$11 for half a rack or \$16 for a full rack.
- **October Fest Buffet** Tuesday, Oct. 29.
- The Blue Heron is currently taking reservations for Thanksgiving and New Year's Eve.
- The Blue Heron presents the Tellico Community Players' version of *The Trial of Ebenezer Scrooge*, a comedy by Mark Brown, \$35 per person, noon and 6 p.m. shows Dec. 9-11.

Tellico Village can now be found on Facebook. Follow this link or search and "like" our page to see the Yacht Club calendar and more: www.facebook.com/pages/Tellico-Village/107440545979485

On a Special Note...

Did you know you can find the Yacht Club calendar and menus online? Go to www.TellicoVillagePOA.org, log in or click on the POA logo, select CLUBHOUSES, click on YACHT CLUB.

For reservations and information, call 865-458-4363.

How are we doing?

We appreciate your business and are committed to providing you and your family and friends with quality services. Please take a moment to complete a short survey online: YachtClubSurvey.com.

Reciprocal Courtesy Cards for Yachting Clubs of America Available

Property owners can purchase Reciprocal Courtesy Cards for the Yachting Clubs of America in the POA office for \$20. The card will allow you to frequent the more than 700 yachting clubs which, like TVYCC, are members of the association. There are YCA affiliated yacht clubs throughout the USA and its territories. For more information about YCOA, go to www.ycaol.com; the website that tells about the Association and all the yacht clubs that are members. Stop by the POA office to learn where member clubs are. For other questions about the program, call Mitzi Lane, 865-458-5408, extension 4116.

2014 Budget Meeting Schedule for 2013-2014

- Nov. 1, Finance Advisory Committee Final Review of 2014 Budget 10 a.m. to noon, POA office
- Nov. 7, Board review of final draft 9 a.m. to 11 a.m., Yacht Club top floor
- Nov. 13, Board second review of final draft, if needed, 10 a.m. to noon, Yacht Club downstairs
- Nov. 20, Board approval of 2014 Budget, regular monthly Board meeting
- Dec. 2, mail assessment coupon books to property owners
- Jan. 15, 2014, true up beginning cash balances for actual yearend; adjust cash flow statements and review at regular monthly Board meeting

Waste Connections Rate Change

Effective Nov. 1, 2013, the rate for residential trash and recycle pick-up will increase by 1.75% - or go from \$14.31 to \$14.56 per month, or \$43.68 per quarter. This contract between Waste Connections and TVPOA will expire Oct. 1, 2014.

Some Other Stuff You Need to Know...

Pickleball Schedule

- Monday, Nov. 4, 6-8 p.m., New Player Class
- Thursday, Nov. 7, 5-7 p.m., Drills
- Thursday, Nov. 14, 5-7 p.m., Evaluations
- Saturday, Nov. 16, 5-7 p.m., Evaluations
- Thursday, Nov. 21, 5-7 p.m., Drills

Mah Jongg - Open Play

- Nov. 7 and 21, first and third Thursday of each month, 1-4 p.m., Chota Rec Center, Room D
- Nov. 12 and 26, second and fourth Tuesday of each month, 1-4 p.m., Chota Rec Center, Room B
- Nov. 25, fourth Monday of each month, 11:30 a.m.-2:30 p.m., Chota Rec Center, Room D

Please wear your name tag!

If you have any questions, please call Carolyn Neely, 865-458-1323, carolynneely@charter.net.

Computer Users Club Meets Nov. 5

The Tellico Village Computer Users Club will meet 7 p.m. Tuesday, Nov. 5, top floor of the Yacht Club. Important proposed Club Bylaws will be discussed. See you there. Visit www.TVCUC.org for more information.

WATeR's Annual Meeting Nov. 7

Friends of WATeR (Watershed Association of the Tellico Reservoir) and the public are invited to WATeR's Annual Meeting 7 p.m. Thursday, Nov. 7, in the Community Church at Tellico Village's Christian Life Center. Dr. Mark Squillace will discuss the potential hazards we face to keep our lake water clean.

The evening's activities begin at 6:30 p.m. with an opportunity to meet Dr. Squillace and view table top exhibits provided by a variety of organizations. Dr. Squillace presentation begins at 7 p.m. Attendees will be provided an opportunity to ask questions. The presentation will be followed by a brief business meeting and refreshments.

WATeR (the Water Association of the Tellico Reservoir) is an all-volunteer, nonprofit corporation dedicated to protecting and improving the environment in the Tellico Watershed. For more information visit the Association's website: www.tellicowater.org.

Garden Club Meets Nov. 7

The Tellico Village Garden Club will meet on Thursday, November 7, at the Yacht Club. Come at 12:30 p.m. for a social time. "Ask the Gardener," begins at 12:45, when our knowledgeable gardeners will be available to address questions. The program this month: "Planting Techniques and Controlling New Invasive Insects," presented by Neal Denton, UT Extension Director. Visitors are welcome. For more information, contact Linda Schuessler, 865-657-9228, or see www.tellicoclubs.com/garden.

Hike Twentymile Loop Trail Nov. 8

The Tellico Village Hiking Club will leave 8 a.m. Friday, Nov. 8, from Chota Center to hike:

- **Twentymile Loop Trail**
- Distance: 7.5 miles
- Rating: Moderate
- Driving Time: 1-1/2 hrs.
- Elevation gain: 1,300 feet
- Leader: Curt Sheldon, 865-458-8510 or curtssheldon@gmail.com

Recent Events and Bragging Rights

TVLGA-18 “Plays it Forward”

The Tellico Village Ladies’ Golf Association (TVLGA-18) was formed in 1988 by a small group of Tellico women golfers. This group has since grown to approximately 130 members who play organized golf each Tuesday from April through October. The stated objective of the organization is to encourage play of golf, according to USGA rules, to conduct tournaments throughout the year; and, manage weekly play which varies from individual to team competitions. The League welcomes players of varied handicaps, capped at an index of 36.4 or less.

As result of the PGA promoted program “Tee it Forward,” the TVLGA-18 began actively embracing play from the forward tees in 2012. This began with the construction of the new forward tee boxes (black tees) at Tanasi and Toqua and is continuing with the much anticipated Tennessee Golf Association golf course rating process. Vicki Schwerdt, representing the Golf Advisory Committee and the TVLGA suggests *that everyone give the black tees a try. They are a work in progress both on the course and in our leagues and we are still in the learning stage. It has been fun to see people renew their excitement for the game of golf because of the black tees.*

Initially, the League used a formula of “age plus handicap index must be over 90” to qualify for forward tee play. That formula proved to be a negative and was removed at the beginning of their 2013 year. Forward tee play became open to anyone and, almost immediately, the League began to see a marked increase in participation. Today, over 40 of its members have signed up to “play it forward.”

Because the concept of playing from two different teeing grounds is brand new to ladies’ golf, there have been some hurdles to overcome. It was quickly learned that net competition was fair because of the handicap adjustments that are made. Gross competition, however, called for the creation of a separate flight. And, there are some games which require a thoughtful balance of players on each team.

Without exception, the ladies who have chosen to play from the forward tees have expressed a new love and enjoyment of the game of golf. A veteran member of the TVLGA-18, a member of the Tellico Handicap Committee and a knowledgeable advocate of the “forward tees,” Nancy McDaniel had the following remark, *“Tee It Forward’ has changed my golfing life for the better!!”*

Forward tee play has also been endorsed by the Professional Staff at Tellico. Adam Jacob, PGA Pro who works

closely with the TVLGA-18 offered the following observations: *The “Tee it Forward” program has been a huge success for the LGA 18. More and more women are moving up each week, which is due to the testimony of Nancy McDaniel, Myra Germilbac, Kay Patterson and many others. We currently have a third of our league playing it forward each week. The women who play from the forward tees are enjoying golf again. Scores are lower and pace of play has been the fastest in years. At the end of their rounds, heads are held up high with smiling faces and excitement about their game again. Some have even said their energy levels are up because of the less time and shots taken. It’s not a lot of fun hitting fairway woods all the time and making double bogies.*

