

Tell-E-Gram Text Only Version, May 28, 2013

POA Meetings and Events:

- **Architectural Control Committee Workshop, 9 a.m. Thursday, May 30, POA Office**
- **Rec 101, 12:30 p.m. Thursday, May 30, Wellness Center**
- **POA Board Workshop, 10 a.m. Tuesday, June 4, POA Office**
- **Architectural Control Committee, 9 a.m. Thursday, June 6**

Recreation News and Events for June

Hours of Operation

Wellness Center

- Monday-Thursday: 6 a.m.-9 p.m.
- Friday: 6 a.m.-8 p.m.
- Saturday: 7 a.m.-5 p.m.
- Sunday: 10 a.m.-5 p.m.

Chota Recreation Center

- Monday-Thursday: 8 a.m.-9 p.m.
- Friday and Saturday: 8 a.m.-7 p.m.
- Sunday: noon-7 p.m.

Kahite Activity Center

Please contact the Kahite Pro Shop at 423-884-6108 or 865-458-2639

The Pools are OPEN!

The pools are open to members and their guests. Proper swimwear is required. All children under the age of 16 must be with a responsible adult (21 years or older) at all times. Contact the Wellness Center: 865-458-7070 or Chota Recreation Center: 865-458-6779 for more information.

Kahite Classes

Water Exercise classes are held on Mondays, Wednesdays, and Fridays at 9:15 a.m. Fit & Tone is held Mondays, Wednesdays and Fridays at 8 a.m. BBB at Kahite meets on Monday, Wednesday and Fridays at 10:30 a.m. Pilates-Yoga continues on each Tuesday at 4 p.m. with Rose Howard and Pilates with Kathie Trocolla continues each Thursday at 8:30 a.m. For more information regarding the Kahite fitness classes, please contact the Wellness Center at 865-458-7070.

Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Thursday, June 13, at 4 p.m.
- Monday, June 17, at 4 p.m.
- *Anyone wishing to make an appointment for an orientation at the Kahite Fitness Facility please contact the Wellness Center at 865-458-7070 and leave your name with the receptionist.*

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Please contact the Wellness Center at 865-458-7070 to have your name added to the date you desire. If the dates above do not work for you, please leave your name with the front desk and the Weight Equipment Orientation Instructor will contact you.

Jin Shin Jyutsu®

Join Mary Ruth Kelly at the Wellness Center for Jin Shin Jyutsu® Self-Help on Thursdays at 2:15 p.m. beginning Thursday, June 27. The clinic will run for six weeks, ending Aug. 1, so don't miss out. For more information about Jin Shin Jyutsu®, please contact Mary Ruth Kelly at 865-458-2910.

Tellico Village Swim Team News

Summer is on its way, believe it or not! And the Tellico Village Swim Team is gearing up for the 2013 swim season. Evening practice continues from 6 p.m.-8:30 p.m. each Tuesday and Thursday through Aug. 1 at the Wellness Center. Morning practice is held each Monday, Wednesday, and Friday 8 a.m.-10 a.m. at the Chota Rec Center thru Aug. 2. The pool will be closed for open swim and classes during practice times. **The Wellness Center pool will be CLOSED for swim meets, beginning at 4:15 p.m., on June 6, June 20, and July 11.** For more information about the swim team, you can email the team manager, Agnes Beauchamp, at tvtparsons@charter.net.

Camp Tellico

Camp Tellico will be held 11 a.m.-3 p.m. June 24-28. For more information, contact the Chota Recreation Center at 865-458-6779. **CAUTION:** This will be a busy week, so please plan your visits to the Rec Center accordingly.

Rec 101

Are you interested in learning the ins and outs of the Recreation Department? Would you like to learn who the correct contact person is for room reservations or the addition of new classes? If so, please attend the Rec 101 12:30 p.m. Thursday, June 20, in the Wellness Center. Reservations are not required.

Hearing Aid Seminar

Join Dr. Jill Cole with the Family Hearing Center 2 p.m. Tuesday, June, in the Chota Recreation Center. Join this discussion for advice in choosing the best hearing aid for you. There are many different hearing aids to choose from and with all the information out there on the internet, it can be confusing. This seminar will help you sort through the information and give you tips on what information to look for. The seminar is free, but registration is required by calling the Rec Center at 865-458-6779.

Hydrating and Healthy Food Seminar

Join Dr. Mays from the University of Tennessee and Dr. Matt St John, a practicing naturalist, 11 a.m. Friday, June 14, when he presents a seminar on which foods will keep you hydrated and healthy during the summer. The seminar is Free, but registration is required by calling the Chota Rec Center at 865-458-6779. After the seminar, if you are interesting in talking more, you can meet Mr. Mays and Dr. St. John at Tanasi for lunch.

Being Financially Fit Seminar

Are you Financially Fit? Join the Mentzer Group for a FREE lunch and learn to find out what

you need to know regarding estate planning and retirement, including taxes, IRA and 401K management, the recession, inflation and more. The seminar will be held at the Chota Rec Center 11:30 a.m. Tuesday, June 18, and is free but reservations are required by calling the Rec Center at 865-458-6779.

Rising Interest Rate Seminar

Preparing For A Rise In Interest Rates: Many people associate fixed-income investing with safety, but not everyone realizes how much rising interest rates can impact a fixed-income portfolio. Market analysts are anticipating higher interest rates in the coming years, and we believe that now is an optimal time to begin preparing for them. Kyle J. Griffin, Financial Advisor from Proffitt & Wilkes Financial Consulting Group will be giving a free seminar to discuss strategies for addressing interest-rate risk. He will also discuss related topics, including the economic forces that contribute to higher rates, the relationship between a bond's "duration" and its interest-rate sensitivity and the importance of asset allocation. Free ice cream will be served at this free seminar at the Chota Recreation Center 1 p.m. Thursday, June 20. Please call the Rec Center at 865-458-6779 to sign up.

Grocery Store 101 Seminar

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she helps you understand the front and back labels of food, the ingredient list and nutritional table. Grocery shopping can be a dreaded task, but this fun talk will help you find simple ways to shop healthy and efficiently. The seminar will be held at the Chota Rec Center 10:30 a.m. Thursday, June 20 a.m. This seminar will be a great one, so don't miss out. The seminar is free, but registration is required by calling the Chota Rec Center at 865-458-6779.

Yacht Club Offerings and Upcoming Special Events

- **Tiki Bar** is back every Friday at 6 p.m. DJ Lou appears May 31.
- **Cruising on the Patio** has begun at the Yacht Club every Sunday noon- 5 p.m. Come on your boat or anyway you can for drinks and food from the grill. (Will be canceled on days that it rains.)
- We will be offering a **Surf and Turf special for Father's Day** in the dining room, Saturday, June 15. Call the club for price details and to make reservations.
- **The Tellico Jazz and Music Lovers** will be having a concert in the Great Room of the Yacht Club 7 p.m. Tuesday, June 18. This is a great chance to come early and have dinner in the Blue Heron Dining Room beforehand. Call Steve Geoffrey at 865-408-1370 to arrange for the purchase of tickets for this event.
- Join us for a **Luau Party** on the Dock, Friday, June 28, with DJ Poppa Hoppa. Drinks, grill and fun! Admission is \$2.
- Join us on Tuesday, May 28, in the dining room for our all you can eat **Italian Buffet**. It is \$13 all inclusive. We will also have a limited ala carte menu available for those who wish to have regular dining.
- Don't forget **Independence Day** is coming soon! The Yacht Club will be having a patio party on July 4. Tickets are \$10 and can be bought at the Yacht Club. There will be food from the grill, live music, drinks and dancing plus fireworks at sundown. Admission will get you a free house drink from the bar, but the grill is not included in this price. The dining

room will be closed that day for this special event. Get you tickets now!

- **Chef Warren's Wine Dinners and Chef Demos** are back! Join us on May 30 at 6 p.m. for the following menu: California Shrimp Roll with Daikon and Pickled Ginger, Teriyaki Breast of Chicken, Rice Noodle Vegetable Stir Fry, Banana and Mango Fried Wontons, and Almond Jelly. \$50/person plus gratuity and tax. Accompanying wines with each course. Call the club for reservations.
- Lunch is now open at the Yacht Club for the summer season, Wednesdays – Fridays, noon - 2pm. Come and enjoy!
- Join us for dinner on Saturday nights for Chef Warren's delicious BBQ Ribs. They are on special for \$15 a full rack and \$10 for a half rack.
- Seafood Week will be June 25-29. Chef Warren will have several seafood options available, finishing the week (Saturday, June 29) with Snow Crab Legs on special. One and a quarter pounds for \$20 plus tax and gratuity!
- The dining room is now open again until 9 p.m. Tuesday-Saturday due to popular demand.
- All-You-Can-Eat Buffet 6-8 p.m. Tuesday, June 25, will be Mexican theme, \$13 all inclusive. We will also have a limited a la carte menu available for those who prefer regular dining.

The Tellico Village Yacht and Country Club can now be found on Facebook. Follow this link or search and "like" our page: www.facebook.com/pages/Tellico-Village-Yacht-and-Country-Club/438163296194885

On a Special Note...

Did you know you can find the Yacht Club calendar and menus online? Go to www.TellicoVillagePOA.org, log in or click on the POA logo, select CLUBHOUSES, click on YACHT CLUB.

For reservations and information, call 865-458-4363.

How are we doing?

We appreciate your business and are committed to providing you and your family and friends with quality services. Please take a moment to complete a short survey online:

YachtClubSurvey.com.

Some Other Stuff You Need to Know...

HOA Golf May 30

The HOA 9-hole best ball scramble will begin 3:30 p.m. Thursday, May 30, at Tanasi. There is an optional dinner after the game. To join or for more information, contact Paul Sheffer, paul.sheffer@yahoo.com.

New Beginning Tai Chi Class Begins June 6

The Taoist Tai Chi Society will offer a beginning Tai Chi class 10:30 a.m.-noon beginning Thursday, June 6, in the Wellness Center. (You do not need to be a member of the Wellness Center to attend these classes.) This four-month session will teach you the 108-movement exercise set. For more information, contact Gail Eades, 865-599-6785.

Taoist Tai Chi is a slow movement "internal" form of the ancient Chinese martial art. It is widely known for its health benefits, for increased flexibility and strength, for improved balance, and for taming the "busy mind." It can be practiced by people of all ages and physical

conditions.

The Taoist Tai Chi Society is a tax-exempt, charitable and all-volunteer organization. Their qualified instructors donate their time in order to share the health-giving benefits of Tai Chi.

Loudon County Clerk's Office Will Open TV Satellite Office June 6

The Loudon County Clerk is pleased to announce the opening of our new satellite office in the Tellico Village area. Effective Thursday, June 6, the Loudon County Clerk's office will be assisting customers with the following services: Vehicle registrations, vehicle renewals, duplicate titles, handicap applications.

The office space is located at: 100 Chota Center, courtesy of Lakeside Real Estate Group. Hours will be: 9 a.m.-4 p.m. Thursdays to serve Loudon County residents.

Indian Boundary Lake Hike June 10

The Muddy Boots Hiking Club will leave 8 a.m. Monday, June 10 (June 17 rain date), from Chota Center, to hike:

- Indian Boundary Lake
- Distance: 3 miles
- Rating: Easy
- Elevation Gain: Minimal
- Leader: Bruce Barbre

This is an easy 3-mile walk in the woods around a pretty mountain lake with minimal elevation gain. Hiking boots or good walking shoes recommended. Bring ample water and a trail lunch. We'll circle the lake, beginning and ending at the picnic pavilion and have lunch there. Rest rooms are available at the picnic pavilion. Car-pooling is recommended and will be set up the morning of the hike. Passengers are asked to contribute \$5 to the driver to help cover gas and the day use fee.

Fishing Club Meets June 12

The Tellico Village Fishing Club will meet 7-8:30 p.m. Wednesday, June 12, in the Yacht Club. Returning speaker Chadwick Ferrell, professional fish guide, will discuss fishing Watts Bar Lake for bass and the use of a cast net. Visitors are welcome. For more information, contact Chuck Stoeffler, 865-458-1410.

Retiring Unserviceable American Flags

American Legion Post 256 will be "properly retiring unserviceable" American flags on Friday, June 14. The Flag Retirement Ceremony will be conducted at the Tellico Village Fire Department on Chota Road starting at 10 a.m. The collection period for placing flags in a collection container through June 12. The collection containers are located at the following places:

- Chota Recreation Center
- Kahite Clubhouse Lobby
- Tanasi Clubhouse Lobby
- Tellico Village POA Administrative Offices
- Tellico Village Public Library
- Tellico Village Fire Department Building

Recent Events and Bragging Rights

Golfers Trip Nets Hole in Ones

A group of 20 Villagers, along with some Blount County golfers, just got back from our yearly trip to Myrtle Beach. We played five days of golf.

This year, two golfers hit hole in ones on the trip:

- On May 21, Howard Higby hit his hole in one at the Leopard's Chase 133 yard hole number 4 using a 7 iron. Witnesses were Jud Burdick, Frank Burgren, and Bruce Wigder.
- Two days later on May 23, Marv Hennen hit his hole in one at the River's Edge 118 yard hole number 5 using a gap wedge. Witnesses were Jim Lawson, Howard Higby, and Lee Huffaker.

Submitted by Lee Huffaker

Fish Tale from Mialaquo

According to Gary Nye: "Our [Mialaquo] neighbor, Scott Shields, and his father-in-law, Inars Auzins, caught this 40-inch catfish a couple weeks ago. Caught it from the empty lot five houses down from us. Might be a record for Tellico Lake!"

Art Guild Provides Children's Corner with Artwork

Doug Christman, a member of the Friends of the Tellico Village Library and the Tellico Village Art Guild approached the Art Guild with the idea of having them paint a mural in the Children's Corner of The Public Library at Tellico Village.

Kathy Simms, Teresa Mauch and Mary Lee Wilkinson met with Becky Haile, Library Manager, who showed them a picture from a book of what she envisioned the mural could look like. Thus the creative process began, with Teresa, Kathie and Mary Lee working approximately five days on the average of five hours per day on Saturdays and Sundays to complete this work of art.

Our sincere thanks goes to these Art Guild members who donated their time, talent, creativity and supplies to help make the Children's Corner a welcome environment for generations to come.

More News from the Library...

The Public Library at Tellico Village will no longer be delivering a paper copy of the newsletter to your mailbox. Instead we are going electronic and our May newsletter is now online. We are using a product called MailChimp to notify you of Library activities, when I sent the May newsletter, the **Subject:** of the email was **Newsletter**. If you did not receive it, but should have, please check your Junk folder. If it is not there, or you would like to start receiving the newsletters, please send us an email at tvlibraryquestions@hotmail.com detailing your name, phone number and email address and we will put you on distribution. Remember, you can always go directly to the Library website at <http://www.tvlibrary.org/> and view the latest happenings and newest newsletters. Please take a few minutes to read Mays newsletter – it is chock full of information and picture – enjoy!

The Public Library at Tellico Village is looking for children ages 4, 5, and 6 years old to participate in our Summer Reading Program called **Storybook Time**. This event will be held for 15 afternoons 1-2 p.m. June 24-28, July 8-12, and July 29-Aug. 2. We encourage you to bring your children or grandchildren, everyone is welcome! Call 865-458-5199 to sign up.

Submitted by Sam McQueeney