

## Tell-E-Gram Text Only Version, April 26, 2013

### POA Meetings and Events:

- Architectural Control Committee, 9 a.m. Thursday, May 2, **Canceled**
- Recreation Advisory Committee, 9 a.m. Thursday, May 2, Wellness Center
- Communications & Marketing Advisory Committee, 9 a.m. Friday, May 3, POA Office
- POA Board Workshop, 10 a.m. Tuesday, May 7, POA Office

## Recreation Department's May Activities

### Extended Hours at Chota

Beginning May 1, our hours of operation will extend at the Chota facility in conjunction with the opening of the outdoor pool. The hours will be:

- **CHOTA**
  - Monday-Thursday: 8 a.m.- 9 p.m.
  - Friday and Saturday: 8 a.m.- 7 p.m.
  - Sunday: noon-7 p.m.

- **KAHITE**

Pool and Fitness Hours are based on hours of the Kahite Pro Shop. For their hours of operation, please call 423-884-6108.

### Weight Equipment Orientations

Orientations on the proper use of the cardiovascular and weight equipment will be provided on:

- Wednesday, May 15 at 4 p.m.
- Tuesday, May 28 at 4 p.m.
- *Anyone wishing to make an appointment for an orientation at the Kahite Fitness Facility please contact the Wellness Center, 865-458-7070 and leave your name with the receptionist.*

It is recommended that you get approval from your doctor prior to beginning an exercise program. The orientations are free; however, **reservations are required**. Please contact the Wellness Center, 865-458-7070 to have your name added to the date you desire.

### Rec 101

Are you interested to learn the ins and outs of the Recreation Department? Would you like to learn who the correct contact person is for room reservations or the addition of new classes? If so, please attend the Rec 101 12:30 p.m. Thursday, May 30, in the Wellness Center. Reservations are not required.

### Tellico Village Swim Team News

Summer is on its way, Believe it or Not! And the Tellico Village Swim Team is gearing up for the 2013 swim season. Evening practice will begin at the Wellness Center 6-8:30 p.m. Tuesday, May 14. All evening practices will be 6-8:30 p.m. each Tuesday and Thursday through Aug. 1 at the Wellness Center.

Morning practice will be 8-10 a.m. Wednesday, May 29, at the Chota Rec Center. All morning practices will be held each Monday, Wednesday, and Friday 8-10 a.m. at the Chota Rec Center through August 2. The pool will be closed for open swim and classes during practice times.

The Wellness Center pool will be CLOSED for swim meets, beginning at 4:15 p.m., on June 6, June 20, and July 11. For more information about the swim team, you can email the team manager, Agnes Beauchamp, at [tvtarpons@charter.net](mailto:tvtarpons@charter.net).

### **Hearing Technologies Seminar**

Join Dr. Jill Cole with the Family Hearing Center 2 p.m. Tuesday, May 7, in the Chota Recreation Center. Join this discussion regarding the different types of hearing aid technologies. The seminar is free, but registration is required by calling the Rec Center, 865-458-6779.

### **Headaches and Migraines Seminar**

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she talks about how headaches are not normal and how to prevent and manage them naturally. The seminar will be held at the Kahite Activity Center noon Thursday, May 9. This seminar will be a great one, so don't miss out. The seminar is Free, but registration is required by calling the Chota Rec Center, 865-458-6779.

### **Free Hearing Screenings**

Join the Appalachian Audiology 9 a.m. Thursday, May 9, in the Chota Recreation Center. Find out if you need a thorough evaluation of your hearing, as the professionals from Appalachian will be here to conduct FREE hearing screenings. The screenings are free, but registration is required by calling the Rec Center, 865-458-6779.

### **Fibromyalgia Seminar**

Join Dr. Jessica Briere, from Complete Chiropractic & Wellness Center, when she helps you to gain a better understanding of fibromyalgia. She will also talk about new, natural ways to improve your wellbeing. The seminar will be held at the Chota Rec Center 10:30 a.m. Thursday, May 16. This seminar will be a great one, so don't miss out. The seminar is Free, but registration is required by calling the Chota Rec Center, 865-458-6779.

### **Solutions to Fibromyalgia Seminar**

Join Cristina Vieira, CNC, a wellness Consultant with Smiley Chiropractic and Wellness Center, when she discusses new solutions to fibromyalgia. She will discuss ways to treat fibromyalgia, the roles of exercise and stress, and how to help your body overcome this disorder without the use of toxic drugs. The seminar will be held 10 a.m. Friday, May 17, in the Chota Recreation Center. The seminar is FREE, but registration is required by calling the Rec Center, 865-458-6779.

## **Charitable Events and Fundraisers**

### **Friends of the Library Book Sale April 26-27**

The Friends of the Tellico Village Library are holding their 19th annual used book sale in the Community Church at Tellico Village:

- Open to the public 9 a.m.-7 p.m. Friday, April 26
- Open to the public 9 a.m.-2 p.m. Saturday, April 27

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If you would like to be on The Public Library at Tellico Village's email distribution, or have changed your email address, be sure to send Cindy Brittingham an email at [fotvlbd@gmail.com](mailto:fotvlbd@gmail.com), please include your name, address and phone number as well as your current email address. We are changing the FOTVL newsletter from paper to electronic. We also have a new link off the Library's home page for the new online Newsletter. We will no longer be distributing the paper newsletter in your mailbox, instead we will be using MailChimp to email you the newsletter, there will be a limited number of paper copies of the newsletter at The Public Library at Tellico Village. Be sure to check out the new newsletter format.

### **Ducks Unlimited Wine Tasting and Silent Auction April 27**

The Tellico Village Ducks Unlimited Chapter is hosting an evening of fun and excitement including a wine tasting, silent auction, and heavy hors d'oeuvres 6:30-9:30 p.m. Saturday, April 27, in the Yacht Club. A cash bar will be available. Tickets are available online at [www.Ducks.org](http://www.Ducks.org) and from members of Tellico Village Ducks Unlimited. For additional information, contact Dick Sawinski, 106 Tigitsi Lane, Loudon, TN 37774, 865-458-9520.

### **Kiwanis Sponsors "Cutest Little Baby Face" Contest April 27-28**

The Kiwanis Club of Tellico Village just announced that the Kiwanis Club will sponsor a fourth annual "Cutest Little Baby Face" contest. All proceeds go to the East Tennessee Children's Hospital.

The event is held at the West Town Mall:

- Registration and photographs (\$15 per child includes a 5" x 7" photo):
  - 10 a.m.-5 p.m. Saturday, April 27
  - Noon-5 p.m. Sunday, April 28
- Voting (costs one cent per vote) and the parade are noon-3 p.m. Saturday, May 11

For more information, go to [www.cutestbabyfaceknox.com](http://www.cutestbabyfaceknox.com).

### **Mark Twain Performance for Library May 2**

In the guise of Mark Twain, Dave Ehlert from Branson, MO, is performing appearing in the Fellowship Hall of St. Thomas, the Apostle, Catholic Church in Lenoir City, 7 p.m. Thursday, May 2. His Mark Twain impersonation has been endorsed by the Mark Twain Home & Museum in Hannibal, MO, the Mark Twain House in Hartford, CT, and Professor of Mark Twain Studies at St. Mary's College. Tickets are on sale for \$15 at The Public Library at Tellico Village or from Board members and proceeds from the sale (\$13 out of each ticket) will benefit the library. Enjoy a great program and support your library!

### **T-BART Bratfest May 6**

Tellico Boaters Assistance Response Team is holding its ninth annual Bratfest fundraiser 3:30-7 p.m. Monday, May 6, at the Tellico Village Yacht Club in the lower level and outdoor patio. All you can eat and drink for \$10 per person.

- Brats, Beans, Potato Salad and Beverages
- With entertainment provided by Gary Bluemel
- Tickets are available from your local T-BART members

For information, contact Dave Sickels, 865-408-0860.

### **Crafters Spring into Summer Craft and Bake Sale May 11**

The Crafters of the Tellico Village Community Church are holding their Spring into Summer Craft and Bake Sale 9 a.m.-noon Saturday, May 11, in the Christian Life Center of the church.

Many items will feature red, white, and blue. For more information, contact Kathy Powell, 865-9196.

### **Lions Golf-for-Sight Scramble May 11**

Tellico Village Lions Club's 13th annual Golf-for-Sight Scramble will be held on Saturday, May 11 (rain date: May 25), at the Kahite Golf Course. All teams will shotgun start at 9 a.m. The format is four-person teams (captain's choice) which may be men, women, or mixed. Prizes will be awarded for: Low Net (Men, Women, and Mixed Teams), Longest Drive (Men & Women), Accurate Drive (Men & Women), Closest to the Pin (Men & Women), plus Hole-in One. Proceeds benefit the Tellico Village Lions Clubs many sight-related service projects. Additional information and entry forms are available at the Tanasi, Toqua, and Kahite Golf courses, or contact Howard Higby, [865-458-9356](tel:865-458-9356). Entry deadline is May 1.

## **Volunteer Opportunities**

### **Volunteers Needed by the Education Committee**

Volunteers familiar with Elementary Education are needed to help plan and execute the Library's Summer Reading Program for children, the Storybook Time for ages 4-6 presented at the library this summer, reading in assisted living facilities, and various other planned programs coming soon to your local library. Contact Billie Whitney at [bwhitney6002@charter.net](mailto:bwhitney6002@charter.net) for more information.

## **Some Other Stuff You Need to Know...**

### **Directory Available for Review Through April 27**

The Summer 2013 Tellico Village Directory preview copy will be at The Public Library of Tellico Village through Saturday, April 27. You can review the copy to verify that additions, changes, and deletions have been correctly made. If there are errors or additional changes needed, you can fill out a Change Form there or email the information to [telligovillagedirectory@gmail.com](mailto:telligovillagedirectory@gmail.com). No changes can be accepted after April 27.

### **Blessing of the Fleet April 27**

The Tellico Cruising Club is sponsoring a Blessing of the Fleet open to all vessels on Tellico Lake. After the ceremony, join the revelry at the Tellico Village Pavilion on Tugaloo Lane for food, drinks, and friendship (the cost is \$6 and you are asked to bring a dish to share). For more information, contact Romano Sims, [simsro@charter.net](mailto:simsro@charter.net) or 865-408-9356; or Gary Gilbert, [ggilbert@gmail.com](mailto:ggilbert@gmail.com) or 865-408-0809.

The Blessing of the Fleet is a tradition that began centuries ago in Mediterranean fishing communities. The practice is predominantly Catholic and a blessing from the local priest was meant to ensure a safe and bountiful season. However, both the ancient Greeks and Romans held elaborate ceremonies when their ships were christened, not much different from our ship launches of today. Parties were held, toasts of wine to the honored deity, a blessing from the high priest, and water poured over the boat, were the basic events of the ceremony. Any deviation from these events was considered a bad omen, with the result being a tragedy at sea. Poseidon, who was considered the God of the sea, as well as earthquakes and horses, was a favorite of the Greeks to ask for protection. The Romans preferred Neptune, who was also considered a God of the sea. Some Native American, who painted symbols or animals on their canoes, also held launch ceremonies consisting of feasts, prayer and blessings.

### **TLTA Men's and Women's Doubles Tournament April 28**

Tellico Lake Tennis Association men's and women's doubles tennis tournament will be held 1 p.m. Sunday, April 28, at the Wellness Center courts and Chota Rec Center courts. Cost: \$5 per person, TLTA membership required. You can join TLTA for \$15 at the tournament. Sign-up on the TLTA website, [www.tlta.usta.com](http://www.tlta.usta.com), or at Chota Rec Center by April 23. There will be cash prizes, snacks provided, free drawings for gifts. For more information, contact Tournament Director Jim Jorgensen, 865-458-3424.

*Submitted by Greg Carter*

### **Art Guild Spring Show May 3-5**

The 15th annual Art Guild of Tellico Village Spring Show be held at the Community Church of Tellico Village, in the Christian Life Center. On Friday, May 3, there will be an opening reception from 7 to 9 p.m., with refreshments and live music. Artists will be on hand to discuss their work. On Saturday, May 4, hours will be 10 a.m.-4 p.m.; and on Sunday, May 5, hours will be from 8 a.m. to 2 p.m.. At 1:30 on Sunday, the People's Choice Awards will be presented. Many new types of art media will be shown, don't miss this exceptional annual event.

*Submitted by Mary Lee Wilkinson*

### **T-BART Lake Orientation May 4**

Tellico Boaters Assistance Response Team presents a Tellico Lake Orientation, 9:30 a.m.-noon Saturday, May 4, in Chota Recreation Center, Meeting Room D. The orientation is FREE and is open to all who want to learn more about our beautiful lake and the recreational opportunities it provides.

Members of T-BART will discuss:

- Lake Characteristics and Features
- Lake Activities – Boating Safety Tips - Organizations Facilities Available – Boater Courtesy and more
- Bring your Tellico Lake Map if you have one.

Maps will also be on sale at the event.

For information contact: Presenter Dan Diggs, 865-458-2708; or President Homer Yook, 865-408-2591.

*Submitted by Gene Norman*

### **Fire Department Open House May 4**

The Villagers Supporting Fire/Rescue Fund Raising Committee invite you to come thank the members of the Tellico Village Volunteer Fire Department at the Fire Station Open House 11 a.m.-2 p.m. Saturday, May 4. A free “thank you” lunch will be provided.

The committee members are Rich Planzo, Bill Seymour, Bill Koepp, Bill Schmid, Bob Thelen, and Rich Herbst.

### **PSU Alumni Club**

This is a call to see if there is interest in starting a Penn State University Alumni Club in Tellico Village. Does one exist? Is there enough interest in starting one?

Anyone with information on or interest in a PSU Alumni Club, please call Steve Trudnak at (239) 633-0193.

## **Golf Demo Days May 1-2**

Golf Demo Days features five major manufacturers, PGA instruction tips, plus free club fitting, and special Demo Day pricing will be held:

- 11 a.m.-3 p.m. Wednesday, May 1, at Toqua—featuring Ping
- 2-5 p.m. Thursday, May 2, at Toqua—TaylorMade, Callaway, Nike, and Titleist

## **Dam Bridge Update: Lane Closure**

*Editor's Note: Your POA staff encourages you to use extreme caution because the new traffic patterns are tricky to maneuver and there is heavy congestion.*

*Consider using the south entrance of the Village to avoid any mishaps and delays.*

The contractor continues to work in all areas. There is still congested traffic during certain times of the day.

In early June, Elm Hill Road will need to be closed to through-traffic for approximately 6 to 8 weeks in order complete fills at the intersection of SR73.