

# TELL-E-GRAM

**FEBRUARY 6, 2018** 



#### **BOARD WORKSHOP HIGHLIGHTS**

**Marketing Report** – Beth Kuberka gave a thorough year-end summary of marketing activities. In 2017, there were 5,712 new leads and 6,315 people visited the Welcome Center. There was a total of 562 visits (243 Discovery Packages and 319 Day Tours). 203 MLS sales can be tied back to the marketing program and the program generated 59.8 MM in sales during 2017. Residential property values are up 6% compared to 2016. Beth also reported the 2018 strategic focus, bottom line objectives, and conclusions.

Long Range Strategic Plan – Bart Margoshes and Wayne Enderle gave an overview of the Long Range Strategic plan, as well as their deliverables and vision/mission. There have been two updates to the Long Range Strategic Plan since 2001 (2001 and 2010). Also discussed was the phases of the 2018 Long Range Strategic Plan and Phase 1 accomplishments. The accomplishments include: Reviewed 2001 and 2010 Master Plans, developed and presented the population forecast 2018-2022, conducted over 30 structured interviews with Board members, department/amenity leaders, POA employees, realtors, builders, HOA/NV leadership, studied recent Tellico Village surveys/benchmarking studies and reviewed 45 adult community's websites. Several themes were identified and the LRSP Roadmap was presented.

## POA MEETINGS AND EVENTS (RED DENOTES IRREGULARITY OF TIME, DAY, AND/OR LOCATION):

February 7, 9 a.m., Public Services, POA Conference Room February 8, 9 a.m., Recreation Advisory Committee, Wellness Center February 15, 9 a.m., ACC, POA Conference Room February 16, 9 a.m., Finance Advisory Committee, POA Conference Room February 19, 1 p.m., Dock Captains, POA Conference Room

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**Alcohol Beverage Analysis -** Tom Lee and Andy Fox compared the cost of liquor and beer within the Village to several restaurants outside of the Village. After discussing the comparison, they made recommendations based off of their findings. The recommendations also included the impact if sales and costs remained equivalent to 2017. Based off their findings, there is no need at this time to change pricing but there is an opportunity in the future as pricing is well beyond "value".

**Note:** Effective immediately, Sue Tinder has resigned her position on the Board for personal reasons. The Board is currently considering their options to fill the position according to the By-Laws.

If you would like to see the view presentation from the Board Workshop, please visit the POA website (www.tellicovillagepoa.org) and click the "Board of Directors" section.

#### WHAT STRESSES YOUR MIND, STRESSES YOUR HEART

#### By Jessica Antrim, Assistant Recreation Manager

With American Heart Month upon us, it's important to remember that a poor diet and inadequate exercise are not the only factors that can contribute to poor heart health. There are the risk factors that we are all familiar with like smoking or having a family history, but there are others that have a common thread and it might surprise you.

Stress can be a huge player in an immeasurable number of health conditions but did you realize it is at the root of so many of the risk factors for heart disease? Adrenaline increases your heart rate, elevates your blood pressure and boosts your energy supplies. Cortisol, our primary stress hormone, increases sugar in the bloodstream, enhances your brain's use of glucose and increases the availability of substances that repair tissues. When we are in a stressful situation, our bodies already know exactly what to do to outfit us in the best possible way to conquer that situation. But what happens when we are constantly stressed? What happens when our bodies react to stress even when action is not necessary? It means dangerous things for our heart and vessels when they are overworked all the time.

Studies have found links to several specific activities and the development of heart disease. Did you know that sitting in traffic regularly is bad for your ticker? The stress of prolonged traffic overtime can actually increase your chances of developing heart disease. Time to turn on some of your favorite soothing music.

Our interpersonal relationships can play a big role in our heart health too. Being in an unhappy relationship can increase stress to your heart but on the flip side so can being lonely all the time. Studies suggest that having no positive human contact can stimulate stress hormone production in our bodies leading to overstimulation of our hearts. Being broken hearted is a real and powerful thing.

Taking care of your body is not just eating right and exercise. As a matter of fact, sitting is considered the new smoking. Even if you exercise for an hour every single day, sitting too long for the remainder of the time can be detrimental to your heart. Prolonged periods of inactivity can lead to the production of those nasty stress hormones in your body so get up and move around as much as you can. Research has even shown that some of the bacteria associated with gum disease is linked to an increased threat for heart disease. When it comes to your ears, folks who suffer from high frequency hearing loss are at a 2 times greater risk to develop heart disease. This might be partially due to stimulation of those nasty stress hormones.

Sleep conditions can stimulate those stress hormones as well. Whether you are one suffering from insomnia or sleep apnea or not, conditions like these can adversely affect the natural sleep cycles of everyone in the house. It's recommended that adults get 7-9 hours of quality sleep a night and prolonged interruption of this can affect a lot more than just your mood the next day. A good diet and regular exercise might not be enough for some folks with preset risk factors like thyroid disease or a family history of heart disease. One of the most important things that we can all do is our homework. Knowing what risk factors you have due to your own and your family medical history is key. Knowing what your numbers are is another important tool. Without knowing what your heart rate normally is, how can you know when something is different?

Don't forget the word moderation. This is huge for heart health. Dark Chocolate in moderation is good for you because it contains antioxidants that are believed to help lower blood pressure and improve circulation. Drinking

coffee can also improve circulation. Even drinking alcohol, in moderation, has been linked to a healthier heart. Some research shows that the incidence of heart disease in moderate drinkers is lower than that of non-drinkers. Perhaps that has something to do with stress reduction.

With stress being the common denominator between so many life threatening conditions and also being the common denominator between so many heart disease risk factors, it should be no surprise that exercise is linked to wellbeing. Aside from keeping that mid-section smaller, exercise is a great stress reducer. Not all exercise is made the same. Exercises, like yoga, can be particular beneficial for stress because it slows us down, helps us focus and the stretching of certain muscles can relief built up tension.

In the Recreation Department, there are a dozen different yoga classes available on a weekly basis, including a new Intro to Yoga Clinic beginning on February 2nd. This class will be a six session clinic to help kick start your journey to improved flexibility and balance while increasing your Zen. This class will take place on Mondays and Fridays at 4 p.m. at the Wellness Center and while you are here, you can grab one of our class schedules to see

#### **VILLAGE HOME VALUES HIGHEST IN TEN YEARS**

By Joe Bogardus, TVPOA Marketing Team

Two couples from Wisconsin cannot wait to get to Tellico Village. John and Alex Schreiner from Shawano, WI bought a home last summer on Daleyuhski Trace and around the same time, Ric and Mary Collom from Delafield, WI purchased a lot on Seminole Shores. Their home will be completed in the spring.

Their purchases were two of 405 sales recorded in the Tellico Village Master Listing Service (MLS) during 2017. The Schreiner's represent the majority of sales as there were 318 existing homes sold, the greatest number ever sold in Tellico Village, which was an increase of 10 percent over 2016. Significantly for Villagers, 2017 price per square foot increased by six percent to \$140.26, the highest level since 2008.

According to the MLS, the Collom's bought one of 97 lots in 2017 and overall lot sales were up 17 percent, averaging a little more than \$47,000 per sale.

The Schreiner's and Collom's decisions to buy in Tellico Village were influenced by different elements of the community's marketing communication program. Both couples visited the Village on Discovery Program Packages. They were four of 1,124 toured visitors. All total, 50 percent of 2017 MLS sales can be traced to the marketing program. The survey completed by the TVPOA Marketing team last spring revealed 82 percent of Village's MLS sales are impacted by the marketing effort.

"Retirement will be a new phase for Alex and me. Tellico Village has so much to offer, we're ready to sample it all," said John Schreiner who will retire in August.

Mary Collom commented, "Ric and I are so excited about coming to the Village. We have visited the area a few times since we purchased our lot and marvel at how helpful and friendly everyone has been."

The 2017 marketing communication program was presented by Beth Kuberka, Tellico Village Property Owners Association (TVPOA) marketing/communications director at the Tuesday, TVPOA Board Workshop. In her closing comments, Kuberka stated, "Time on market for Tellico Village homes has decreased to three months from a high of more than seven-eight months just a few years ago. For our older residents to know they can sell their homes at an attractive price on a timely basis is critically important in an aging community, where for many, their homes represent their most important asset."

#### POA 101 IS TOMORROW!

Did you just move to the Village and want to learn more about our committees, clubs, and history of Tellico Village? Come to POA 101! The next session is Wednesday, February 7th at 2 p.m. on the top floor of the Yacht Club. Attendees receive a binder full of information, contact names, resources and governing documents, along with a goody bag. The presentation lasts about an hour. RSVP to Jessica Miles at JMiles@TVPOA.org or 865-458-5408, ext. 4115. **The deadline to RSVP is today, February 6th.** We hope to see you there!

#### LAST CHANCE: TELLICO VILLAGE COMMERCIAL ENTERPRISES SURVEY

Recent research has indicated that Tellico Village residents have a very strong desire to attract new retail and service businesses to Tellico Village. To help determine the specific kinds of new commercial enterprises most in demand as well as the utilization of businesses currently located in or near the Village, Tell-E-Gram subscribers are requested to click on <a href="https://www.questionpro.com/t/ACi4EZbPdw">https://www.questionpro.com/t/ACi4EZbPdw</a> and take about five minutes to complete the Tellico Village Commercial Enterprises Survey. **This survey closes tomorrow, February 7th.** It is anticipated that results of this survey will direct a major, organized effort to bring the most desired retailers and services to Tellico Village. Your participation is greatly appreciated.

#### IT'S THAT TIME OF YEAR AGAIN...

Below is information on how and where you can vote for Tellico Village as the best place to live. As part of the process, you will be asked to enter your email address to verify property ownership status. You need not to worry about privacy issues. According to Margie Casey at www.RealEstateScorecard.com, "These email addresses are not being added to our marketing database and will not be shared with any third party."

#### **VOTING RULES:**

- Submissions will only be accepted from property owners of record.
- Property owners are to submit their vote online at www.RealEstateScorecard.com
- To quickly vote, click the orange medallion 'Vote Now' on the left side of the upper image. The voting medallion will not show up on mobile devices and tablets it may also not show up if you have blockers enabled on your PC so please adjust your settings, if needed.
- Only one vote per property address will count.
- Property owners can choose to vote anonymously.
- Submission deadline is February 12, 2018.

The comment section is the most important part of the Bliss Award ballot. So let's get out there and vote! Voting takes less than a minute. It's a great way to make a positive contribution to the marketing/communications program for Tellico Village. All you need to do is just "Tell'em it's better at Tellico Village."

## **UPCOMING EVENTS AND MEETINGS**

#### **ASTRONOMY CLUB MEETING**

The Tellico Village Astronomy Club will meet Wednesday, February 7 at 7p.m. Room D at the Chota Rec Center. We will discuss activities for the year including programs, star parties, and interaction with area astronomy clubs. For more information, email Roy Morrow at rmorrowb44@gmail.com

#### TELLICO RIDERS MEETING

Thursday February 8, 2018, the Tellico Riders will conduct their monthly meeting at the Tellico Village Yacht Club. The club social starts at 5pm in the Yacht Club Bar. Followed by a meeting on the 3rd floor at 6pm. If you own a motorcycle, ride in East Tennessee, or would like to meet those that do, come join us. At 7pm after the meeting, it's optional to join many of the Tellico Riders for dinner in the Yacht Club Dining Room. If you desire to have dinner, we recommend you place your dinner meal order during the Club Social Hour... tell them you are with the Tellico Riders. For additional information, please contact Dave Johnson, Director Tellico Riders at ae0e@hotmail.com.

#### TELLICO VILLAGE LADIES BOOK CLUB

Join the Tellico Village Ladies Book Club on Thursday, February 8th to discuss "Small Great Things" by Jodi Picoult. We will meet at the Tanasi Club house for an 11:30 a.m. lunch. Discussion will follow at 12:15 p.m.

#### TELLICO VILLAGE HIKING CLUB

Join the Tellico Village Hiking Club on Friday, February 9th. We will depart at 8 a.m. from the Chota Center. The hike to Courthouse Rock is off Newfound Gap Road. It is an off trail or manway left from settlers, like Joe Quilliams, and will show us: some good lookouts, their homesites, Quilliams cave still, Quilliams Falls, where they bathed and obtained drinking and cooking water, Judge Rock, and 60' Courthouse Rock. After we hike, we can go in Sugarlands Visitor Center to see the free museum and 20 minute movie about the park in their theater, if people are interested. This hike is rated as moderate and driving time is 1.5 hours. Leader is Bev Hawkins (phone: 865-406-0297 or email: bevhawkins@aol.com)

#### TELLICO VILLAGE QUILT GUILD MEETING

The February Village Quilt Guild meeting is Friday, February 9, 2018. The social time begins at 9:15 and the meeting starts promptly at 9:30am. Please joins us as we review the entries on display for the 2018 AQS (American Quilt Society) ultimate guild challenge - quilting with hexagons. The meeting location is the Christ Our Savior Lutheran Church, 260 Wade Rd W., Loudon, TN 37774. Take Tellico Parkway/444 to the Food Lion end, turn right onto hwy 72, and it is the first white church on your left.

#### MUDDY BOOTS HIKE

Join us on February 12th as we hike the Observation Point Loop at Norris Dam. This is a great hike on land originally acquired by TVA as part of Norris Dam on trails developed by the Civilian Conservation Corps in the 1930s. After the hike, we will go to Harrison's Grill and Bar in nearby Clinton for lunch. This is a 3.7 mile hike and is rated as moderate (with some uphill sections). We will meet at Chota Center (across from Marathon gas station & in parking lot of Lakeside Realty) at 8:45 a.m. for a 9 a.m. departure. Hike leaders are Lori Hall (860-334-0595) and Christie Bruns. Bring water and a trail snack. Hiking sticks are recommended. Also, experienced hikers bring an extra pair of shoes and place their hiking boots, if dirty, in a trash bag to try to keep the driver's car floor clean. In the event of a situation requiring medical intervention during a hike, we suggest that each participant wear their Name Tag and bring a Photo ID (generally driver's license) and Medical Information cards (Health Insurance Card or Medicare + supplemental Health Insurance Cards).

#### **HOA SOCIAL**

The HOA Social is Tuesday, February 13th at 5 p.m. at the Yacht Club. Sign up for community events. Stay for dinner with the group at the Yacht Club if you choose. For more information visit: www.hoatellicovillage.com

#### TELLICO VILLAGE FISHING CLUB MEETING

The Tellico Village Fishing Club monthly meeting will be on Wednesday, February 14, 2018 from 7:00 P.M. to 8:30 P.M. at the Yacht Club (top floor). Club meetings feature fishing related guest speakers and discussions about various Club fishing activities and events. Visitors are welcome. For additional information, contact Club President Pete Young at 865-458-1527.

#### **TELLICO CRUISING CLUB**

The Tellico Cruising Club will hold its monthly meeting on Wednesday, February 14 at the Tellico Village Yacht Club. The social hour begins at 5 pm with the meeting sarting promptly at 6 pm. All Tellico Lake boaters are welcome. Newcomers are welcome! Any questions may be directed to Commander Casey Kelly at 865-458-1928.

#### THYME FOR HERBS MEETING

Thyme for Herbs upcoming February meeting will feature Laura Loudon from Sloans who will discuss the various plants native to East Tennessee that work well in your yard and garden. Everyone welcome! The meeting will take place Thursday February 15th at 9:00 am at the Chota Recreation Center-room C.

#### **POLISH HERITAGE CLUB**

The Polish Heritage Club Social will be on Saturday, February 17 at Rosy's Cafe at 11:00 a.m. for more information, contact debbie iams at debiams@gmail.com

#### **GFWC TELLICO VILLAGE MEETING**

GFWC Tellico Village will be meeting on February 26, at 2:30 at Rosy's Café at 221 Lakeside Plaza. We begin with social time at 2:30 p.m., business meeting from 3-5 p.m. and dinner at 5 p.m. If you are interested in what the GFWC Tellico Village club is doing, please come to our meeting on February 26.

From February 14-26 we are conducting our second annual food drive for Good Samaritan. Beginning February 14, donations will be accepted in food bins at Chota Rec Center, Wellness Center, Lakeside Real Estate and Tellico Village Welcome Center. Good Samaritan has furnished us with a list of items they need: bath soap, beef stew, boxed potatoes, canned pasta, canned chili, cooking oil, corn meal, dried beans, feminine pads or tampons, 2 lb bag of flour, instant pudding, jelly, oatmeal, peanut butter and saltines.

Last February, we were able to donate 2,000 lbs of food provided by many Villagers and members. March will be busy with our annual membership drive. There are lots of interesting community projects we do, so please drop by or call Nancy Benn, 458-5253, Barbara Ellerbrock, 657-3596 or go to our website www.tellicowomensclub.org. We are a non-profit volunteer organization and our members contribute significantly to their communities through the club's various volunteer efforts. Hope to see you at Rosy's on February 26.

#### TELLICO VILLAGE LIONS — CHILI/SOUP DINNER FAST APPROACHING

The TV Lions are well into the planning phase of what provides everyone a great opportunity to get out of the house on these cold winter nights and eat a great meal and socialize with friends and neighbors – the annual Chili/Soup Dinner. This is the club's first fundraising event of the year. The event will be held on Tuesday, February 27th and will be from 4 – 7 p.m. It will be held in the Christian Life Center of the TV Community Church. Ticket prices are \$11/person in advance or \$13/person at the door. They can be purchased from any Lion or at Sloan's, The Community Bank or The Village Salon. If you don't know any Lions, call Marcia Higby (458-9356), Larry Stickler (458-6582), or Perry Sylvester (713-880-0341).

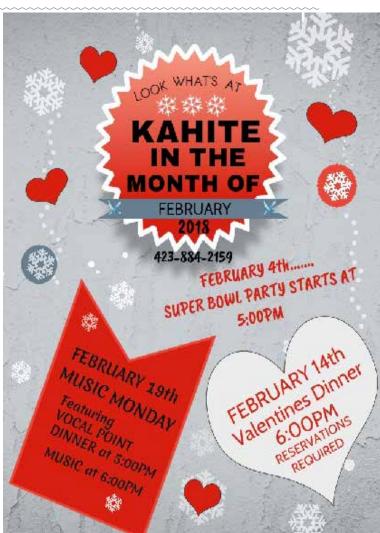
This is a popular event and tickets are limited so get yours early. The proceeds from this and other Lions fundraising events are used to support the club's service activities in Loudon County and East Tennessee. One example of the use of these funds is the free eyeglass program for impoverished county citizens. A Health Fair is conducted at the Good Samaritan Center in Lenoir City once every month. Individuals who attend are screened for high blood pressure, glucose and are given an eye examination. Those who are determined to need glasses can receive them free of charge if they qualify under federal poverty guideline. Over the course of the last 12 months, this program provided 115 pair of free glasses at a cost to the club of just under \$14,500. You can support this and other Lions program by buying your ticket and joining your friends and neighbors for a great meal. Come one, come all.

#### TELLICO VILLAGE UNIVERSITY - HOW TO REGISTER

The 2018 Spring Curriculum offered by Tellico Village University is now published at our website at www.tvuniversity.org. The Classes in TV tab lists each class, and provides a detailed description of the class with the date, time, location, fee, and particular requirements for the class (such as bringing your mobile device or a brief description of a dream). We include a bit of information about the instructor so you can be assured that each class is taught by someone who is qualified. Registration for a class is easy. After you have read the detailed information for a class, go to the CONTACT US page and enter your name, phone number, e-mail and the title of the class. A confirmation will be sent. Use the CONTACT US page to cancel if you must so we can make your reserved seat available to someone else. There is a registration limit for some classes; a wait list will be kept when someone cancels. Some of our classes require prepayment of the fee at the Welcome Center so we can manage class size and provide materials or lunch for others. For classes taught by SocialMedia4Seniors at Tellico Village University, your registration goes directly to their SM4S website.











## TELLICO PLAYERS READERS THEATER KICK-OFF SET FOR FEBRUARY 9TH The Tellico community Players will hold sign-ups and auditions for their 2018 Readers Theater tour of elementary

The Tellico community Players will hold sign-ups and auditions for their 2018 Readers Theater tour of elementary schools in Loudon and Monroe Counties beginning at 10 a.m., Friday, February 9. Prospective performers will meet at the Tellico Community Playhouse, 304 Lakeside Plaza, Loudon.

"Our 2018 School Tour, entitled 'Once Upon a Mountain,' will feature the dramatic literature and music of the artists of the Appalachian Mountains," says Debbie Mayberry, Readers Theater director.

"As in years past, our theme-oriented programs are composed of both prose and poetry that our adult readers interpret in our own special way for our student audience. Since 2010, the group, dubbed the "Prime Time Players" has taken our Readers' Theatre productions to schools throughout the surrounding counties. Last year, we entertained some 4,500 enthusiastic youngsters with our program 'Waldo the World Traveler," Mayberry said.

"Everyone is welcome to join our production; no experience is necessary. In readers' theatre, we practice the art of oral interpretation which uses voice, facial expressions, and gestures to convey the meaning of the literature being read aloud. Readers' theatre takes much of the anxiety out of stage performance, since there are no lines to memorize and very little movement to execute." Performers will be asked to commit to a rehearsal and performance schedule. Rehearsals will be held at the Lakeside Plaza Playhouse from 10:00 AM until 12:00 PM on Monday, Tuesday, and Thursday beginning February 12. Productions will be scheduled for March 5-9 during school hours. Interested performers with questions may contact Mayberry (865) 458-7929 / sdmayberry@ charter.net ) or Joan Taylor (423) 884-6066/ tjtaylor1523@tds.net

#### TICKETS ON SALE FOR TELLICO COMMUNITY PLAYERS COMEDY PLAY ON!

Reserved seats at \$21 for the comedy *Play On!* are on sale on the Tellico Community Players website: <a href="https://www.tellicocommunityplayhouse.org">www.tellicocommunityplayhouse.org</a> - click on the "tickets" section to purchase.

Dates for this first Players performance of 2018 are Thursday - Saturday, February 22-24 and Thursday - Sunday March 1- 4. All shows begin at 7:30 p.m., except for the matinee Sunday, March 4, which begins at 1:30 p.m. *Play On!* is sponsored by the Sweetwater investment services firm, Fairweather Financial. In this hilarious story, directed by Sue Aukerman, a community theatre is about to produce a show called Murder Most Foul: a new "murder mystery play" with the same title as an Agatha Christie novel but with no relation whatsoever. The director, Gerry, thought producing the play was a good idea since the inexperienced playwright has agreed to let their company perform the show for no charge. Gerry, however, had no idea what disasters awaited her: the show is hilariously amateur, the "murder mystery" plot doesn't really have a murder, and to top it off the playwright keeps changing the story and script only two days from its' premiere! It doesn't help that the cast is disgruntled, and the playwright accidentally deletes the entire sound effect board. All of the disasters come to fruition in Act III when the company performs the actual show with hilarious mishaps at every turn. *Play On!* is a laugh-a-minute love letter to community theatre.

The cast of *Play On!* includes: Jean Mallett (Aggie Manville), Ku Adams (Gerry Dunbar), Doug Banister (Henry Bendish), Marlyce-Jean Dezzutti (Polly Bendish), Doris Ryan (Smitty Smith), Joel Bonnan (Saul Watson), James Dotson (Billy Crewe), Sauni Rinehart (Violet Imbry), Sue Mertens (Louise Peary), and Joan Dorsey (Phyllis Montague). The play was written by Rick Abbot, one of several pen names for the late prolific playwright Jack Sharkey. The show's producer is Phil Geyer.

#### SAVE THE DATE FOR THE TELLICO VILLAGE SINGERS CONCERT

Save the date for the Tellico Village Singers concert "Yesterday Once More" - Music we all grew up with. It will take place at the Tellico Village Community Church on Monday, March 19th. The concert will begin at 7 p.m. If you're interested in additional information, contact Jan Sampson at (630) 207-1040.

#### TENNIS MIXED DOUBLES SPRING LEAGUE STARTS MARCH 13

The Tellico Lake Tennis Association (TLTA) is forming up teams for mixed doubles league play. All matches are played at the Chota courts on Tuesdays and/or Thursdays from March 13 through May 3 at 6:30 pm. No partners needed for sign-up! Participants will be placed on teams, and matches will be coordinated each week by team captains. Come join us! Requirements for play include a TLTA membership (annual membership is \$15 for individual, \$20 for family) and a \$5 league fee. Cash or check payments can be made at the Chota Recreation Center. Make checks payable to TLTA. For any questions, please contact Jack Wright at wrightimi@gmail.com



### SOFTBALL PLAYERS WANTED

#### TELLICO MEN'S SENIOR SOFTBALL LEAGUE

#### New Player Meeting

#### Tuesday, Feb. 27th. at the Chota Rec. Center – 1:00 PM

- Open to all men 55 and over (by December 31<sup>st</sup>, 2018) residing in Loudon County and surrounding communities.
- . Slow pitch, 7 inning, 8 game season in the spring and 8 games in the fall.
- . Cost to play \$50 (includes both seasons). Pays for field rental, bats, balls, etc.
- . Games played at Loudon Municipal Park off Hwy 72 (about 1 mile east of I-75).
- . Games played on Tuesdays 1:00 PM beginning March 20th.

#### ALL NEW PLAYERS MUST ATTEND AT LEAST ONE PRACTICE SESSION

Practices will be held Mar. 1, 6, 8 & 13 beginning at 12:00 noon at the Loudon Municipal Park.

For additional information, contact League Commissioner John Hunter at 865-300-6058 or upnrunn@yahoo.com.

#### SHRED DAY IS BACK

Do you have important documents that you need shredded but no access to a shred machine? You're in luck because shred day is BACK! On Wednesday, March 7th, there will be a shred machine at the Welcome Center. The shredder will be available to everyone in the Village and will shred documents from 8 a.m. until 3:30 p.m. All you have to do is drop your documents off. The Mayor of Loudon County, Buddy Bradshaw, will also be on site should anyone have questions, issues, or comments they wish to discuss.

#### LIBRARY CORNER

**Library Telescope Lending** - The Public Library at Tellico Village received a grant to purchase two Orien Starblast 4.5" telescopes. These may be borrowed by library card holders (with ID) at no charge. One telescope may be checked out for one week, with a renewal, if there are no holds. The telescope is lightweight, portable, and easy to use. It comes with instructions, star guides, and a headlamp. The library also has astronomy-related DVD's and books that you may check out. If you have technical questions, the names and contact information for people who can help are also included.

Our library offers a program whereby you may remember, recognize, thank, celebrate, honor or memorialize someone or something special in your life. These gifts can be for people, pets, your favorite club or organization or your neighborhood. It would be in the form of an engraved brick for the Courtyard or an engraved leaf (silver, bronze or gold) for the Giving Tree. They can say whatever is needed for the occasion. Information is available at The Public Library at Tellico Village about our bricks and leaves program. Call the Library at 865-458-5199 or inquire at the

#### THE CASE FOR CHRIST EVENT

For those that have many questions, and a few doubts, about the Christian Faith. What should you do with them? Get these questions, and more, answered in The Case For Christ movie and Bible study and sermon series at Christ Our Savior Lutheran Church. Join us for movie, popcorn, discussion and light supper on Sunday, February 11th at 3 p.m. in our Fellowship Hall. For more information, visit www.coslctn.org

If you have ever pondered the existence of God, or had doubts about Christianity, The Case For Christ film and sermon series study is for you. You will have the opportunity to dig deeper into the evidence Strobel uncovered and apply it to your own life and faith in God. This series is an opportunity for you to find answers that may be blocking you from a spiritual journey toward Christ – or a deeper relationship with Christ.

Starting February 18th, Christ Our Savior begins a four-week Sermon Series based on the major motion picture, The Case for Christ. Join us, and bring a friend! This is a life-changing journey you won't want to miss. There will also be a Bible study in our Fellowship Hall at 10 a.m.

Christ Our Savior Lutheran Church is located at 260 Wade Road, W., Loudon TN 37774 and can be reached by phone at 865-458-9407.

#### PET OF THE WEEK: MEET HELENA!

Meet Helena, a Domestic Longhair mix. She is a medium sized two-year old female. Her gray/orange long fur gives her a very distinctive look and she's an ideal companion to cuddle on chilly winter evenings. Helena is a medium sized cat with a fun and outgoing personality.

If you are interested in adopting Helena, please contact the Monroe County Animal Shelter. Shelter Hours are: T-F 11am-4:30pm and Sat. 11am-2pm. You can also call 423-442-1015 for more info. If Helena isn't the one for you, there are many others feline of all ages, sizes and colors at the shelter waiting for someone to take them to their forever homes.

Like all cats adopted from Monroe Animal County Shelter, Helena's adoption fee includes neutering/spaying, age appropriate vaccinations, insertion of a chip and registration. The Monroe County Animal Shelter located on 170 Kefauver Lane, Madisonville (Behind the Walmart).

Stop unwanted kittens and puppies from being turned into Monroe County Animal Shelter. SNAP (Spay Neuter Assistance for Pets) offers free vouchers to qualifying families for a spay or neuter procedure at participating local veterinarians. Vouchers are available to qualified Monroe County residents. If you are in another county, you can visit this webpage to find options close to you http://www.spaytennessee.org PPAW in Greenback also offers low cost neutering at their clinic for anyone who does not meet the income or residency qualifications. Take advantage of these no or low-cost opportunities available to EVERYONE.

Monroe County Friends of Animals has been working with Monroe County to help fund food, medicine, medical treatment, and transport at the animal shelter since 2004. Our mission is the humane treatment of animals in Monroe County. We also operate a thrift store to raise revenue, and support programs such as the spay/neuter assistance program SNAP. Visit our website www.monroecountyfriendsofanimals.com for more information and current pictures of cats and dogs ready for adoption.





#### TRAVEL PRESENTATION

Shake off those winter blues and start planning your dream vacation. Join us for a travel presentation sponsored by Mayflower Tours. Grab your friends and neighbors and see what all the buzz is about. For more information and to RSVP, contact Lisa McCray at Lmccray@tvpoa.org or 865-458-5408 ext 4131. Hope to see you there.

